

**FREE**

**OVER 200,000 READERS!**

**MEMPHIS, TN  
VOLUME 24  
ISSUE 9  
November 2024**



# Jabberblabber®

EARTH FRIENDLY FAMILY E-ZINE

# NOVEMBER

**IT'S NEVER TOO SOON TO LEARN  
ABOUT HEALTHY FOOD!**

**Printable worksheets  
for teachers!**

**FUN,  
Educational  
Activities  
and Puzzles  
for the  
WHOLE  
family!**



page 21

**KIRBY PINES**

**GRANDPARENTS PAGE!**

**FUN WITH KIDS IN THE KITCHEN!**

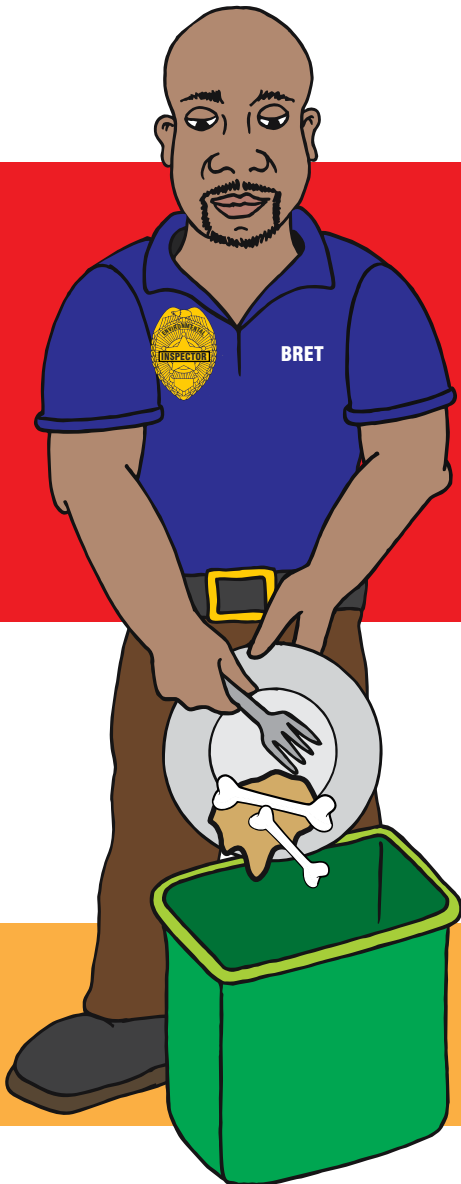
**PARENTS PAGES!**

page 12

**CAN  
used  
GREASE!**



**It can  
clog  
sewers!**



**CAN IT &  
TRASH IT**



*City of*  
**MEMPHIS**  
PUBLIC WORKS

**901-636-8118**

## HI FRIENDS! HAPPY NOVEMBER!

It's officially the holiday season and the grocery stores are already stocking up for Thanksgiving meals. Thanksgiving is a day to be outwardly grateful and also to eat what we love and enjoy! But for every other day, healthy eating habits are important at every age. I'm kind of a picky eater, but every time my Mom is eating something I've never tried, I'm beginning to be more open to trying it. She says I need more veggies in my diet, so I tried arugula last week and it's pretty tasty in soup and on my cheese sandwiches. My favorite veggies are Italian spinach and broccoli...and my favorite fruits are blueberries and apples. My favorite proteins are hummus, pistachios and almond butter and my favorite milks are cashew and almond. We eat all types of breads, as long as they're "organic". Mom is learning about making sourdough bread now. Someone gave her a starter and she feeds it every day with flour and water! It's alive!

My mom cooks a lot on the weekend and makes meals to take to school and work. I love to help her shop and cook. We have found that it's easier to eat healthy when the foods we have at home are healthy. Also, we have a rule in our house... no cell phones at the table. It really does make for good conversations while we eat together, at least once a day. Check out more healthy eating tips on page 12.

This Jabberblabber E-zine is FREE and made possible by the sponsors you see throughout these pages who are also advocates of early child education and making the world a better place for all of our children. Please think of them the next time your family is in need of their services.

BE GREEN LIKE ME and turn the AC off on cooler days when you can open a screened door or window.

Peace and Love,  
Jabberblabber



*Creators / Editors, Theresa Andreuccetti,  
and Nikki Schroeder with  
Meme and Jabberblabber.*

**Jabberblabber  
loves beets.**

**They are so good for  
you! There's a bunch  
hidden somewhere in  
this E-zine. See if you  
can help him find it.**



## Helping Children Live Healthy & Happy!

Jabberblabber is published monthly by Jabberblabber, Inc.  
415 South Front, # 114 • Memphis, TN 38103 • 901.278.5002  
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# Jabber mail



*"Be My Pen Pal" (see page 5), is a popular and regular feature in Jabberblabber E-Zine. Children from all over the Mid-South write letters to Jabberblabber, and he writes EVERYONE back! This fun exercise helps children with letter writing, handwriting and communication skills and gives them an opportunity to send and receive mail through the United States Postal Service (USPS).*

## Letters reflect multiple choice answers from October.

October reminds me of Halloween.  
My diet includes these plant proteins: plain yogurt, whole grain cereals almond milk low fat cheese, hummus and broccoli for strong bones.  
My Vitamin D source is eggs, vitamin D gummies, 15 minutes of sunshine.  
I like Halloween. I'm dressing as a fireman.  
My question for you is . . . are you a reptile?  
Sincerely,  
Josh Handson, age 8, Memphis, TN

Dear Jabberblabber,  
October reminds me of pretty leaves.  
My diet includes these plant proteins: fruit, plain yogurt, whole grain cereals, cashew milk, low fat cheese, kale and peanut butter for strong bones.  
My Vitamin D source is: eggs, orange juice fortified with Vitamin D, 15 minutes of sunshine.  
I like Halloween. I'm dressing as a fairy princess.  
My question for you is . . . have you seen The Wild Robot?  
Sincerely,  
Adriana Adams, age 9, Memphis, TN

Dear Jabberblabber,  
October reminds me of Dia de los Muertos.  
My diet includes these plant proteins: fruits, plain yogurt, whole grain cereals, almond milk, low fat cheese, broccoli and collard greens for strong bones.  
My Vitamin D source is: tuna, eggs, mushrooms, vitamin D powder in my smoothies and 15 minutes of sunshine.  
I like Halloween. I'm dressing as a skeleton.  
My question for you is . . . what is your culture like?  
Sincerely,  
Robert Hernandez, age 11, Collierville, TN

Dear Jabberblabber,  
October reminds me of my birthday.  
My diet includes these plant proteins: whole grain cereals, soy milk, low fat cheese, broccoli and leafy green veggies for strong bones.  
My Vitamin D source is: vitamin D gummies and 15 minutes of sunshine.  
I like Halloween. I'm dressing as a vampire.  
My question for you is . . . are you dressing as yourself for Halloween?  
Sincerely,  
Kevin Edmonds, age 10, Germantown, TN

Give the Gift of Entertainment

the PERFECT gift for every occasion this holiday season!

Shop, Click & Ship @ malco.com & in the app

A QR code with the Malco logo in the center, located in the bottom right corner of the advertisement.

# BE MY GREEN PENPAL

Print out the next page, write to me and join my "GREEN LIKE ME" club. I'll write back and send you a sticker & club card with your name on it!



As a club member, you pledge to practice the "10 ways to be green like me" (below)!



## 10 WAYS YOU CAN BE GREEN LIKE ME!

- 1. Turn it up or down 2 degrees!** Turn your heat down 2 degrees in the winter & your air conditioner up 2 degrees in the summer.
- 2. Turn it off!** When you're the last one to leave the room, ALWAYS turn off the lights!
- 3. Unplug It!** Reduce your home energy bill 10% by unplugging your cell phone charger, TV, stereo, and computer when you're not using them.
- 4. Say NO to plastic bags!** Bring your own bag when you go shopping. Plastic is bad for land & animals!
- 5. Shop Locally!** Support local farmers & local businesses who produce here at home.
- 6. Don't Idle!** If you are going to be parked more than 10 seconds, turn it off! Idling cars produce 25% of all Co2 (carbon dioxide) emissions.
- 7. Recycle!** Cans, bottles, cardboard and plastic. Donate unwanted clothes, toys & furniture.
- 8. Reuse!** Get a washable, reusable and refillable water bottle.
- 9. Conserve Water!** Turn off the faucet while brushing your teeth and take a short shower rather than a bath.
- 10. Can it!** Trash on the ground is unsightly & can end up in our rivers and oceans. Always throw trash in the trash can. Be kind and pick up others' trash.

## What you need:

- The template on the next page or a piece of paper.
- 2 envelopes
- 2 stamps
- pen or pencil

### Step 1:

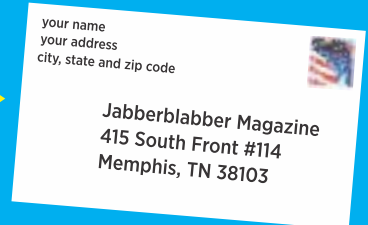
Answer the questions in the template or write me a letter. Then fold it and place it in one of the envelopes.

### Step 2:

Address this envelope to me:

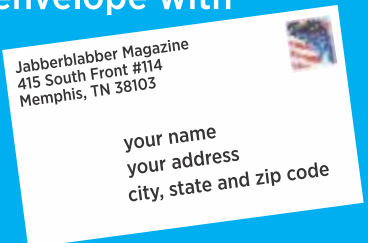
Jabberblabber  
415 S. Front St #114  
Memphis Tn 38103

Place a stamp in the top right corner of the envelope.



### Step 3:

Address the other envelope to yourself: Your name your address your zip code. Place a stamp in the top right corner. Fold and place in the other envelope with your letter.



### Step 4:

**MAIL IT!** Place in 'OUTGOING MAIL' box at your home or various locations of the United States Post Office (USPS).

You will receive a reply and a **BE GREEN LIKE ME** bumper sticker in the mail in the next few weeks.

All letters submitted are eligible for copy/reprint in a future issue of Jabberblabber Family E-Zine.

Dear Jabberblabber,

My favorite green vegetable is...

My favorite NOT green vegetable is...

Dinnertime around my home is like this...

My question for you is...

Sincerely,

your name:

your age:

your address:

city, state and zip code:

I pledge to practice the "10 ways to be GREEN"



# WIN a Jabberblabber bookmark, folder, sticker & **2 MALCO MOVIE PASSES**

**PRINT, COLOR & SEND** in your masterpiece for the random drawing!  
1 Grand Prize Winner will appear in the E-Zine, receive a bookmark, folder, sticker, and 2 Malco movie passes!  
Runners up will appear in the E-Zine!

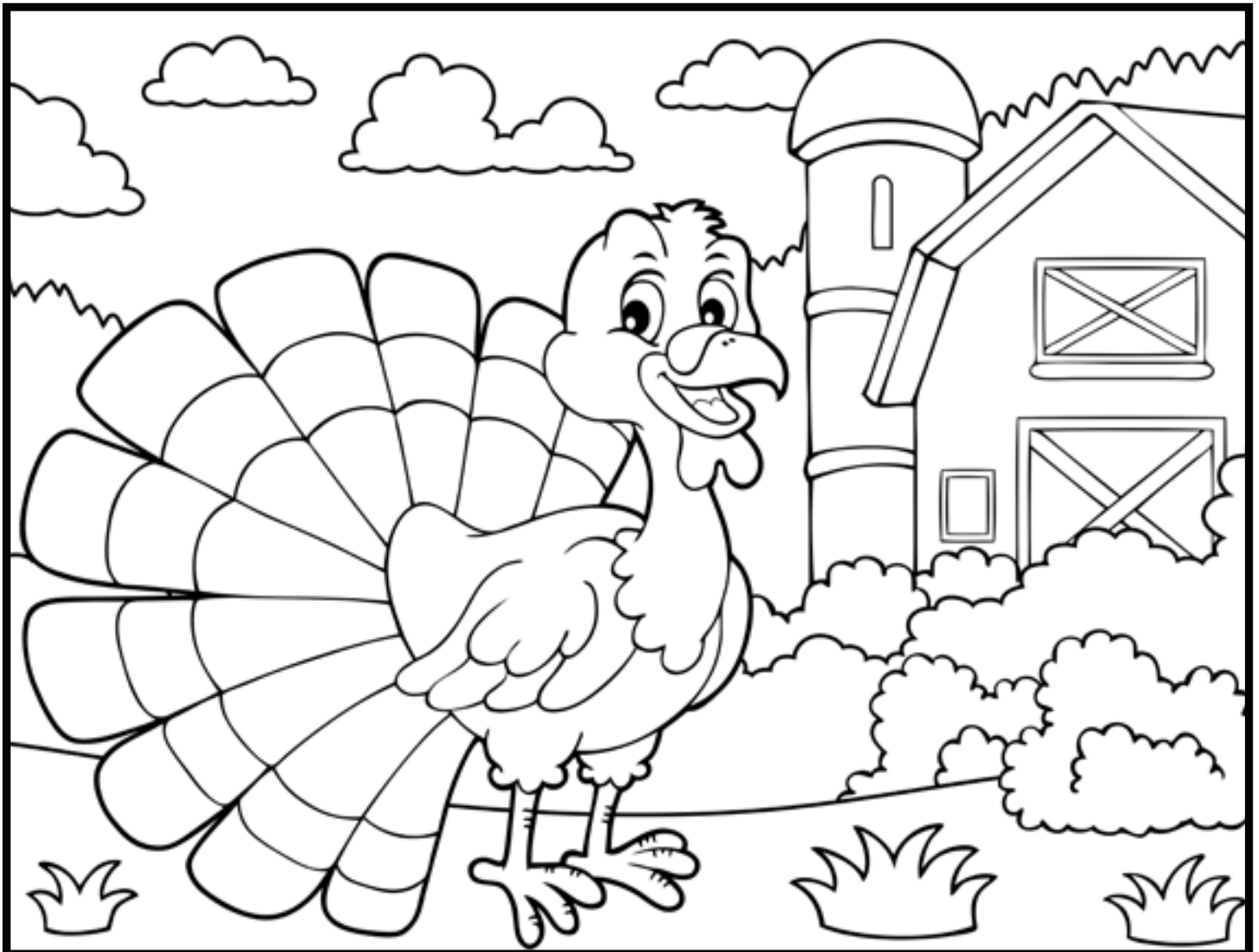
Fill in your info and mail or email by the 20th of the month to:  
Jabberblabber | 415 South Front, #114 | Memphis, TN 38103  
OR photograph/scan your colored page and email to  
jabberblabberlovesu@gmail.com

Name \_\_\_\_\_  
Address \_\_\_\_\_  
City \_\_\_\_\_  
State \_\_\_\_\_ Zip \_\_\_\_\_  
Age \_\_\_\_\_ (No age limit!)

# UCOLORIT CONTEST

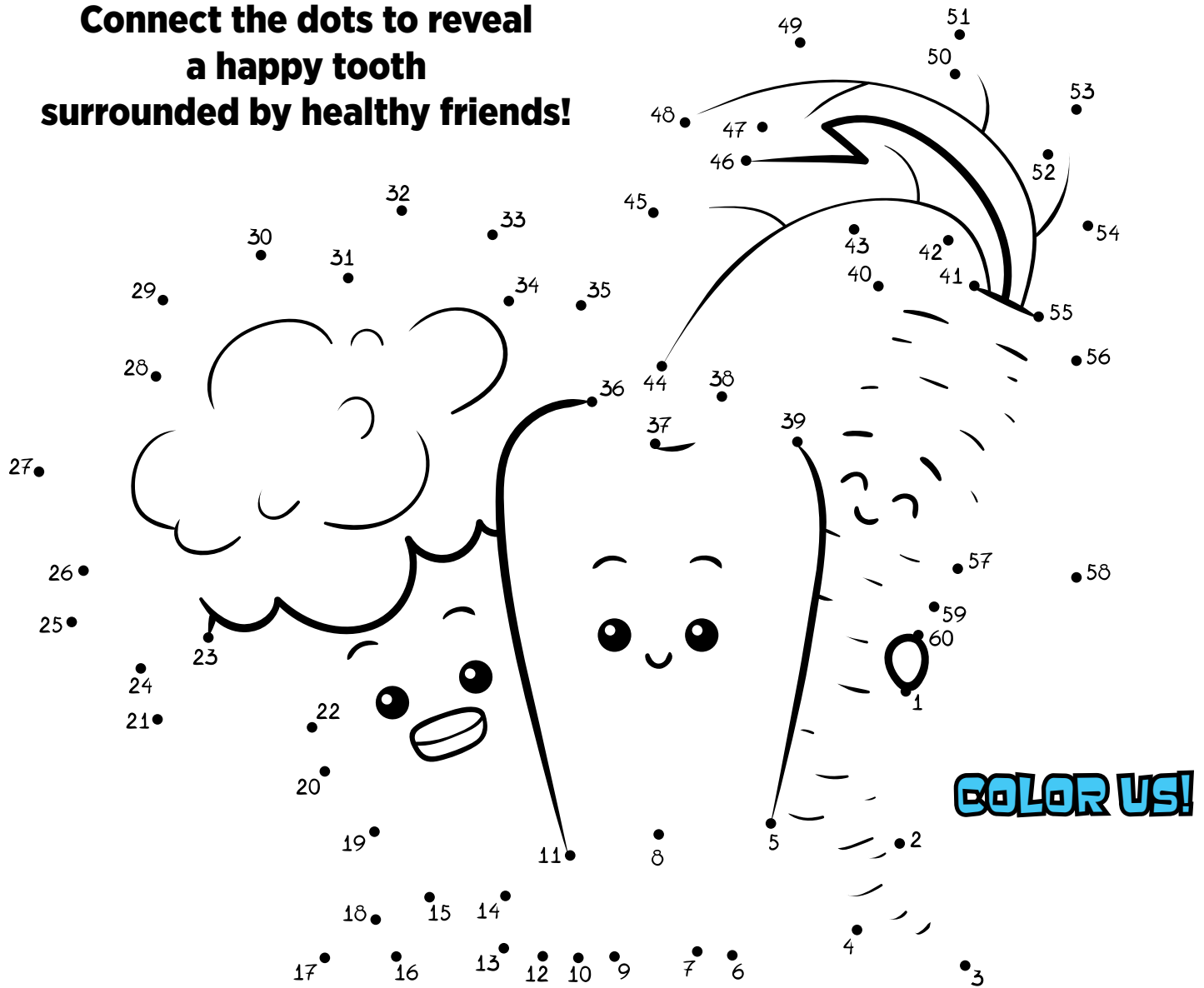
## NOVEMBER 2024

**PRINT, COLOR & SEND** us your masterpiece for the **UCOLORIT** random drawing!



# CONNECT THE DOTS!

Connect the dots to reveal  
a happy tooth  
surrounded by healthy friends!



## DID YOU KNOW?

No two sets of teeth are identical. In fact, not even twins share the same dental blueprint.

Each tooth in your mouth is uniquely shaped and sized, making your smile truly one-of-a-kind.

Your pearly whites can give insights into your nutrition and age. They can also provide hints about your well-being, including tension and overall health.

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# The **Hottest** attraction in town!

**118 Adams Avenue  
Memphis, TN 38103  
901-636-5650 | [www.firemuseum.com](http://www.firemuseum.com)**

**Mon - Sat 9am - 4:30pm**

Using the word bank below, see if you can correctly label the parts of the firefighter cartoon!



## **WORD BANK**

- HOSE**
- PANTS**
- JACKET**
- BOOTS**
- HELMET**
- HYDRANT**

We are grateful for our Lil' Pollution Preventers!  
 You've been adding to my downstream friends for 8 years!  
 Now you can color 8 years of fun friends gathered together!  
 Don't forget to draw a NEW downstream friend and  
 enter this year's Lil' Pollution Preventer Art Contest!



Scan to learn more!

Deadline is March 7, 2025

City of **MEMPHIS** STORM WATER

**GURGLE**  
and his Downstream Friends

HI KIDS! LET'S PLAY  
POINT OUT  
POLLUTION PREVENTION!

THIS IS WOODY REDHEAD. HE'S PLAYING, TOO! HE WANTS YOU TO CIRCLE THE WAYS WE CAN HELP PREVENT POLLUTION!

Art by Adam V. - 2nd grade homeschooler

**POLLUTION PREVENTION POINTER!**  
Throw your trash away!  
Pick up litter if an adult says it is safe!

**POLLUTION PREVENTION POINTER!**  
Reduce single use items!  
Use reusable bottles and bags!

Bottled water?  
No thanks!

WATER REFILL

**POLLUTION PREVENTION POINTER!**  
Recycle or reuse items when possible!

Let's tell our friends about **POLLUTION PREVENTION!**  
Great idea!

EVERY BIT MAKES A DIFFERENCE!  
ONLY RAIN DOWN THE STORM DRAIN!

**MEMPHIS** STORMWATER.com

2024 INDIE MEMPHIS

FILM FESTIVAL NOV 14-17



Presented by:



HYDE FAMILY  
FOUNDATION

[indiememphis.org/imff24](http://indiememphis.org/imff24)



# PARENTS PAGES

## HEALTHY EATING FOR KIDS by myplate.gov

Healthy eating is important at every age. Offer kids a variety of fruits, vegetables, grains, protein foods, and dairy or fortified soy alternatives. When deciding on foods and beverages, choose options that are full of nutrients and limited in added sugars, saturated fat, and sodium. Start with these tips:

### OFFER VARIETY

Include choices from each food group – fruits, vegetables, grains, protein foods, and dairy and fortified soy alternatives – in meals and snacks during each day.

### CONNECT AT MEALTIME

Eat meals together whenever possible. Turn off the TV and put away phones and tablets so you can “unplug” and focus on healthy foods and each other.

### MAKE GOOD NUTRITION EASY

Designate a shelf or a drawer in your fridge for your kids. Stock it with cut up fruits and vegetables, yogurt, nut butters, and whole-wheat mini bagels and crackers.

### THINK ABOUT THEIR DRINKS

Make water and low-fat or fat-free dairy milk and fortified soy alternatives easy options to grab in your home. Have ready-to-go containers filled and in the fridge to take on outings.

### GET KIDS INVOLVED

Depending on their age, kids can peel fruits, assemble salads, measure, scoop, and slice. Let them create and name their own side dish.

### HAVE A SHOPPING BUDDY

Let kids participate in grocery shopping online or in the store. Reward them by letting them choose their favorite fruit or maybe a new one.

The benefits of healthy eating add up over time, bite by bite

[Click HERE for the full article!](#)



# DIETITIAN'S ORDERS



**OCTOBER  
TOPIC:**

## **Cooking Safety Rules for Kids**

*by Ashley Kim,  
Registered Dietitian*

When you involve children in the cooking process, they not only become familiar with different foods and how to cook them, they also learn age-appropriate developmental skills. “Incorporating cooking activities at a young age gives children exposure to a variety of foods and supports a healthy relationship with food,” says Ashley Kim, a registered dietitian with the Get up & Go program by Children’s Health. “Begin by teaching your children to measure and mix ingredients as well as tackle basic tasks like washing produce.”

Remember to discuss safety rules in the kitchen before any of these other skills are taught. Teach your children how to wash their hands before handling foods and explain ways to avoid cross-contamination from raw meats. Help them implement safe knife-handling skills and how to navigate hot surfaces. Always supervise young children in the kitchen, and establish a rule to ask permission before cooking in the kitchen.

### **Cooking tips for kids in the kitchen**

Here are some age-appropriate tasks to get children of all ages involved in the kitchen:

#### **Preschool (2 to 5 years)**

- Stirring
- Rinsing fruits and vegetables
- Snapping green beans
- Measuring ingredients
- Mashing soft foods
- Cutting with a blunt knife

#### **Early elementary (6 to 8 years)**

- Grating cheese
- Forming cookies and patties
- Peeling onions and garlic
- Breaking eggs
- Kneading dough
- Light chopping with round-end steak knife

#### **Preteens (9 to 12 years)**

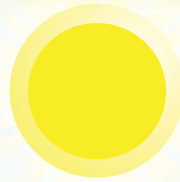
- Planning and preparing basic lunches, meals and snacks
- Cooking soup
- Using a food processor
- Using a chef’s knife
- Putting foods in the oven and removing them
- Baking quick breads and muffins

#### **Teenagers (13 to 16 years)**

- Using all kitchen appliances, including outdoor grills
- Developing knife skills to chop, dice and mince
- Driving to the store and buying groceries
- Marinating foods
- Sautéing and pan-frying foods



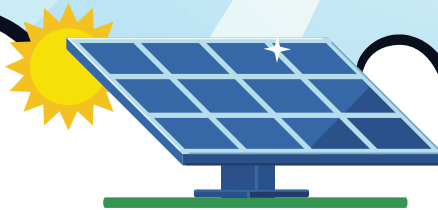
**Click [HERE](#)  
for full article.**



**Enter the 2024 MLGW**

# **"SOL-MAN"**

**Art Contest**



**Grab your paints, brushes, colored pencils, crayons and even computers, to create the image of MLGW's Power League Superhero, "SOL-MAN!"**

**For details, go to [mlgw.com/artcontest](http://mlgw.com/artcontest).**

# **Win a \$125 prize!**

**Open to all K-12 students**

**ALL K-12 students attending school or being home-schooled within Shelby County are eligible to participate. For contest rules and entry form, visit [mlgw.com/artcontest](http://mlgw.com/artcontest).**

**Submission deadline: Friday, December 13, 2024.**

**For more information, please send an email to [gmoulin@mlgw.org](mailto:gmoulin@mlgw.org).**

**APPLY TODAY!**

the **PATH** to  
**SUCCESS**  
begins at...  
**COMPASS**



**2025-26 APPLICATION OPEN. VISIT COMPASSMEMPHIS.ORG**

*OPEN HOUSE FOR ALL CAMPUSES:*

**THURSDAY  
NOVEMBER 21  
4:30-6:00 PM**



**COMPASS-BERCLAIR (K-8)**

3880 Forest Avenue, 38122 - 901.323.2162

**COMPASS-BINGHAMPTON (K-8)**

2540 Hale Road, 38112 - 901.866.9084

**COMPASS-FRAYSER (K-8)**

3690 Thomas Street, 38127 - 901.358.7431

**COMPASS-HICKORY HILL (K-8)**

3572 Emerald Street, 38115 - 901.546.9926

**COMPASS-ORANGE MOUND (K-8)**

2718 Lamar Avenue, 38114 - 901.743.6700

**\*YOU MUST BE FIVE ON OR BEFORE  
8.15.24 TO REGISTER FOR KINDERGARTEN.**

# GRAMMAR TIME

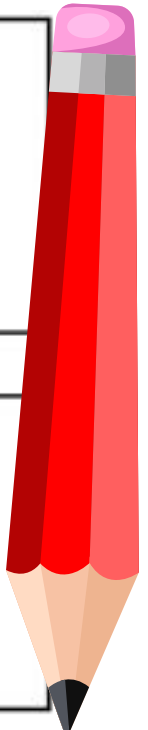
HAVE HAS DOES DOESN'T DON'T

I	have	
You	have	
He	has	a pen.
She	has	
It	has	
We	have	
They	have	

I	don't		
You	don't		
He	doesn't	have	a pen.
She	doesn't		
It	doesn't		
We	don't		
They	don't		

Do	I		
Do	you		
Does	he	have	a pen?
Does	she		
Does	it		
Do	we		
Do	they		

Yes,		No,	
I do.	I don't.		
you do.	you don't.		
he does.	he doesn't.		
she does	she doesn't.		
it does.	it doesn't.		
we do.	we don't.		
they do.	they don't.		

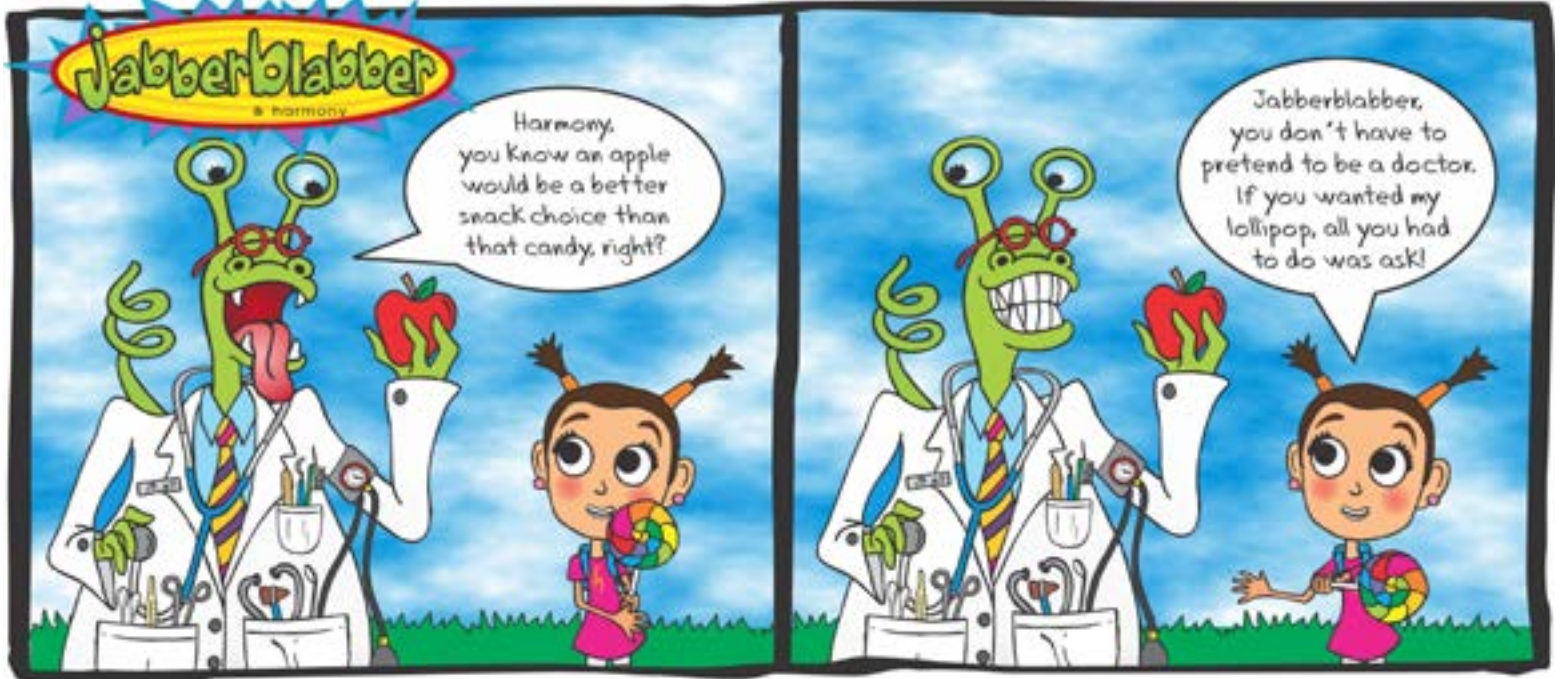


● Fill in the blanks below to complete the sentences. Use the words in the above boxes.

- I'm very busy today. I have lots of work to do.
- A: \_\_\_\_\_ your classmate \_\_\_\_\_ a car? B: No, he \_\_\_\_\_.
- My sister \_\_\_\_\_ a new job in an office.
- Can I borrow your pen? I \_\_\_\_\_ a pen.
- Why \_\_\_\_\_ you \_\_\_\_\_ an umbrella?
- They are very busy today. They \_\_\_\_\_ many things to do.
- A: \_\_\_\_\_ you \_\_\_\_\_ a bicycle? B: Yes, I \_\_\_\_\_.
- Tom and Carlos \_\_\_\_\_ lots of math homework.
- How many cookies do you \_\_\_\_\_?
- Maria \_\_\_\_\_ a pet cat, but she \_\_\_\_\_ a pet dog.
- \_\_\_\_\_ we \_\_\_\_\_ enough time to eat lunch?
- Steven \_\_\_\_\_ a pen, but I \_\_\_\_\_.
- December \_\_\_\_\_ thirty-one days, but November \_\_\_\_\_.
- Who \_\_\_\_\_ a birthday in October?
- I \_\_\_\_\_ a car, but Stewart \_\_\_\_\_.



# COMICPAGE



www.kabook.com

© Bill Amend / Dad, by Andrews McMeel

MND 8-20

## Jabber Jokes

1. Who helps the little pumpkins cross the road safely?
2. What key won't open any doors?
3. What's the best dance to do on Thanksgiving?
4. What does a one-legged turkey say?
5. April showers bring May flowers. So what do May flowers bring?

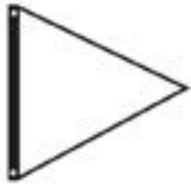


# #BeAirAware

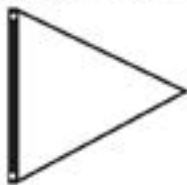
## Learn what air quality flags mean!

Daily AQI Color	Levels of Concern	Values of Index	Description of Air Quality
Green	Good	0 to 50	Air quality is satisfactory, and air pollution poses little or no risk.
Yellow	Moderate	51 to 100	Air quality is acceptable. However, there may be a risk for some people, particularly those who are unusually sensitive to air pollution.
Orange	Unhealthy for Sensitive Groups	101 to 150	Members of sensitive groups may experience health effects. The general public is less likely to be affected.
Red	Unhealthy	151 to 200	Some members of the general public may experience health effects; members of sensitive groups may experience more serious health effects.
Purple	Very Unhealthy	201 to 300	Health alert: The risk of health effects is increased for everyone.
Maroon	Hazardous	301 and higher	Health warning of emergency conditions: everyone is more likely to be affected.

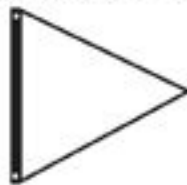
### Color the flags below to match what they mean.



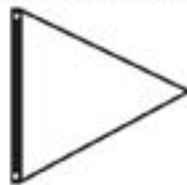
Great day to be outside.



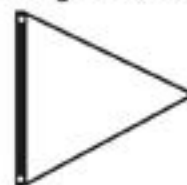
Good day to be outside. Some risk.



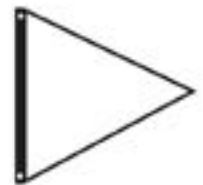
OK to be outside for a short time.



Risky for some groups to be outside.



Recommended to stay inside.



Stay indoors. Air quality is hazardous.

## 5 cool ways to reduce ozone in Shelby County:

**Share the Ride** Carpool, use public transportation, bike, or even walk! It saves money and reduces pollution levels.

**Link the Trips** When driving, do all of your errands in a row instead of returning home in between. It saves money, gas, and reduces pollution.

**Stop at the Click** When refueling the gas tank in your car, do not top off after the click. It harms your car and increases pollution levels!

**Don't Idle Your Car** You can reduce pollution levels by avoiding drive-through lines and shutting your engine off if waiting for more than 30 seconds.

**Mow When the Sun is Low** Gasoline lawn mowers are much dirtier than automobiles. Mow after 6pm to reduce ozone levels in the summer.



**Public Health**  
Prevent. Promote. Protect.  
Shelby County Health Department

Find out more at  
[ShelbyTNHealth.com](http://ShelbyTNHealth.com)  
Air Quality  
Improvement  
Branch



# NOVEMBER HOLIDAYS

Nov 1 | Friday | Author's Day

Nov 2 | Saturday | Deviled Eggs Day

Nov 3 | Sunday | Daylight Saving Time Ends (2am)

Nov 4 | Monday | Common Sense Day

Nov 5 | Tuesday | Election Day

Nov 6 | Wednesday | Zero Tasking Day

Nov 7 | Thursday | Bittersweet Chocolate with Almonds Day

Nov 8 | Friday | Cook Something Bold Day

Nov 9 | Saturday | Chaos Never Dies Day

Nov 10 | Sunday | Vanilla Cupcake Day

Nov 11 | Monday | Origami Day

Nov 12 | Tuesday | Tongue Twister Day

Nov 13 | Wednesday | World Kindness Day

Nov 14 | Thursday | Pickle Day

Nov 15 | Friday | Clean Out Your Refrigerator Day

Nov 16 | Saturday | Fast Food Day

Nov 17 | Sunday | Take A Hike Day

Nov 18 | Monday | Apple Cider Day

Nov 19 | Tuesday | Play Monopoly Day

Nov 20 | Wednesday | National Absurdity Day

Nov 21 | Thursday | World Hello Day

Nov 22 | Friday | Go For a Ride Day

Nov 23 | Saturday | National Cashew Day

Nov 24 | Sunday | National Day of Listening

Nov 25 | Monday | Shopping Reminder Day

Nov 26 | Tuesday | Cake Day

Nov 27 | Wednesday | Pins and Needles Day

Nov 28 | Thursday | Thanksgiving

Nov 29 | Friday | Electronic Greeting Card Day

Nov 30 | Saturday | Computer Security Day



# Jabberblabber **FIND IT**™

See if you can find the **10** differences in the two photos.



# GRANDPARENTS PAGE

**Celebrating our senior adults in the prime of their lives!**



## Grandparents of the Month – Paul & Pat Nave

Paul and Pat moved to Kirby Pines from Marion, Arkansas, about a year ago. Married for almost 60 years, the Naves have two children, six grandchildren and three great grands.

Paul went to The University of Memphis and Iowa State University earning his B.S. Degree in Organic Chemistry. He was a professor of chemistry at Arkansas State and at retirement he was chairman of the department. Pat earned a B.A. in history and an MS degree in accounting after going to The University of Memphis and Arkansas State University. After being a “stay at home mom”, Pat worked as a C.P.A. in various positions at Fed EX.

Together Paul and Pat enjoy music, genealogy, traveling and Bible study. They also like doing crossword puzzles and history.

The Nave’s travels include U.S.A., Europe, Asia, Canada, Africa, Russia, Mexico, and many, many other destinations.

Christmas is the Nave’s favorite holiday. Pat even has a Dickens Village and a Fontanini Nativity to display in their home.

Congratulations Paul & Pat, for being Jabberblabber’s Grandparents of the Month!

## GRANDPARENTS WORD SEARCH PUZZLE

### HEALTHY FOODS

Find the words hidden in the grid of letters.



B T D U A W B J T O W E Y O V R P  
 R A P P L E S S D D R G U C R P T  
 O B E L L P E P P E R A Z M S R J  
 C B P U U N W Z L U B G N E U X Z  
 C Y M V I X Z A N N F X I G N M U  
 O A E L E Q E M H O R R O M E E C  
 L L Y Q R G D A E X R Y U X I S C  
 I M R O W S E L S E L H H I Y Q H  
 T O M A T O P T B L U T Y N T Q I  
 Q N D C X P L J A A I M O X S P N  
 R D Z E A A E H T B Q M O R S E I  
 D S E E E R S A A B L Y J W P A O  
 C G N M F A R M C A E E J O I R K  
 M I T M U Q B O S H E A S Q N S Y  
 P A C Q I B E E T S E G N E A Q W  
 O Z S B M L H Q G S I S G S C G F  
 G R A I N S K J L F Z O V S H W T

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**Kirby Pines**

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*LifeStyle and LifeCare*

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ALMONDS  
 APPLES  
 BEANS  
 BEETS  
 BELL PEPPER  
 BERRIES

BROCCOLI  
 CARROTS  
 EGGS  
 FRUIT  
 GRAINS  
 MILK

OATMEAL  
 ORANGES  
 PEACHES  
 PEARS  
 PINEAPPLE  
 SALMON

SPINACH  
 SQUASH  
 TOMATO  
 VEGETABLES  
 YOGURT  
 ZUCCHINI

# VEGGIE CROSSWORD

See if you can fill in the puzzle below using the pictures of each vegetable as a guide.

The crossword puzzle consists of the following grid structure:

- 1 Across: 7 cells
- 2 Across: 7 cells
- 3 Across: 7 cells
- 4 Across: 7 cells
- 5 Across: 5 cells
- 6 Across: 4 cells
- 7 Down: 4 cells
- 8 Down: 4 cells
- 9 Down: 4 cells
- 10 Down: 4 cells
- 11 Down: 3 cells

# Jabber GENIUS

## COLLEGE LEVEL PUZZLES

THESE ARE TOUGH! TRY THEM IF YOU DARE!

Answers on page 35

WHAT LETTER BELONGS IN  
THE BLANK BELOW?

—	T	T	F	F
S	S	E	N	T
E	T	T	F	F
S	S	E	N	T

# GOTCHA!

1. Are there more inches in a mile or Sundays in a thousand years?
2. How many seconds are there in a year?
3. You have a barrel, filled to the top with water, which weighs 150 pounds. What can you add to the barrel in order to make it lighter?
4. My neighbor recently moved in down the road and has five children. Half of the children are girls. How can this be?

# ALPHABET SOUP

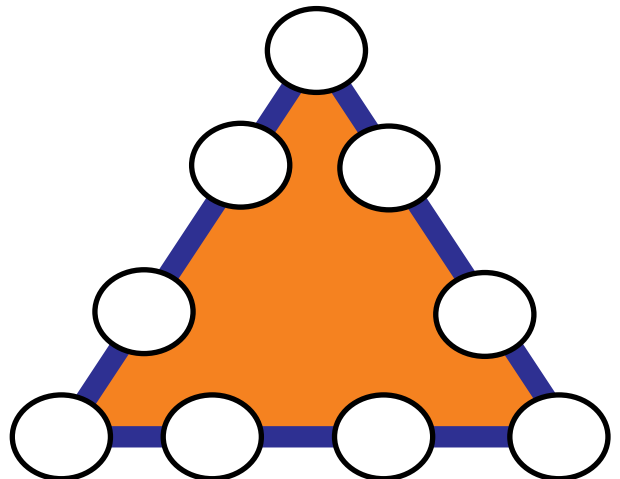
Why are some letters above the line  
& some letters below the line?

**A E F H I K L M N T V W Y Z**

**B C D G J O P Q R S U**

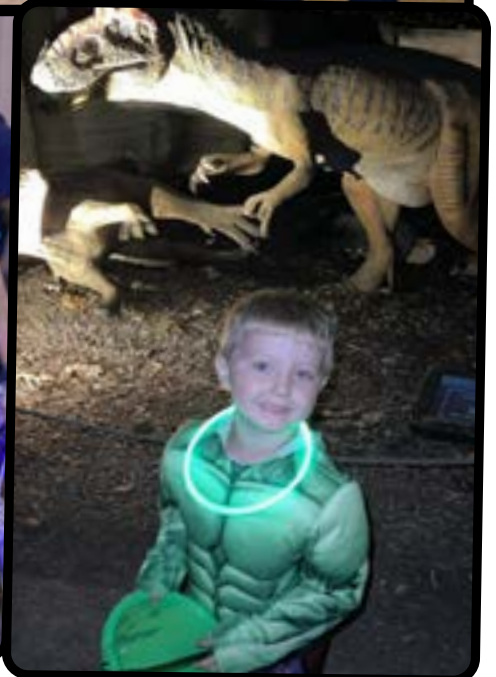
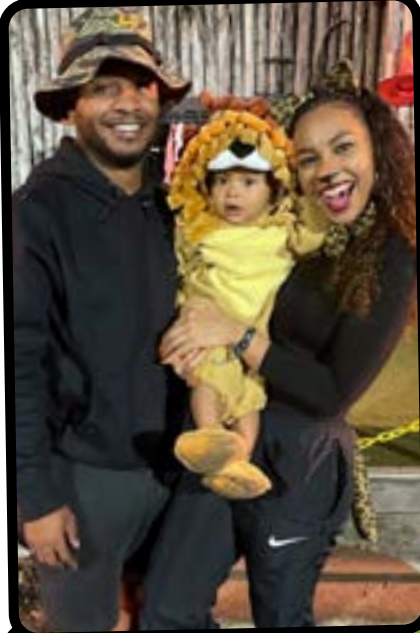
## Number Bubbles

Put numbers 1,2,3,4,5,6,7,8,9 in the  
bubbles so that each edge  
adds up to equal the same number?



# Jabberblabber<sup>®</sup> SPOTTEDU<sup>™</sup>

on  
Facebook





# UCOLORIT CONTEST

## OCTOBER WINNER

**1st Place**  
**Charlotte LeBlond**  
**age 7**  
**Memphis, TN**



## RUNNERS UP



Eleanor Dill - age 7  
Memphis, TN



Christine Kirk - age 9  
Ramer, TN



Greer - age 7  
Memphis, TN



Melina Carroll - age 8  
Selmer, TN



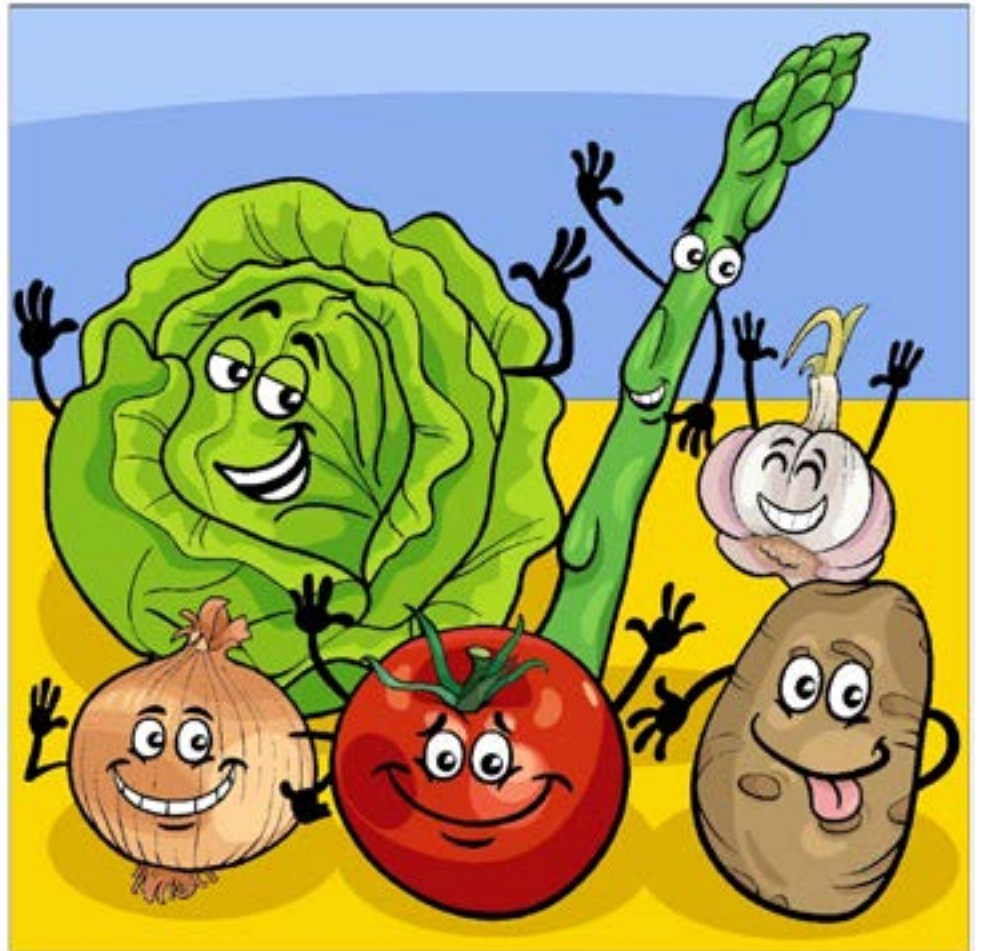
Elizabeth - age 7  
Memphis, TN



Gracie Chessor - age 8  
Guys, TN

# FINISH

See if you can find the 10 differences in the two cartoons below!



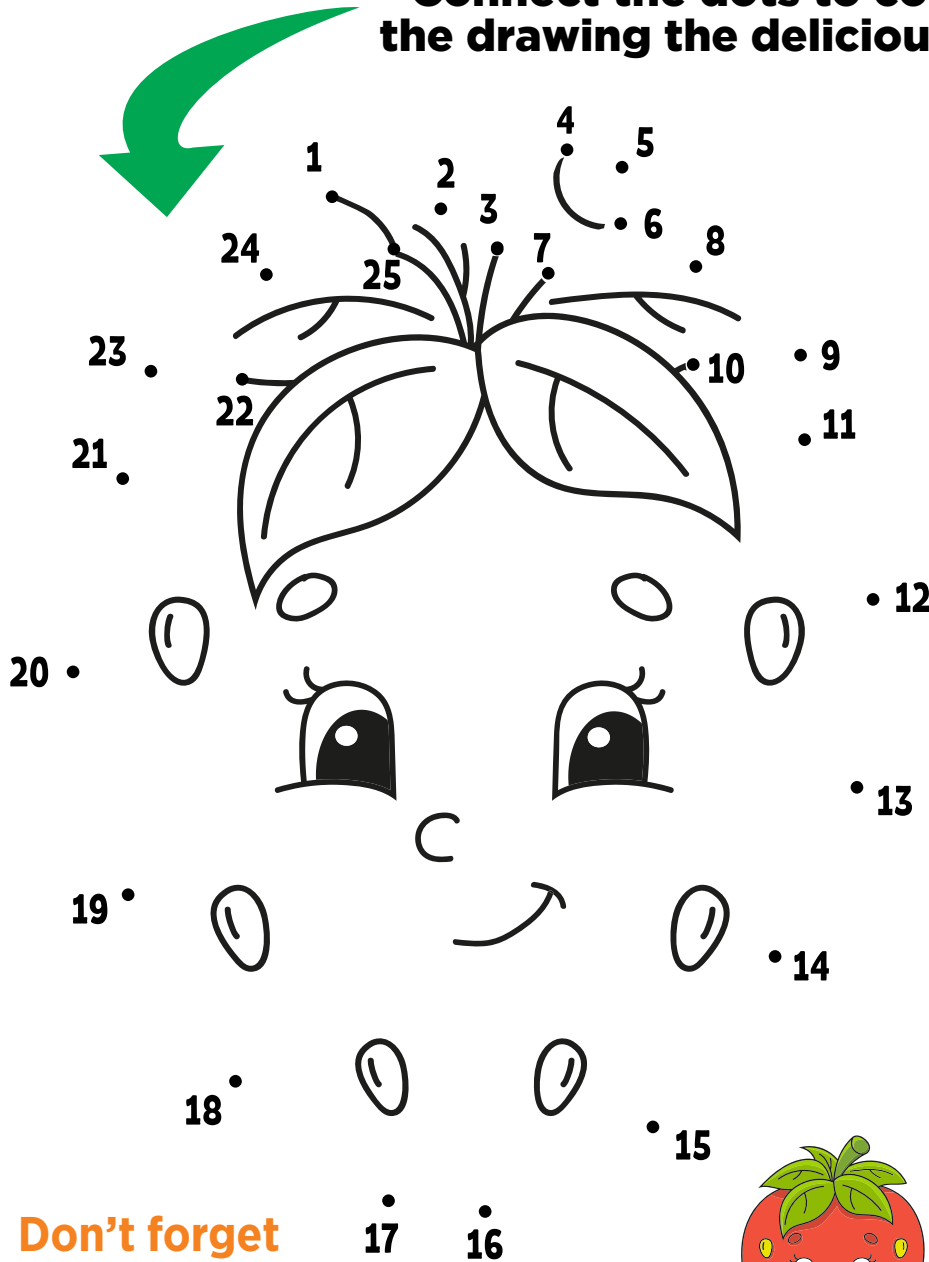
Everyone's an artist!  
You can do it!

# Jabberblabber™ QUICK DRAW



with Quick Draw Drew

Connect the dots to complete the drawing the delicious **FRUIT!**



## Did you know?

Strawberries are grown in every state in the US, but California leads the pack—10 million baskets of strawberries are shipped daily during harvest time.

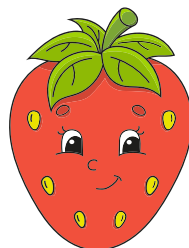
Each berry has over 200 seeds on its surface.

Strawberries are the first fruit to ripen in spring.

Strawberries are members of the rose family. Its botanical name is *Fragaria*, which means, “fragrance.”

Ancient records reveal that the strawberry was grown in Rome dating back to 200 BC. They used the berries to treat depression, fever, and sore throats.

94% of households in the US eat strawberries.



Don't forget to color your masterpiece.

# Keep your kids safe this holiday season.



Over 31,000 Shelby County adults have taken our Stewards of Children sexual abuse prevention and response training. When you get trained, you join a network of adults empowered to keep kids safe.

Reach out to [prevention@MemphisCAC.org](mailto:prevention@MemphisCAC.org) or 901.888.4363 to schedule training for you or your organization. Visit [MemphisCAC.org](http://MemphisCAC.org) to learn more.

### Upcoming FREE Sessions:

Saturday, November 16, 9:00 am - 11:30 am

Wednesday, December 4, 12:00 pm - 2:30 pm

An advertisement for Otherlands Coffee Bar. On the left is a stylized logo with a coffee cup containing a globe and the text "Otherlands COFFEE BAR" and "641 South Cooper Ave 278-4994". On the right is a list of reasons to visit, a jester juggling a globe, and cafe hours. The text "OTHERLANDS" is arched over the jester.

we've got it, you need it!

Here are just a few of the reasons you should drop by:

- best coffee in the world
- muffins, scones, banana bread
- bring your own mug discount
- full service espresso bar
- free wifi
- no tvs!
- cards for all occasions
- secret gift shop

cafe hours:  
monday - tuesday  
7am-3pm

wednesday - sunday  
7am-7pm

gift shop hours:  
call  
901.278.4994

unique gifts & accessories

Locally owned and operated since 1994



NOVEMBER 8 - DECEMBER 22

THE CIRCUIT PLAYHOUSE

NOVEMBER 15 - DECEMBER 22

PLAYHOUSE ON THE SQUARE



Thansgiving  
Pie

Turkey  
Fall

Santa Merry Rudolph  
Christmas Presents



# MATH MAZES

Find your way from top to bottom by following the path of correct answers.  
You can only exit a cell if the number matches the answer to the problem.

**START** **LEVEL 1**

$\begin{array}{r} 4 \\ -2 \\ \hline 2 \end{array}$	$\begin{array}{r} 8 \\ -6 \\ \hline 2 \end{array}$	$\begin{array}{r} 3 \\ -1 \\ \hline 2 \end{array}$	$\begin{array}{r} 8 \\ +3 \\ \hline 11 \end{array}$	$\begin{array}{r} 6 \\ +1 \\ \hline 7 \end{array}$
4	3	2	4	5
6	1	12	2	10
$\begin{array}{r} 5 \\ +1 \\ \hline 6 \end{array}$	$\begin{array}{r} 8 \\ -7 \\ \hline 1 \end{array}$	$\begin{array}{r} 6 \\ +4 \\ \hline 10 \end{array}$	$\begin{array}{r} 4 \\ -2 \\ \hline 2 \end{array}$	$\begin{array}{r} 8 \\ +3 \\ \hline 11 \end{array}$
4	3	2	11	4
6	1	10	4	11
6	2	1	14	4
$\begin{array}{r} 13 \\ -7 \\ \hline 6 \end{array}$	$\begin{array}{r} 7 \\ -5 \\ \hline 2 \end{array}$	$\begin{array}{r} 2 \\ -1 \\ \hline 1 \end{array}$	$\begin{array}{r} 7 \\ +4 \\ \hline 11 \end{array}$	$\begin{array}{r} 5 \\ +1 \\ \hline 6 \end{array}$
9	5	4	2	1
6	2	4	11	6
7	9	2	1	5
$\begin{array}{r} 6 \\ +1 \\ \hline 7 \end{array}$	$\begin{array}{r} 5 \\ +4 \\ \hline 9 \end{array}$	$\begin{array}{r} 6 \\ -3 \\ \hline 3 \end{array}$	$\begin{array}{r} 6 \\ -5 \\ \hline 1 \end{array}$	$\begin{array}{r} 8 \\ -5 \\ \hline 3 \end{array}$
7	9	3	6	5
7	6	6	1	3
6	13	12	8	8
$\begin{array}{r} 3 \\ +3 \\ \hline 6 \end{array}$	$\begin{array}{r} 6 \\ +5 \\ \hline 11 \end{array}$	$\begin{array}{r} 7 \\ +3 \\ \hline 10 \end{array}$	$\begin{array}{r} 7 \\ +1 \\ \hline 8 \end{array}$	$\begin{array}{r} 5 \\ +3 \\ \hline 8 \end{array}$
6	11	9	13	3
5	14	8	10	8

**LEVEL 2** **START**

$\begin{array}{r} 14 \\ +7 \\ \hline 21 \end{array}$	$\begin{array}{r} 15 \\ \times 15 \\ \hline 225 \end{array}$	$\begin{array}{r} 22 \\ -14 \\ \hline 8 \end{array}$	$\begin{array}{r} 6 \\ \times 3 \\ \hline 18 \end{array}$	$\begin{array}{r} 37 \\ -15 \\ \hline 22 \end{array}$
2	225	8	18	22
4	210	8	15	22
43	12	22	154	16
$\begin{array}{r} 21 \\ +21 \\ \hline 42 \end{array}$	$\begin{array}{r} 70 \\ +7 \\ \hline 77 \end{array}$	$\begin{array}{r} 20 \\ +4 \\ \hline 24 \end{array}$	$\begin{array}{r} 14 \\ \times 12 \\ \hline 168 \end{array}$	$\begin{array}{r} 4 \\ \times 4 \\ \hline 16 \end{array}$
40	10	13	24	4
42	8	26	170	20
33	23	8	41	105
$\begin{array}{r} 20 \\ +11 \\ \hline 31 \end{array}$	$\begin{array}{r} 12 \\ +9 \\ \hline 21 \end{array}$	$\begin{array}{r} 63 \\ -9 \\ \hline 54 \end{array}$	$\begin{array}{r} 4 \\ \times 9 \\ \hline 36 \end{array}$	$\begin{array}{r} 14 \\ \times 7 \\ \hline 98 \end{array}$
31	19	21	5	7
32	22	4	45	98
2	9	128	8	12
$\begin{array}{r} 10 \\ +2 \\ \hline 12 \end{array}$	$\begin{array}{r} 56 \\ +7 \\ \hline 63 \end{array}$	$\begin{array}{r} 15 \\ \times 8 \\ \hline 120 \end{array}$	$\begin{array}{r} 22 \\ -12 \\ \hline 10 \end{array}$	$\begin{array}{r} 7 \\ \times 2 \\ \hline 14 \end{array}$
4	8	6	120	10
5	10	127	12	14
60	225	5	49	144
$\begin{array}{r} 12 \\ \times 6 \\ \hline 72 \end{array}$	$\begin{array}{r} 15 \\ \times 14 \\ \hline 210 \end{array}$	$\begin{array}{r} 14 \\ -12 \\ \hline 2 \end{array}$	$\begin{array}{r} 7 \\ \times 7 \\ \hline 49 \end{array}$	$\begin{array}{r} 14 \\ \times 10 \\ \hline 140 \end{array}$
72	210	2	52	140
66	210	4	56	130

Answers on page 33

# WORD OF THE MONTH

## appreciation

noun

ap·pre·ci·a·tion

: a feeling or expression of admiration, approval, or gratitude

*"Samantha is expressing appreciation to her teacher for helping her with math."*

Use "appreciation" in your own sentence:

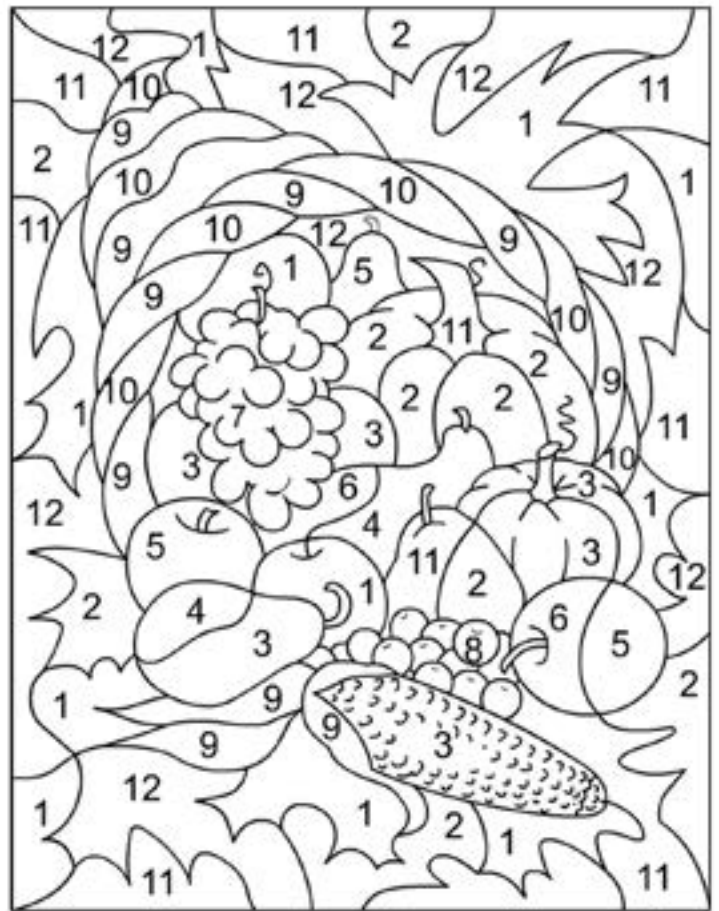


# Cornucopia

## Color by Number

Color the cornucopia to the right by using the colors indicated by the numbers below.

- |               |                |
|---------------|----------------|
| 1-Red         | 7-Light Purple |
| 2-Orange      | 8-Dark Purple  |
| 3-Gold        | 9-Peach        |
| 4-Yellow      | 10-Rose        |
| 5-Light Green | 11-Red-Orange  |
| 6-Dark Green  | 12-Brick Red   |



## DID YOU KNOW?

THAT KOI FISH CAN LIVE FOR A LONG TIME? THEY HAVE AN AVERAGE LIFESPAN OF 20 TO 30 YEARS, BUT SOME HAVE BEEN KNOWN TO LIVE FOR OVER 100 YEARS!



[www.midsouthponds.com](http://www.midsouthponds.com)  
901-454-3423





# MATH MAZES

## ANSWERS

**START** **LEVEL 1**

$\begin{array}{r} 4 \\ -2 \\ \hline 2 \end{array}$	4 3	$\begin{array}{r} 8 \\ -6 \\ \hline 2 \end{array}$	$\begin{array}{r} 3 \\ -1 \\ \hline 2 \end{array}$	$\begin{array}{r} 8 \\ +3 \\ \hline 11 \end{array}$	$\begin{array}{r} 6 \\ +1 \\ \hline 7 \end{array}$
2		5	5	12	7
6		1	12	2	10
$\begin{array}{r} 5 \\ +1 \\ \hline 6 \end{array}$	4 3	$\begin{array}{r} 8 \\ -7 \\ \hline 1 \end{array}$	$\begin{array}{r} 6 \\ +4 \\ \hline 10 \end{array}$	$\begin{array}{r} 4 \\ -2 \\ \hline 2 \end{array}$	$\begin{array}{r} 8 \\ +3 \\ \hline 11 \end{array}$
6		1	10	4	11
6		2	1	14	
$\begin{array}{r} 13 \\ -7 \\ \hline 6 \end{array}$	9 5	$\begin{array}{r} 7 \\ -5 \\ \hline 2 \end{array}$	$\begin{array}{r} 2 \\ -1 \\ \hline 1 \end{array}$	$\begin{array}{r} 7 \\ +4 \\ \hline 11 \end{array}$	$\begin{array}{r} 5 \\ +1 \\ \hline 6 \end{array}$
6		2	4	11	6
7		9	2	1	
$\begin{array}{r} 6 \\ +1 \\ \hline 7 \end{array}$	7 9	$\begin{array}{r} 5 \\ +4 \\ \hline 9 \end{array}$	$\begin{array}{r} 6 \\ -3 \\ \hline 3 \end{array}$	$\begin{array}{r} 6 \\ -5 \\ \hline 1 \end{array}$	$\begin{array}{r} 8 \\ -5 \\ \hline 3 \end{array}$
7		6	6	1	3
6		13	12	8	
$\begin{array}{r} 3 \\ +3 \\ \hline 6 \end{array}$	6 11	$\begin{array}{r} 6 \\ +5 \\ \hline 11 \end{array}$	$\begin{array}{r} 7 \\ +3 \\ \hline 10 \end{array}$	$\begin{array}{r} 7 \\ +1 \\ \hline 8 \end{array}$	$\begin{array}{r} 5 \\ +3 \\ \hline 8 \end{array}$
5		14	8	10	8

**LEVEL 2** **START**

$\begin{array}{r} 14 \\ +7 \\ \hline 21 \end{array}$	2 225	$\begin{array}{r} 15 \\ \times 15 \\ \hline 225 \end{array}$	$\begin{array}{r} 22 \\ -14 \\ \hline 8 \end{array}$	$\begin{array}{r} 6 \\ \times 3 \\ \hline 18 \end{array}$	$\begin{array}{r} 37 \\ -15 \\ \hline 22 \end{array}$
4		210	8	15	22
43		12	22	154	16
$\begin{array}{r} 21 \\ +21 \\ \hline 42 \end{array}$	40 18	$\begin{array}{r} 70 \\ -7 \\ \hline 63 \end{array}$	$\begin{array}{r} 20 \\ +4 \\ \hline 24 \end{array}$	$\begin{array}{r} 14 \\ \times 12 \\ \hline 168 \end{array}$	$\begin{array}{r} 4 \\ \times 4 \\ \hline 16 \end{array}$
42		8	26	170	20
38		23	6	41	105
$\begin{array}{r} 20 \\ +11 \\ \hline 31 \end{array}$	31 19	$\begin{array}{r} 12 \\ +9 \\ \hline 21 \end{array}$	$\begin{array}{r} 63 \\ -9 \\ \hline 54 \end{array}$	$\begin{array}{r} 4 \\ \times 9 \\ \hline 36 \end{array}$	$\begin{array}{r} 14 \\ \times 7 \\ \hline 98 \end{array}$
31		22	4	45	98
2		9	128	8	32
$\begin{array}{r} 10 \\ +2 \\ \hline 12 \end{array}$	4 8	$\begin{array}{r} 56 \\ -7 \\ \hline 49 \end{array}$	$\begin{array}{r} 15 \\ -8 \\ \hline 7 \end{array}$	$\begin{array}{r} 22 \\ -12 \\ \hline 10 \end{array}$	$\begin{array}{r} 7 \\ \times 2 \\ \hline 14 \end{array}$
12		10	120	12	14
5		10	127	49	144
60		225	5	56	144
$\begin{array}{r} 12 \\ \times 6 \\ \hline 72 \end{array}$	72 240	$\begin{array}{r} 15 \\ \times 14 \\ \hline 210 \end{array}$	$\begin{array}{r} 14 \\ -12 \\ \hline 2 \end{array}$	$\begin{array}{r} 7 \\ \times 7 \\ \hline 49 \end{array}$	$\begin{array}{r} 14 \\ \times 10 \\ \hline 140 \end{array}$
72		210	4	56	130

I	have	
You	have	
He	has	a pen.
She	has	
It	has	
We	have	
They	have	

I	don't		
You	don't		
He	doesn't	have	a pen.
She	doesn't		
It	doesn't		
We	don't		
They	don't		

Do	I		
Do	you		
Does	he	have	a pen?
Does	she		
Does	it		
Do	we		
Do	they		

Yes,	No,
I do.	I don't.
you do.	you don't.
he does.	he doesn't.
she does.	she doesn't.
it does.	it doesn't.
we do.	we don't.
they do.	they don't.



● Fill in the blanks below to complete the sentences. Use the words in the above boxes.

- I'm very busy today. I have lots of work to do.
- A: does your classmate have a car? B: No, he doesn't.
- My sister has a new job in an office.
- Can I borrow your pen? I don't have a pen.
- Why do you have an umbrella?
- They are very busy today. They have many things to do.
- A: Do you have a bicycle? B: Yes, I do.
- Tom and Carlos have lots of math homework.
- How many cookies do you have?
- Maria has a pet cat, but she doesn't have a pet dog.
- Do we have enough time to eat lunch?
- Steven has a pen, but I don't.
- December has thirty-one days, but November doesn't.
- Who has a birthday in October?
- I don't have a car, but Stewart does.

# Jabber GENIUS

## ANSWERS

**WHAT LETTER BELONGS IN THE BLANK BELOW?**

0. The letters represent the first letters in the numbers one through twenty.

# GOTCHA!

1. Inches in a mile: there are 63,360 inches in a mile and about 52,000 Sundays in a thousand years.
2. Twelve. The second of January, the second of February, etc.
3. Holes!
4. All the children are girls.

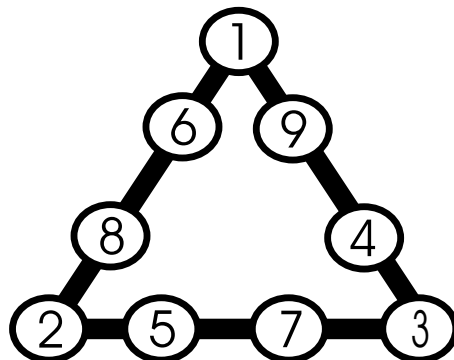
# ALPHABET SOUP

Letters made with straight lines are above the line & letters made with curved lines are below the line!

## Number Bubbles

Put numbers 1,2,3,4,5,6,7,8,9 in the bubbles so that each edge adds up to equal the same number?

All sides = 17



# FINISH

See if you can find the 10 differences in the two cartoons below!

## ANSWERS

