



## THE ADVENTURES OF INSPECTOR BRET!









Mom! It's the grease man from Jabberblabber Magazine!





Hi, I got a report that someone at this address is pouring grease down the sink drain. Is that true?

0



Pouring fats, oils and grease down the sink drain can cause flooding in your home which is expensive to fix . . . and can even cause flooding in your neighborhood.



So what am I supposed to do with it?



Practice and remember these easy steps to keep your drains clear and to avoid costly plumbing repairs . . .



Scrape your plate in the trash (not the disposal) before you wash it!



Scrape your pan in the trash (not the disposal) and wipe with a paper towel before you wash it!



OK, so what about hot grease?



Pour hot grease in a metal can and let it cool before you toss it.



So what CAN I put in my disposal?

Nothing but clear liquids. NO grease, egg shells coffee grounds, expandable foods. dressings, paint, flour or produce stickers.

WOW! I didn't know! Thanks for the info

Now that you know, you can do the right thing so that I won't have to come back.

Thanks for doing your part!



To be continued . . .



#### GOODBYE. SUMMER VACAY! HELLO. NEW SCHOOL YEAR!

Although I really love summer vacation, I'm usually ready to get back to school by this time in August. I really miss my friends and the daily routine of getting up with mom, getting dressed and going to school. I feel a sense of accomplishment when the school day is done, and I'll bet that's how adults feel when they get off from work.

Work ethic is something my mom talks about A LOT. She says when she was a kid, she got her first job babysitting at age 12 and throwing papers at age 14. She says it made her feel independent...plus she was glad to be able to buy things for herself like records and accessories for her bike. Times are a little different now, but I've been thinking about ways I can make money to cover the cost of new video games and skateboarding accessories. I can help my neighbors with their yard work or household chores, pet sit, wash cars and collect cardboard and cans for recycling. These are all things I can do after school and on weekends, without interfering with my homework.

Our parents are our first teachers and have a lot of bills to pay to keep roofs over our heads, utilities on for comfort and food in our bellies. As soon as we start talking and walking, we can help them by doing basic housework like keeping our clothes and toys put away, our rooms in order, dishes washed and garbage emptied. Helping out at home is an education in living, so remember not to complain; the more you do it the better and faster you get at it. And it's the kindest way to show your gratitude for all they do for you.

Enjoy your first days back to school and remember to BE GREEN LIKE ME, at home and at school, EVERY DAY! Learn 10 easy ways on pg 5. This Jabberblabber EZINE is FREE thanks to the sponsors you see throughout, so remember them when your family is in need of their services.

Peace and Love, Jabberblabber

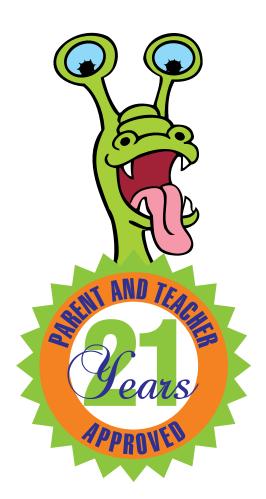


Jabberblabber has misplaced his new, green backpack. He needs it for school! It's somewhere in this magazine.
See if you can help him find it.

## Helping Children Live Healthy & Happy!

Jabberblabber is published monthly by Jabberblabber, Inc. 415 South Front, # 114 • Memphis, TN 38103 • 901.278.5002 www.jabberblabber.com • jabberblabberlovesu@gmail.com Facebook: Jabberblabber Family Magazine instagram: @jabberblabberfamilymagazine

Editor: Theresa Andreuccetti Art Director: Nikki Schroeder
Contributing Writer: Gerard J. Billmeier, Jr., M.D.
Sponsorship Sales: Theresa Andreuccetti and Samantha Dunn
Jabberblabber Contributing Artists:
Karen Masel, Bev Hart and Beverly Holmgren



# debermail

"Be My Pen Pal" (see page 5), is a popular and regular feature in Jabberblabber E-Zine. Children from all over the Mid-South write letters to Jabberblabber, and he writes EVERYONE back! This fun exercise helps children with letter writing, handwriting and communication skills and gives them an opportunity to send and receive mail through the United States Postal Service (USPS).

Dear Jabberblabber,

I love summer because school is out and I can play all day. This is what my family is going to do on vacation. . . go to Gulf Shores.

This is what I do for exercise . . . run and play soccer. My question for you is . . . Do you like sports? Brian Ingram, age 10, Collierville, TN

Dear Jabberblabber,

I love summer because I can swim with my cousins. This is what my family is going to do on vacation . . . go swimming.

This is what I do for exercise . . . swim.

My question for you is . . . Do you know how to swim? Adrian Long, age 7, Bartlett, TN

Dear Jabberblabber,

I love summer because it's fun.

This is what my family is going to do on vacation . . . go to my grandma's in Texas.

This is what I do for exercise . . . ride my bike. My question for you is . . . How old are you? Chelsea Graham, age 8, Memphis, TN

Dear Jabberblabber,

I love summer because it's the best.

This is what my family is going to do on vacation . . . have a staycation.

This is what I do for exercise . . . I like to shoot hoops. My question for you is . . . Do you like basketball? Daryl Johnson, age 11, Memphis, TN





- 1. Turn it up or down 2 degrees! Turn your heat down 2 degrees in the winter & your air conditioner up 2 degrees in the summer.
- 2. Turn it off! When you're the last one to leave the room, ALWAYS turn off the lights!
- 3. Unplug It! Reduce your home energy bill 10% by unplugging your cell phone charger, TV, stereo, and computer when you're not using them.
- 4. Say NO to plastic bags! Bring your own bag when you go shopping. Plastic is bad for land & animals!
- **5. Shop Locally!** Support local farmers & local businesses who produce here at home.
- **6.** Don't Idle! If you are going to be parked more than 10 seconds, turn it off! Idling cars produce 25% of all Co2 emissions.
- 7. Recycle! Cans, bottles, cardboard and plastic. Donate unwanted clothes, toys & furniture.
- 8. Reuse! Get a washable, reusable and refillable water bottle.
- Conserve Water! Turn off the faucet while brushing your teeth and take a short shower rather than a bath.
- Can it! Trash on the ground is unsightly & can end up in our rivers and oceans.Always throw trash in the trash can.

#### What you need:

- The template on the next page or a piece of paper.
- 2 envelopes 2 stamps Pen or Pencil

#### Step 1:

Answer the questions in the template or write me a letter. Then fold it and place it in one of the envelopes.

#### Step 2:

Address this envelope to me:
Jabberblabber
415 S. Front St #114
Memphis Tn 38103
Place a stamp in the top right corner of the envelope.

city, state and zip code

415 South Front #114 Memphis, TN 38103

> your name your address city, state and zip code

Jabberblabber Magazine 415 South Front #114 Memphis, TN 38103

#### Step 3:

Address the other envelope to yourself: Your name your address your zip code. Place a stamp in the top right corner. Fold and place in the other envelope with your letter.

#### Step 4:

MAIL IT! Place in 'OUTGOING MAIL" box at your home or various locations of the United States Post Office (USPS).

You will receive a reply and a BE GREEN LIKE ME bumper sticker in the mail in the next few weeks.

All letters submitted are eligible for copy/reprint in a future issue of Jabberblabber Family E-Zine.

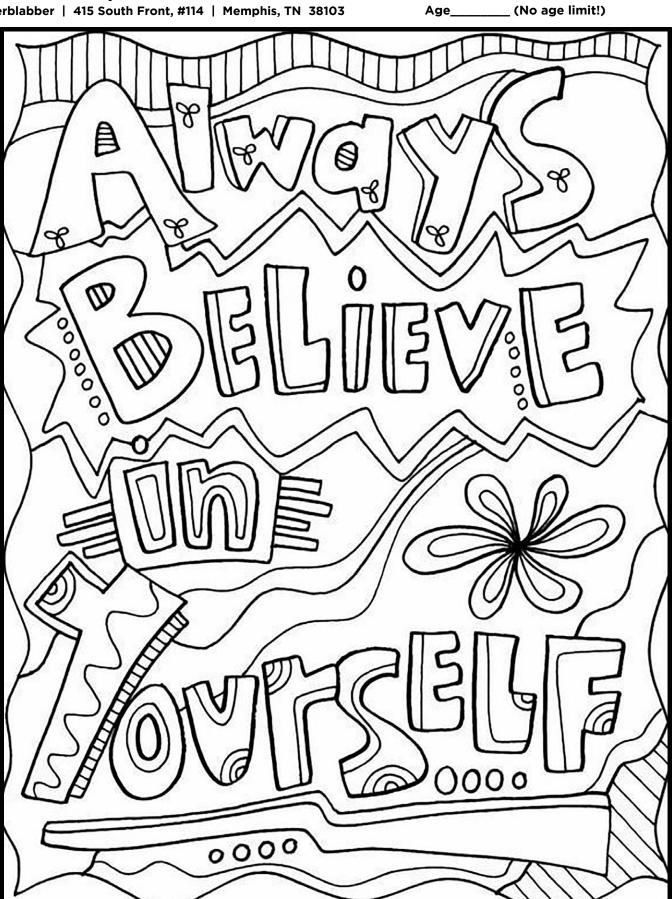
	Dear Jabberblabber,  I am excited about school starting because
	My favorite subject is  Because
	This year I'm going to be kind to everyone.  I will start at home by being kind to my  By
	My question for you is
<b>6</b> )	Sincerely, your name: your address: city, state and zip code: I pledge to practice the "10 ways to be GREEN"

a Jabberblabber bookmark, folder, sticker &

#### **ART CENTER GIFT CERTIFICATE FOR \$25**

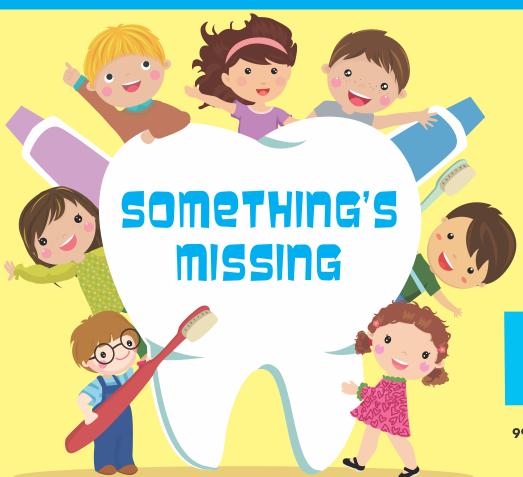
Fill in your info and mail to: Jabberblabber | 415 South Front, #114 | Memphis, TN 38103

Name			
Address			
City			
State	Zip_		



random drawing! UCOLORIT CONTEST AUGUST 2022 PRINT, COLOR & SEND in your masterpiece for the UCOLORIT

## Dental Puzzle!



All the vowels

(a, e, i, o, u)

are missing

from the

dental words below.

How many

can you complete?

sponsored by our favorite GREEN dentist

msd

main street dental

99 S. Main Street 901.527.0716 www.msdmemphis.com

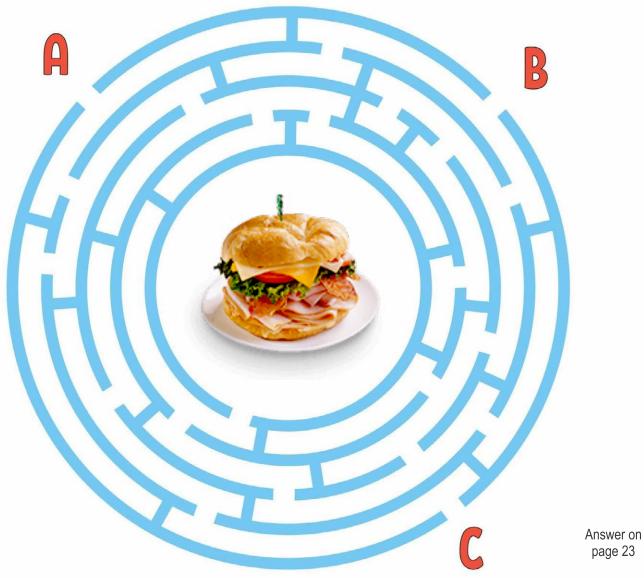
Answers on page 32



## Jason's deli®

Help Jack find the correct path to the delicious Jason's sandwich!

4 Locations in the Memphis Area:
3473 Poplar Ave Ste 102 - Memphis
1199 Ridgeway Rd - Memphis
1585 Chickering Lane - Cordova, TN
6A Stonebridge - Jackson, TN
We Cater and Deliver
www. jasonsdeli.com



## WHY WE DON'T USE STYROFOAM!

Styrofoam appears to last forever, as it is resistant to photolysis (the breaking down of materials by photons originating from a light source). This, combined with the fact that Styrofoam is lightweight and therefore floats, means that over time, a great deal of polystyrene has accumulated along coasts and waterways around the world. It is now considered the main component of marine debris. When Styrofoam containers are used for food, chemicals can leach into the food, affecting human health and the reproductive system. This is accentuated if people reheat the food while still in the container.

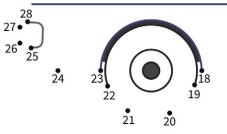
## ALL THE ART SUPPLIES YOU NEED FOR BACK TO SCHOOL!

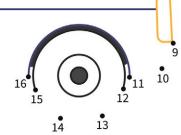


Connect the dots to finish the drawing to the right.
Then color your masterpiece.









6

## PARENTS PAGES

#### Whole School, Whole Community, Whole Child (WSCC) by cdc.gov

The education, public health, and school health sectors have each called for greater alignment that includes, integration and collaboration between education leaders and health sectors to improve each child's cognitive, physical, social, and emotional development. Public health and education serve the same children, often in the same settings. The Whole School, Whole Community, Whole Child (WSCC) model focuses on the child to align the common goals of both sectors to put into action a whole child approach to education.

#### What is the WSCC model?

The Whole School, Whole Community, Whole Child, or WSCC model, is the Center for Disease Control's (CDC) framework for addressing health in schools. The WSCC model is student-centered and emphasizes the role of the community in supporting the school, the connections between health and academic achievement and the importance of evidence-based school policies and practices.

#### The WSCC model has 10 components:

- 1. Physical education and physical activity.
- 2. Nutrition environment and services.
- 3. Health education.
- 4. Social and emotional climate.
- 5. Physical environment.
- 6. Health services.
- 7. Counseling, psychological and social services.
- 8. Employee wellness.
- 9. Community involvement.
- 10. Family engagement.

#### CLICK HERE FOR THE FULL ARTICLE



**Visit Our Virtual Healthy School** 



Jabberblabber book reading puppet coming in 2022!

CLICK HERE

to get the latest email updates.

The Jabberblabber book reading puppet promises to be instrumental in solving illiteracy. The Jabberblabber book reading puppet, accompanied with the jabberblabber app and a book, will read the book from cover to cover as many times as the parent or child chooses. This will cut down on screen time and allow the child to follow along word for word with an actual book.



## AUGUST TOPIC: PREPARING YOUR PRE-SCHOOLER FOR IN-PERSON LEARNING

By Gerard J. Billmeier, Jr., M.D., FAAP

Many parents are currently faced with helping their child prepare for entering kindergarten later this summer. The American Academy of Pediatrics (AAP) is offering some suggestions on easing that transition from home-based learning to in-person education.

A great number of these children have experienced only some form of virtual school and are potentially at risk for social, emotional or academic difficulties. As noted by pediatrician and school health expert, Sara Bode, M.D., FAAP, "Learning about how to conduct themselves with their behavior and emotions in a school setting away from their parents is going to be all new skills they'll have to learn this year."

Even before the Covid-19 pandemic, only about 40% OF 3-5 year olds in the U.S. were prepared to start school according to a national survey.

Dr. Bode recommends that parents talk with their pediatrician about school readiness milestones. For example, most 3-5 year olds can:

- Recognize letters of the alphabet and know how to rhyme;
- · Follow instructions and focus on activities for short periods, and
- Use fine motor skills such as tracing an outline with a pencil or crayon.

Complicating school readiness are concerns that pre-schoolers may be spending less time on reading activities such as reading books with an adult and more time on digital media. A recent study shows that children who spent more time on screens at 24 months of age read significantly less at 36 months of age. The authors state their results highlight the importance of screen time limits as well as creating a family media plan like the one developed by the AAP, www.healthychildren.org/MediaUsePlan.

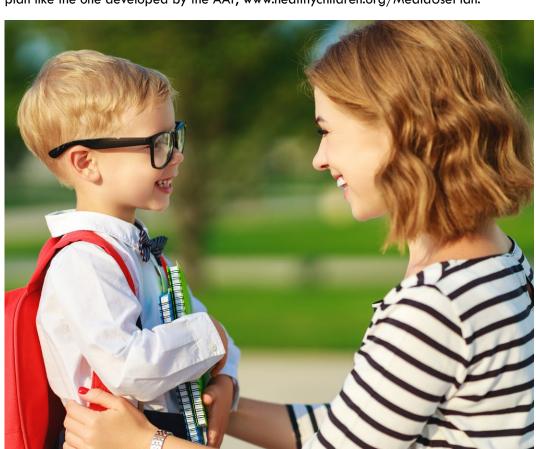
Parents can prepare children for inperson learning by implementing one or more of the following:

- Associate with programs which help children learn the flow of a school day.
- Establish routines that help your child prepare such as a structured learning time after breakfast.
- Schedule free play time to facilitate social and emotional skills.
- Provide time for reading with your child to help expand vocabulary.

Check with your public library, YMCA and Boys and Girls Club for great additional programs.

Source: American Academy of Pediatrics







# Hi Kids! I'm Cash the Bank!

It's NEVER too early to learn about money!

A savings account is a great way for you to learn about the value of money and how you can fulfill your future dreams by starting at a young age!

## MATCH THE PICTURES

Count the money in the children's wallets and draw a line to the item that each child has the exact amount to purchase.





















 COLLIERVILLE 1125 W. Poplar • 854-0854 & 100 E. Mulberry on the Square • 854-7854

 GERMANTOWN 2915 Forest Hill Irene • 755-8815 DOWNTOWN MEMPHIS 30 N. Second • 316-2186
 EAST MEMPHIS 5540 Poplar • 767-8170 MUNFORD 26 Munford • 837-2586

 RIPLEY 312 Cleveland • 731-635-1234



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Aug 1 | Monday | National Girlfriend Day
Aug 2 | Tuesday | Ice Cream Sandwich Day
Aug 3 | Wednesday | Watermelon Day
Aug 4 | Thursday | Single Working Women's Day
Aug 5 | Friday | Work Like a Dog Day
Aug 6 | Saturday | Fresh Breath Day
Aug 7 | Sunday | Sisters' Day
Aug 8 | Monday | Happiness Happens Day
Aug 9 | Tuesday | Book Lovers Day
Aug 10 | Wednesday | Lazy Day
Aug 11 | Thursday | Son and Daughter Day
Aug 12 | Friday | Middle Child Day
Aug 13 | Saturday | Left-Handers Day
Aug 14 | Sunday | Creamsicle Day
Aug 15 | Monday | Relaxation Day
Aug 16 | Tuesday | Tell a Joke Day
Aug 17 | Wednesday | Thrift Shop Day
Aug 18 | Thursday | Mail Order Catalog Day
Aug 19 | Friday | World Photo Day
Aug 20 | Saturday | Chocolate Pecan Pie Day
Aug 21 | Sunday | Spumoni Day
Aug 22 | Monday | Be An Angel Day
Aug 23 | Tuesday | Ride Like the Wind Day
Aug 24 | Wednesday | Pluto Demoted Day
Aug 25 | Thursday | Kiss and Make up Day
Aug 26 | Friday | Dog Appreciation Day
Aug 27 | Saturday | Just Because Day
Aug 28 | Sunday | Bow Tie Day
Aug 29 | Monday | According to Hoyle Day
Aug 30 | Tuesday | Whale Shark Day
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Aug 31 | Wednesday | Eat Outside Day

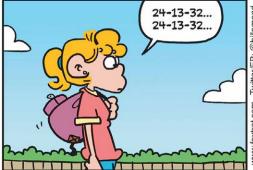
## COMICPACE















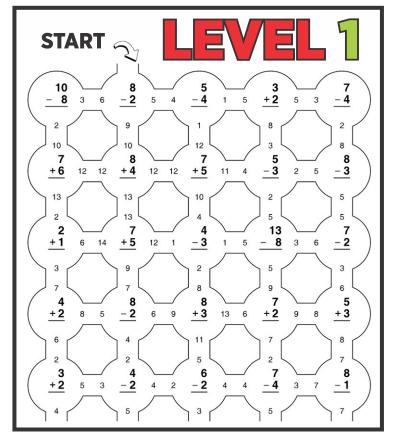


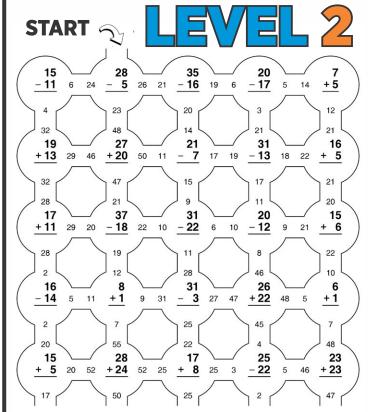
- 1. What kind of photos will you find on a turtle's phone?
- 2. How do billboards talk to each other?
- 3. What kind of candy is always tardy?
- 4. What's a pizza's favorite kind of joke?
- 5. What do you call a napping dinosaur?

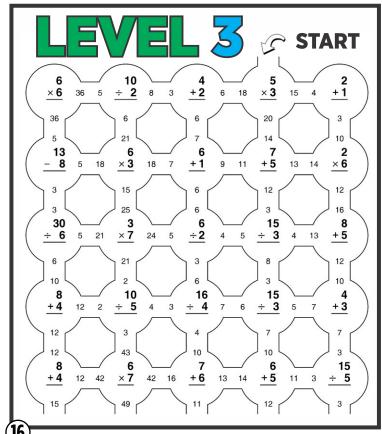
## MATHMAZES

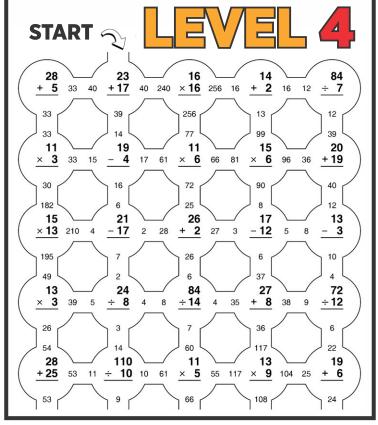
Find your way from top to bottom by following the path of correct answers.

You can only exit a cell if the number matches the answer to the problem.









# ₽ ADDICATION OF THE PROPERTY **17**)

See if you can find the 9 differences in the two photos.

Answers on page 30





# GRAMMAR TIME INDEFINITE PRONOUNS

- 1. I went shopping yesterday but I couldn't find ... that I liked.
  - a) nothing
  - b) anything
  - c) everywhere
- 2. Thomas ate ... in his lunch bag except the carrot.
  - a) everything
  - b) anything
  - c) somebody
- 3. Excuse me, waiter. There's ... in my soup. I think it's a fly.
  - a) something
  - b) anywhere
  - c) everywhere
- 4. I didn't go ... on my holiday. I was so bored!
  - a) nowhere
  - b) somewhere
  - c) anywhere
- 5. My friend thinks intelligent aliens may exist ... in the universe.
  - a) anyone
  - b) somewhere
  - c) nowhere
- 6. ... answered the phone when I called an hour ago.
  - a) No one
  - b) Anyone
  - c) Nowhere
- 7. I put my glasses ... in my office but I can't remember exactly where.
  - a) somewhere
  - b) everywhere
  - c) anywhere
- 8. ... ate my cookie! Who? Who ate my cookie?
  - a) Anything
  - b) Somebody
  - c) Anybody

- 9. I can't meet you tomorrow because I have ... important to do.
  - a) somewhere
  - b) something
  - c) nothing
- 10. ... is more important than having friends and family who love you.
  - a) Everyone
  - b) Somewhere
  - c) Nothing
- 11. ... in our class passed the grammar test!
  - a) Everything
  - b) Everyone
  - c) Something
- 12. Did you guys do ... interesting on the weekend?
  - a) anything
  - b) anywhere
  - c) somewhere
- 13. ... can lift this box! It's too heavy to lift.
  - a) No one
  - b) Something
  - c) Anybody
- 14. Almost ... in the world knows about the Olympic games.
  - a) somewhere
  - b) everywhere
  - c) evervone
- 15. Some scientists believe there is alien life ... in our solar system.
  - a) something
  - b) somewhere
  - c) anything
- 16. There are still plenty of empty seats. We can sit ... we like.
  - a) anything
  - b) anyone
  - c) anywhere



Memphis Since 1958

5484 Summer Avenue | Memphis, TN 38134 901.386.2992 | puttputt.com/memphis-tn/



Help Tommy get the golf ball to the green!

**ARCADE** 

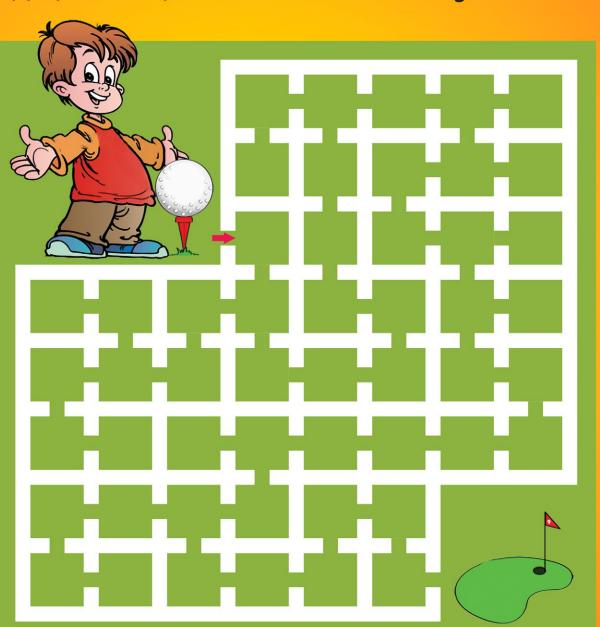
**GO-KARTS** 

BUMPER CARS

BUMPER BOATS

BATTING CAGES

DRIVING RANGE



## ANDPARENTS PAGE Celebrating our senior adults in the prime of their lives!



#### **Grandparents of the Month** - Joe & Carol Ballard

The Ballards moved to Kirby Pines from their previous residence in Collierville, Tennessee. They have been married for 22 years, both of them were widowed after long marriages and they have a blended family of four children, seven grandchildren and two great-grands.

After graduating from art school, Joe embarked on a long career in advertising. He served as Senior Art Director at Archer Malmo Advertising Agency. Carol had a 40 year career as Executive Assistant to Frank Norfleet, a prominent Memphis entrepreneur.

Like many of our Kirby residents, Joe is a U.S. Army veteran. He served as a Sergeant

This couple's hobbies and interests fit in with the Kirby Pines lifestyle. Joe enjoys art, cooking (he is the family cook), and computering. Carol likes cake decorating, Christian studies and reading.

Congratulations Joe & Carol, for being Jabberblabber's Grandparents of the Month!

#### GRANDPARENTS

#### **Back To** School

Find the words hidden in the grid of letters.









sponsored by



LifeStyle and LifeCare

kirbypines.com

C C S Q S G G S Е

**BACKPACK** BOOKS **BUS** CLASSROOM **FRIENDS GRADES HISTORY** 

**HOMEWORK** LOCKERS LUNCH **MATHEMATICS** NOTEBOOK PAPER **PENCILS** 

READING RECESS SCHOOL SCIENCE SCISSORS SOCIAL STUDIES STUDENTS





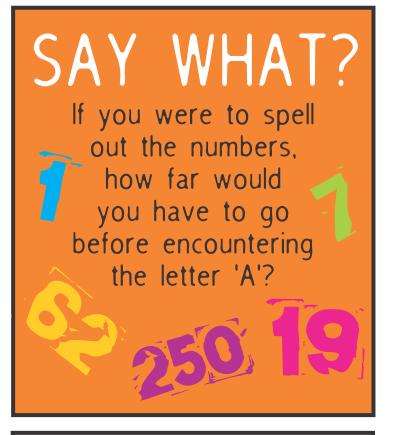
# THESE ARE TOUGH! TRY THEM, IF YOU DARE!

**All Answers on Page 31** 

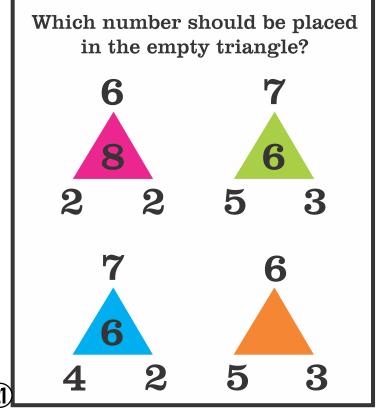
Grab a piece of rope by its ends with each hand.

Now tie the piece of rope into a knot without releasing either end.

How is this possible?



## 







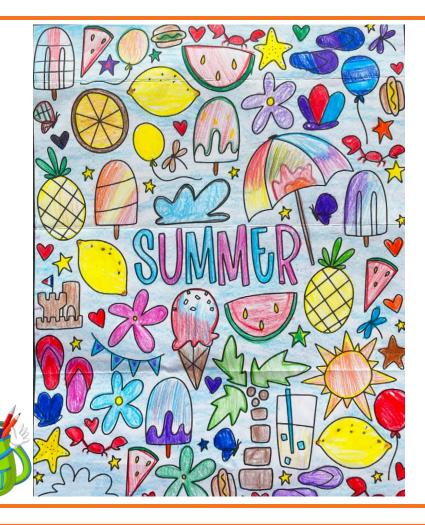


WINNER FOR JULY 2022

CONGRATULATIONS

**RYA FONDREN** 

MEMPHIS, TN age 8



### CAMPING CROSSWORD PUZZLE

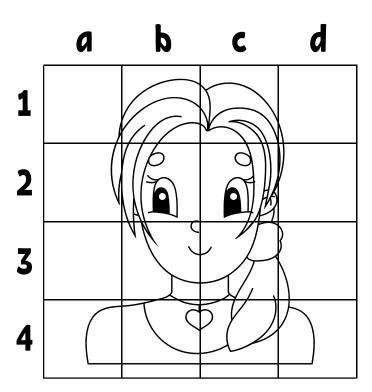
See if you can identify the numbered items and fill in the crossword puzzle.





Everyone`s
an artist!
You can
do it!

### Finish the picture below!



a b c d

1
2
3

Finish the drawing of Shannon by using the grid lines as your guide.

Don`t forget to color your masterpiece.



#### Be the change. Take the training.

Nearly 29,000 Shelby County adults have taken our Stewards of Children sexual abuse prevention and response training. When you get trained, you join a network of adults empowered to keep kids safe.

Contact Kris at kcrim@MemphisCAC.org or 901.888.4363 to schedule training for you or your organization. Visit MemphisCAC.org to learn more.

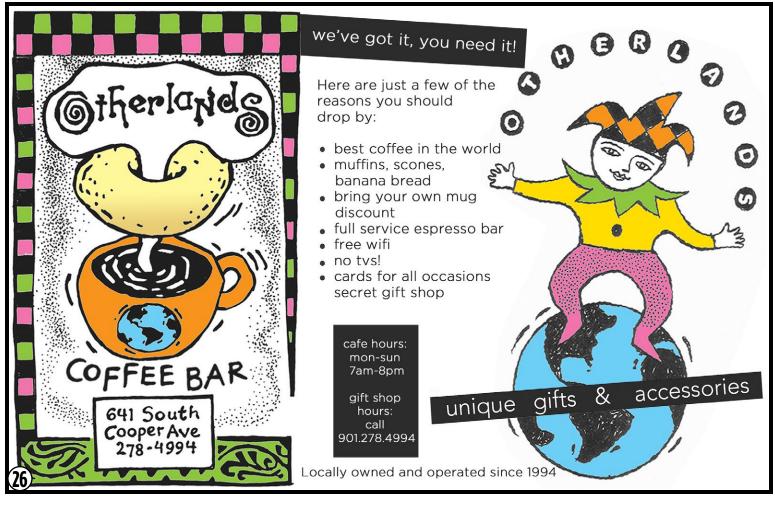
**Upcoming Virtual Sessions:** 

Saturday, August 20, 9:00 am - 11:30 am

Wednesday, September 7, 1:00 pm - 3:30 pm

Saturday, September 17, 9:00 am - 11:30 am





## #BeAirAware

Improve Air Quality by remembering the

## 5 cool ways to reduce ozone in Shelby County:

**Share the Ride** Carpool, use public transportation, bike, or even walk! It saves money and reduces pollution levels.

**Link the Trips** When driving, do all of your errands in a row instead of returning home in between. It saves money, gas, and reduces pollution.

**Stop at the Click** When refueling the gas tank in your car, do not top off after the click. It harms your car and increases pollution levels!

**Don't Idle Your Car** You can reduce pollution levels by avoiding drive-through lines and shutting your engine off if waiting for more than 30 seconds. **Mow When the Sun is Low** Gasoline lawn mowers are much dirtier than automobiles. Mow after 6pm to reduce ozone levels in the summer.



Find out more at
ShelbyTNHealth.com
Air Quality
Improvement Branch



Follow us @ ShelbyTNHealth











# ₽ ADDITION PROPERTY 28

See if you can find the 9 differences in the two photos.

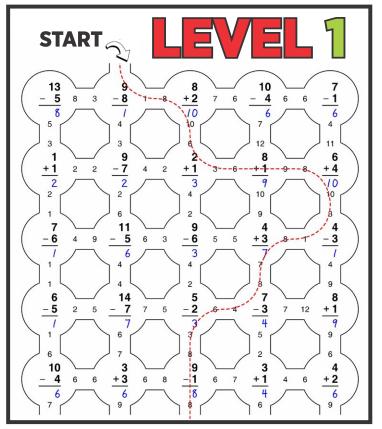
Answers on page 30

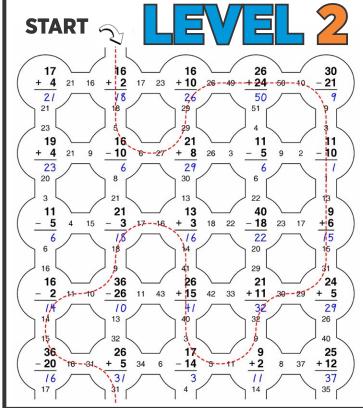


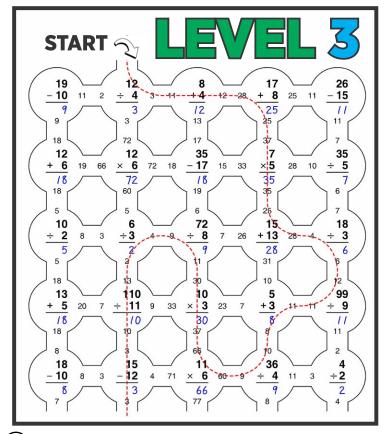


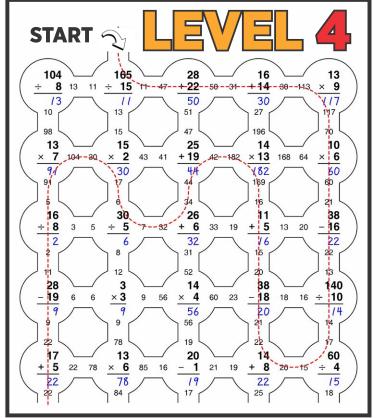
## MATHMAZES

**ANSWERS** 









# GRAMMAR OF TIME ANSWERS

- 1. I went shopping yesterday but I couldn't find ... that I liked.
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  - b anything
  - c) everywhere
- 2. Thomas ate ... in his lunch bag except the carrot.
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  - b) anything
  - c) somebody
- 3. Excuse me, waiter. There's ... in my soup. I think it's a fly.
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  - c) nowhere
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  - c) Nowhere
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  - c) anywhere
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  - b Somebody
  - c) Anybody

- 9. I can't meet you tomorrow because I have ... important to do.
  - a) somewhere
  - **b** something
  - c) nothing
- 10. ... is more important than having friends and family who love you.
  - a) Everyone
  - b) Somewhere
  - C) Nothing
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  - a) Everything
  - (b) Everyone
  - c) Something
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  - b) Something
  - c) Anybody
- 14. Almost ... in the world knows about the Olympic games.
  - a) somewhere
  - b) everywhere
  - (c) everyone
- 15. Some scientists believe there is alien life ... in our solar system.
  - a) something
  - **b** somewhere
  - c) anything
- 16. There are still plenty of empty seats. We can sit ... we like.
  - a) anything
  - b) anvone
  - (c) anywhere



Cross your arms before picking up the ends of the ends of the rope.



end with this hand

Grab the other end with this hand.
Then uncross your arms without letting go of either end and there should be a knot in the rope.

## SAY WHAT?

## One Thousand

Can you circle exactly three numbers to make a total of 19?

Answer: 12 + 6 + 1 = 19. Note that the puzzle didn't ask for three digits to be circled!

8

2

1

6 8

2

1)4

8

**ANSWER: 3** 

**SOLUTION:** 

The top number minus the bottom left-hand number is multiplied by the bottom right-hand number to give the number inside the triangle.

## Dental Puzzle!



All the vowels

(a, e, i, o, u)

are missing

from the

dental words below.

How many

can you complete?

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smile

tooth

toothpaste

X-ray

Answers on page 26