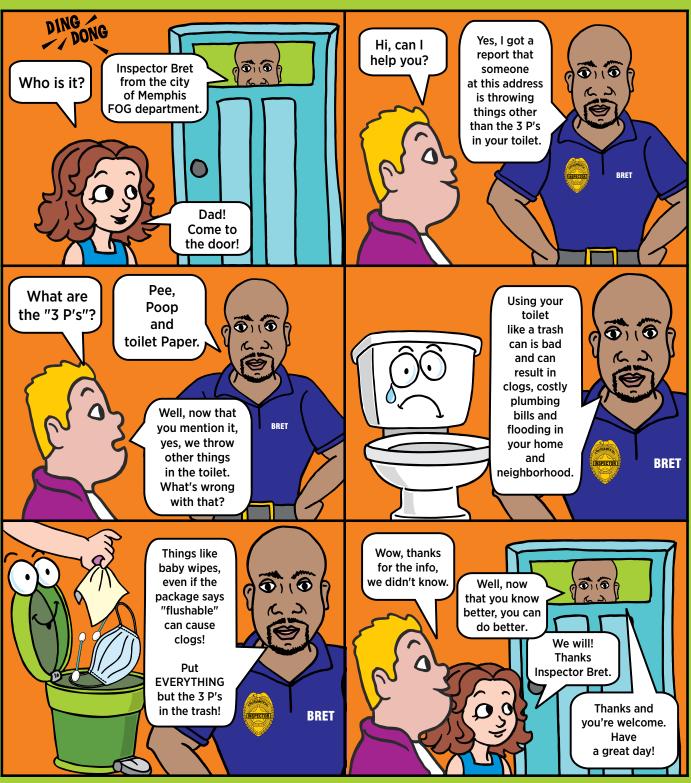


# **THE ADVENTURES OF INSPECTOR BRET!**



S When in doubt, trash it!

Environmental Division 901.636.8118

### HAPPY FEBRUARY TO ALL OF MY LOYAL READERS!

WHAT IS LOVE? Since there are so many opinions on this subject, I decided to look it up; the dictionary shows it as a noun and a verb;

#### Love /ləv/

#### noun

1. an intense feeling of deep affection: "babies fill parents with feelings of love"

2. a great interest and pleasure in something: "his love for football" **verb** 

- 1. feel deep affection for (someone): "he loved his sister dearly"
- 2. like or enjoy very much: "I just love dancing"

I have great LOVE for my moms, grandparents, aunts, cousins, friends, neighbors, pets and YOU! I also LOVE to swim, bike, skateboard and play basketball. Who and what do you LOVE? Please write and tell us! Our team LOVES to hear from you! Email me at: jabberblabberlovesu@gmail.com

I also LOVE all of our generous sponsors who share our mission of HELPING CHILDREN LIVE HEALTHY & HAPPY. They help make this E-Zine possible for FREE for over 52K parents and teachers in the MidSouth. Please remember them the next time your family needs their services.

Remember, you can print out any page of this E-Zine onto  $8.5 \times 11$  paper and enjoy the educational activities at home and in your classroom.

BE GREEN LIKE ME and block the draft at the bottom of your outside doors and windows with rolled up towels or blankets; this helps keep the temperature warmer inside, using less heat and saving on your utility bill.

Peace and LOVE always, Jabberblabber

> Jabberblabber LOVES cherry pie! There's a cherry pie hidden somewhere in this E-zine.

See if you can help him find it.





Creators / Editors, Theresa Andreuccetti, and Nikki Schroeder with Meme and Jabberblabber.

## Helping Children Live Healthy & Happy!

Jabberblabber is published monthly by Jabberblabber, Inc. 415 South Front, # 114 • Memphis, TN 38103 • 901.278.5002 www.jabberblabber.com • jabberblabberlovesu@gmail.com Facebook: Jabberblabber Family Magazine instagram: @jabberblabberfamilymagazine

Editor: Theresa Andreuccetti Art Director: Nikki Schroeder Sponsorship Sales: Theresa Andreuccetti and Samantha Dunn Jabberblabber Contributing Artists: Karen Masel, Bev Hart and Beverly Holmgren



"Be My Pen Pal" (see page 5), is a popular and regular feature in Jabberblabber E-Zine. Children from all over the Mid-South write letters to Jabberblabber, and he writes EVERYONE back! This fun exercise helps children with letter writing, handwriting and communication skills and gives them an opportunity to send and receive mail through the United States Postal Service (USPS).

#### Dear Jabberblabber,

So far, the best day of school has been...the day we got out for Christmas break.

One thing I would like to do again is...go to a slumber party. My goals for this year are...to be nicer and not look at my phone or tablet when people are talking to me.

My question for you is...Do you have a BFF? Sincerely,

Jessi Montgomery, age 11, Cordova, TN

Dear Jabberblabber,

So far, the best day of school has been...my birthday. One thing I would like to do again is...go to Disney World. My goals for this year are...make good grades. My question for you is...what kind of animal are you? Sincerely, Victor Woods, age 9, Mamphie TN

Victor Woods, age 9, Memphis TN

Dear Jabberblabber,

So far, the best day of school has been...when we went to Pink Palace. One thing I would like to do again is...dance on a stage. My goals for this year are...to get better at ballet. My question for you is...do you have stage fright? Sincerely, Emily Franks, age 11, Germantown, TN

Dear Jabberblabber,

So far, the best day of school has been...snow days! One thing I would like to do again is...go sledding on a big hill. My goals for this year are...to keep my room clean and walk and feed my dog every day. My question for you is...do you have pets? Sincerely, Darryl Jenkins, age 9, Memphis TN



Print out the next page, write to me and join my "GREEN LIKE ME"club. I'll write back and send you a sticker & club card with your name on it!

GREEN

**BE MY** 

As a club member. you pledge to practice the "10 ways to be green like me" (below)!

### 10 WAYS YOU CAN BE GREEN LIKE ME?

LIKE

- 1. Turn it up or down 2 degrees! Turn your heat down 2 degrees in the winter & your air conditioner up 2 degrees in the summer.
- 2. Turn it off! When you're the last one to leave the room, ALWAYS turn off the lights!
- **3. Unplug It!** Reduce your home energy bill 10% by unplugging your cell phone charger, TV, stereo, and computer when you're not using them.
- 4. Say NO to plastic bags! Bring your own bag when you go shopping. Plastic is bad for land & animals!
- 5. Shop Locally! Support local farmers & local businesses who produce here at home.
- 6. Don't Idle! If you are going to be parked more than 10 seconds, turn it off! Idling cars produce 25% of all Co2 (carbon dioxide) emissions.
- 7. Recycle! Cans, bottles, cardboard and plastic. Donate unwanted clothes, toys & furniture.
- 8. Reuse! Get a washable, reusable and refillable water bottle.
- 9. Conserve Water! Turn off the faucet while brushing your teeth and take a short shower rather than a bath.

10. Can it! Trash on the ground is unsightly & can end up in our rivers and oceans. Always throw trash in the trash can. Be kind and pick up others' trash.

## What you need:

- The template on the next page or a piece of paper.
- 2 envelopes 2 stamps pen or pencil

## Step 1:

Answer the questions in the template or write me a letter. Then fold it and place it in one of the envelopes.

## Step 2:

Address this envelope to me: Jabberblabber 415 S. Front St #114 Memphis Tn 38103 Place a stamp in the top right corner of the envelope.

your name your address city, state and zip code



Step 3: Address the other envelope to yourself: Your name your address your zip code. Place a stamp in the top right corner. Fold and place in the other envelope with

your letter.

Jabberblabber Magazine 415 South Front #114 Memphis, TN 38103

your name your address city, state and zip code

Jabberblabber Magazine 415 South Front #114 Memphis, TN 38103

## Step 4:

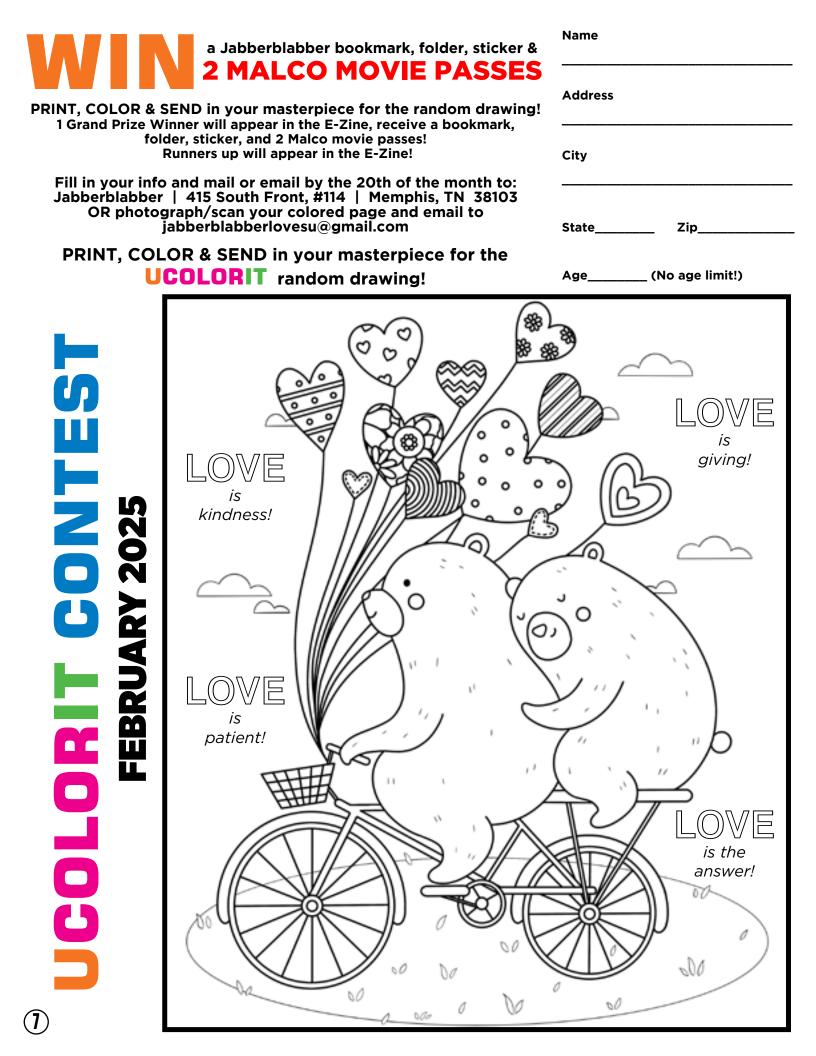
5

MAIL IT! Place in 'OUTGOING MAIL" box at your home or various locations of the United States Post Office (USPS).

You will receive a reply and a **BE GREEN LIKE ME bumper sticker** in the mail in the next few weeks.

All letters submitted are eligible for copy/reprint in a future issue of Jabberblabber Family E-Zine.

	Dear Jabberblabber, Hove it when my friends
	llove it when the weather is
	1 love it when 1
	l love to
	l love
	My question for you is
	Sincerely,
	your name: your address: city, state and zip code:
6	I pledge to practice the "10 ways to be GREEN"



# Dentel onz

Test your knowledge of dentistry & your dental health!

#### 1. When should you floss?

- a. Before you brush your teeth
- b. After you brush your teeth
- c. Before or after—as long as you floss at least once a day
- d. After you play soccer

## 2. Which beverages are acidic & can cause tooth decay?

- a. Fruit punch
- b. Water with lemon
- c. Diet soda
- d. Coffee
- e. All of the above

#### 3. When should children first see the dentist?

- a. Within 6 months of their first tooth coming in
- b. Once they have at least two teeth
- c. Once all of their teeth have come in
- d. Once they're old enough to talk to the dentist

#### 4. What does fluoride do?

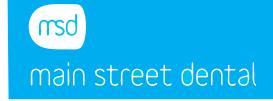
- a. It helps keep plaque from sticking to teeth.
- b. It helps rebuild dental enamel & reverse early tooth decay.
- c. It kills bacteria in your mouth using tiny swords.
- d. It helps keep teeth white by removing surface stains.
- 5. In addition to poor dental hygiene, which of these are risk factors for gum disease?
- a. Genetic susceptibility
- b. Diabetes
- c. Smoking
- d. Playing too many video games
- e. a, b and c
- 6. True or False: A hard bristle toothbrush is better at cleaning teeth than a soft bristle toothbrush.
- a. True
- b. False



## DID YOU KNOW:

People often assume bones are the hardest substance in the body. The correct answer is actually tooth enamel. Teeth have a distinctive look because they are covered by enamel. Enamel is comprised mostly of hydroxyapatite. It also contains magnesium, sodium, fluoride, and carbonate. Tooth enamel's job is to provide a protective shell around each tooth.

sponsored by our favorite GREEN dentist



99 S. Main Street 901.527.0716 www.msdmemphis.com



# The Hottest attraction in town!

118 Adams Avenue Memphis, TN 38103 901-636-5650 www.firemuseum.com

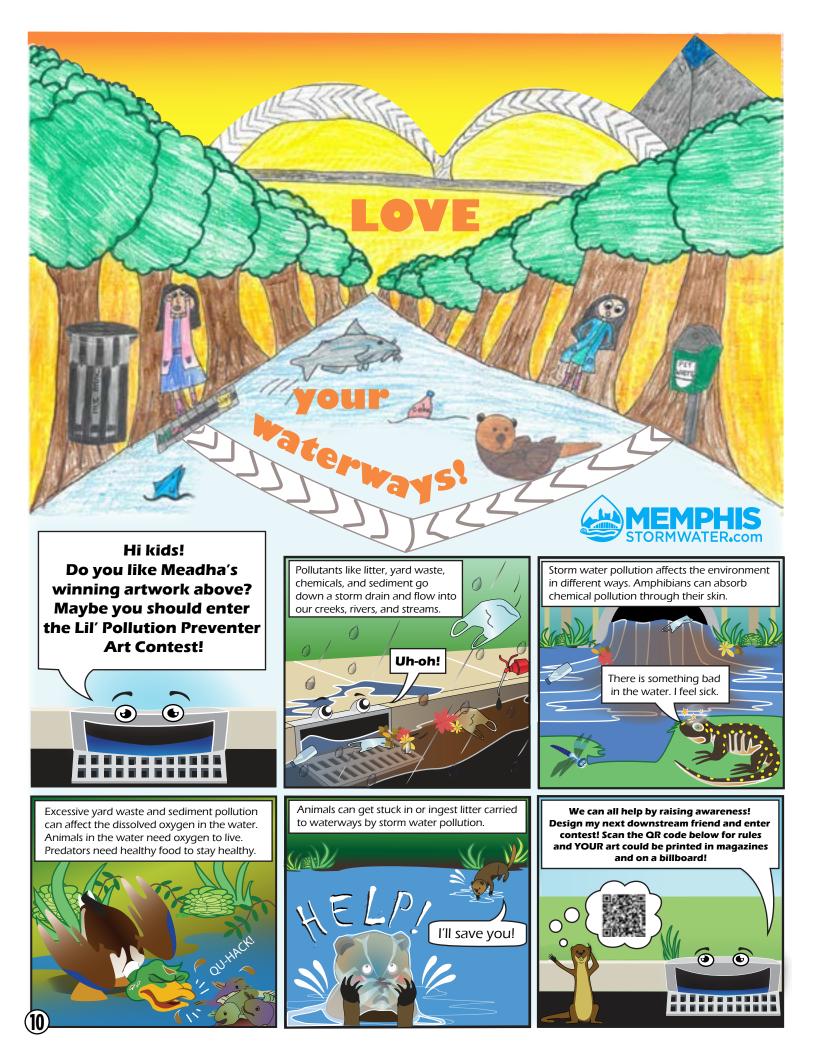
Mon - Sat 9am - 4:30pm

See if you can find the

**b** differences in the firefighter pictures to the right!









HI **KId**5!

I'M Cash the bank! Parents and Grandparents, a SAVINGS ACCOUNT is a great way for children to learn about the value of money and how they can fulfill their future dreams by starting at a young age.

Help Tommy save money by guiding him through the maze to the quarter.

**{**%

START

Visit banktennessee.com for more information about saving money, bank accounts and more!



 COLLIERVILLE 1125 W. Poplar • 854-0854 & 100 E. Mulberry on the Square • 854-7854

 GERMANTOWN 2915 Forest Hill Irene • 755-8815
 EAST MEMPHIS 5540 Poplar • 767-8170

 DOWNTOWN MEMPHIS 30 N. Second • 316-2186
 MUNFORD 26 Munford • 837-2586

 RIPLEY 312 Cleveland • 731-635-1234
 Image: Constraint of the second result of the second resecond res

# ON'O ENTS PAGES

## **10 Hands-On Activities to Teach Children about Love**

by Chelsea Lee Smith

Love is a wonderful character trait to begin learning about if you are starting the journey of building character education into your family's rhythm. Because kids have been hearing "I love you" for so long, they can begin to understand the feeling and the actions that go along with this character trait quite easily. This knowledge can then be applied to other character traits, such as patience or responsibility. Here are 10 easy activities to teach children about love:

#### 1. Share the ways you like to feel love.

Find out how your child likes to feel loved by asking "How do you know when someone loves you?" Think about your own answers to this question also. Take turns sharing how each of you likes to be loved such as hugging, having someone's help, or enjoying a game together.

#### 2. Show your love for the earth.

When we care about the environment, we care for it as best we can. Collect trash on the street, gather up recyclable items in your home, or do some gardening outside. Explain how actions must go along with our verbal expressions of love. By showing loving actions and not just saying

the words "I love you," we are actually embodying the virtue. We can show love to everyone and everything around us by looking out for what each person or thing needs to be happy and healthy.

#### 3. Make a list of people we love and people who love you.

Make a list or create a photo album of family members and friends. Discuss the idea of love being limitless - no matter how many people we love, there is always more love in our hearts. Love is endless to receive and endless to give.

#### 4. Make a big "Love Heart."

Explain to your child how a heart is often used as a representation of love because, like love supplies energy to people, the heart supplies blood to the body. This blood (love) allows us to live happily. Use masking tape or stones to make the outline of a heart on the ground. Have your child come up with ways to use the heart such as making it a race track, a collection area for stuffed animals or other favorite objects they love, or a place to sit in while they sing songs.

#### 5. Create a "Love Dance."

Love feels so good that we often smile, laugh, sing and dance when we are with those we love. Choose a song your child likes and make up actions or dance moves you can do together. Being joyful helps us show and accept love.

#### 6. Talk about people you have met and the loving qualities they showed.



Ask your child to remember a time when they met someone new and what they noticed about this person. Talk about if they felt comfortable and how they became friends. Talk about how someone may look different than us - such as being a different age, speaking a different language, or having a disability – but we love every person because each of us is special.

#### 7. Talk about unconditional love.

When we feel true love, we love each other no matter what - both in good times and in hard times. Ask your child to think about some difficult situations you have faced, such as missing a friend or not getting something they wanted. We should love ourselves and each other whether we are happy or sad, and be patient and forgiving even when someone makes a mistake. This is called unconditional love because we love each other under all conditions.

#### 8. Learn a sign that means "I love you."

The sign for "I love you" in American Sign Language is the pinky finger, index finger, and thumb pointed straight (with the middle two fingers held down to the palm). Teach your child this sign or make up an original sign together for your own family to use to tell each other how much you love each other.

#### 9. Play "Loving Actions."

Take turns coming up with creative ways to show love ... such as greeting someone, opening the door for someone or kissing boo boos. Basically this means you should act out your "Loving Action" without words so that the other people can guess what you are doing.

#### 10. Make a card for someone you love.

Ask your child who they would like to make a card for and talk about why they chose that person. Is that person kind to them? Do they enjoy spending time with that person? Think about how that person makes you feel and how we can try to display those same qualities to other people around us. Make a card for the person and arrange to get it to them by mail or by dropping it off in person.

**Click HERE** for the full article!



pressed.

DOCTOR'S Love and belonging are core, basic human needs. Love inspires and motivates many of our actions. Think about all the songs, movies, books and art about love or the absence of it. How about the emotionally driven conflicts over love? It is universal while also being deeply personal, whether it is the love you have for romantic partners, family, friends, pets or even activities you are passionate

#### But, why? What exactly happens in the brain when we feel love?

When you experience love, your brain releases feel-good hormones, including dopamine, oxytocin and serotonin. These hormones enhance your mood and overall sense of well-being. Dopamine, the "reward hormone," reinforces the pleasure we feel from love and encourages us to seek more of these feelings.

about. Love can make us feel exuberated, connected and accepted, while a lack of it can make us feel lonely, isolated and de-

Here are five ways to experience love, trigger the release of feel-good hormones in your brain and gain the mental and physical health benefits of this universal feeling:

from cooking dinner, learning something new or traveling, there are countless ways to make memories with loved ones.

Engage in quality time: Whether it is a date night with a partner, a family game night or spending time with a friend, quality time deepens bonds and strengthens emotional connections. To feel love fully, aim to be present and distraction-free by putting away your devices.

Express gratitude: A simple "thank you" can go a long way. And guess what? Practicing gratitude triggers the same feel-good hormones as experiencing love. Practicing gratitude can also deepen and strengthen love through appreciation and respect. Learn more about what happens in your brain when you give and practice gratitude.

Physical affection: From a warm hug to a gentle touch, physical affection releases oxytocin, strengthening bonds and promoting feelings of love and security. Studies also show hugs can boost immunity and lower blood pressure, inflammation and stress levels. Learn more about how inflammation in the body affects your health.

Acts of service: Doing something special for someone shows you care about and appreciate them, strengthening the emotional connection.

Shared experiences: Build bonds by creating new memories together,

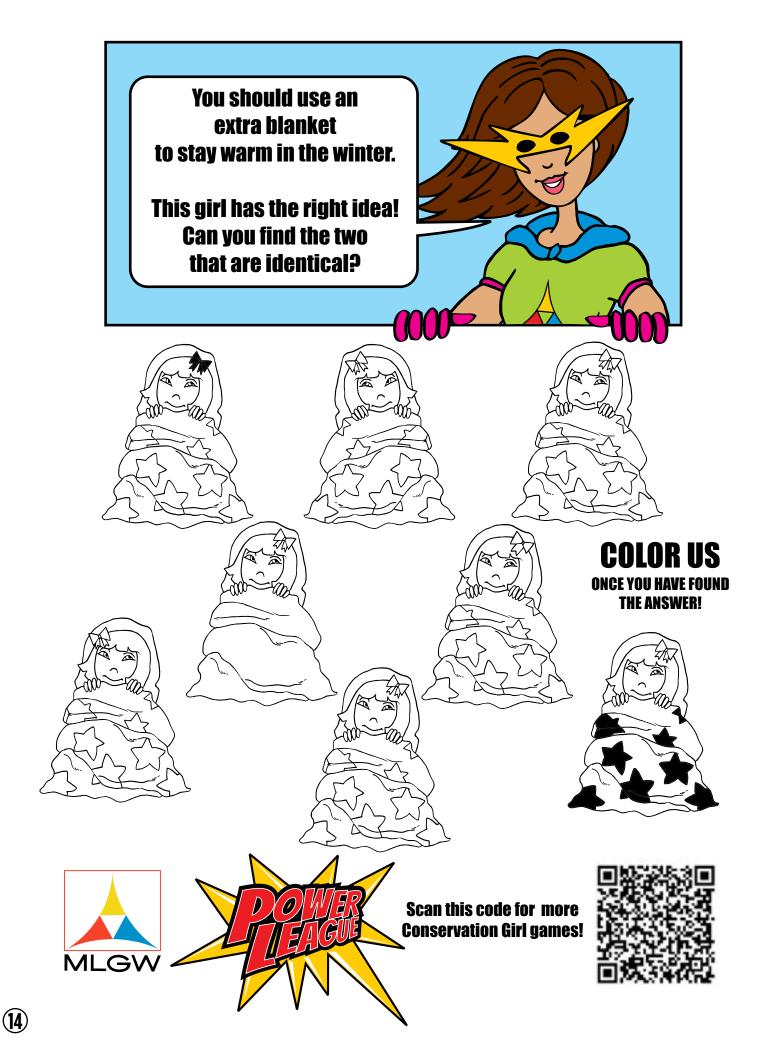
### **Click HERE** for full article.

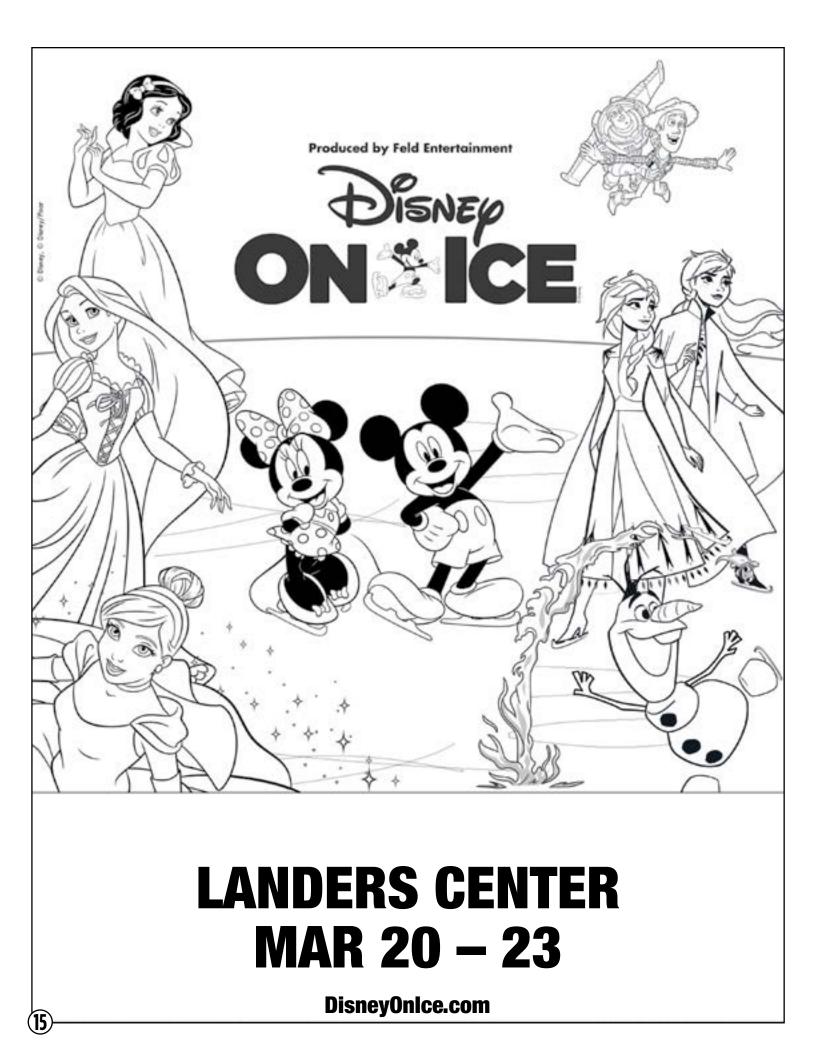


## FEBRUARY **TOPIC**: What happens in your brain

when you experience love?

by Paul Wright, MD,







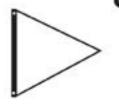
Answers on page 24

(16)

## Learn what air quality flags mean!

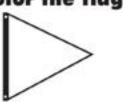
Daily AQI Color	Levels of Concern	Values of Index	Description of Air Quality
Green	Good	0 to 50	Air quality is satisfactory, and air pollution poses little or no risk.
Yellow	Moderate	51 to 100	Air quality is acceptable. However, there may be a risk for some people, particularly those who are unusually sensitive to air pollution.
Orange	Unhealthy for Sensitive Groups	101 to 150	Members of sensitive groups may experience health effects. The general public is less likely to be affected.
Red	Unhealthy	161 to 200	Some members of the general public may experience health effects; members of sensitive groups may experience more serious health effects.
Purple	Very Unhealthy	201 to 300	Health alert: The risk of health effects is increased for everyone.
Maroon	Hazardous	301 and higher	Health warning of emergency conditions: everyone is more likely to be affected.

Color the flags below to match what they mean.



Great day to be

outside.



Good day to be

outside. Some risk.



OK to be outside Risky for some for a short time. groups to be outside.



to stay inside.



Stay indoors. Air quality is hazardous.

## **#BEAIRAWCIPE** Improve Air Quality by remembering the <u>"COOL 5"</u>

Share the Ride Carpool, use public transportation, bike, or even walk! It saves money and reduces pollution levels.

Link the Trips When driving, do all of your errands in a row instead of returning home in between. It saves money, gas, and reduces pollution. Stop at the Click When refueling the gas tank in your car, do not top off after the click. It harms your car and increases pollution levels! Don't Idle Your Car You can reduce pollution levels by avoiding drive-through lines and shutting your engine off if waiting for more than 30 seconds.

Mow When the Sun is Low Gasoline lawn mowers are much dirtier than automobiles. Mow after 6pm to reduce ozone levels in the summer.



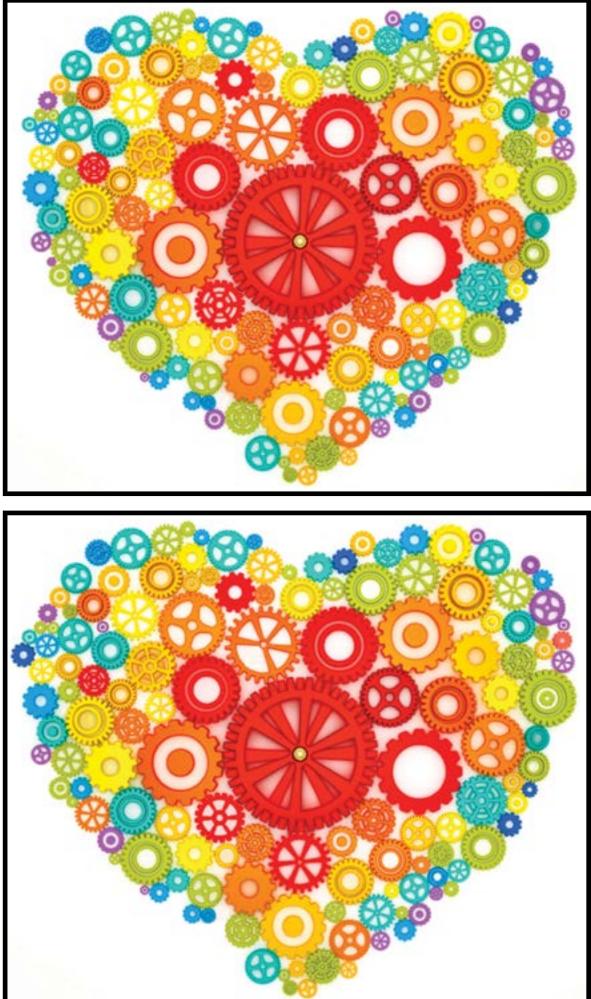
Find out more at ShelbyTNHealth.com Air Quality Improvement Branch



18

Feb 1 | Saturday | Change Your Password Day Feb 2 Sunday Play Your Ukulele Day Feb 3 Monday Carrot Cake Day Feb 4 | Tuesday | Thank Your Mailman Day Feb 5 | Wednesday | National Weatherperson's Day Feb 6 | Thursday | Lame Duck Day Feb 7 | Friday | Send a Card to a Friend Day Feb 8 | Saturday | National Kite Flying Day Feb 9 | Sunday | Bagel and Lox Day Feb 10 | Monday | Umbrella Day Feb 11 | Tuesday | Make a Friend Day Feb 12 | Wednesday | Darwin Day Feb 13 | Thursday | Clean Out Your Computer Day Feb 14 | Friday | Valentine's Day Feb 15 | Saturday | Gumdrop Day Feb 16 | Sunday | Do a Grouch a Favor Day Feb 17 | Monday | President's Day Feb 18 | Tuesday | Battery Day Feb 19 | Wednesday | Chocolate Mint Day Feb 20 | Thursday | Love Your Pet Day Feb 21 | Friday | Mardi Gras Feb 22 | Saturday | Be Humble Day Feb 23 | Sunday | International Dog Biscuit Day Feb 24 | Monday | Tortilla Chip Day Feb 25 Tuesday National Chocolate-Covered Nut Day Feb 26 | Wednesday | Tell a Fairy Tale Day Feb 27 | Thursday | International Polar Bear Day Feb 28 | Friday | National Tooth Fairy Day

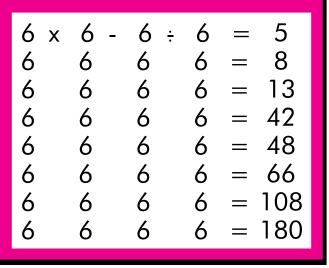




### THESE ARE TOUGH! TRY THEM IF YOU DARE!

## puzzling numbers

Insert arithmetic symbols (+, -, x or :) in between the 6's in order for the equations to make sense! Each arithmetical operation should be performed from left to right. The first one has been completed for you!



## commonyms

What's a commonym you ask? Commonyms are group of words that have a common trait in the three words/items listed. For example: the words; car - tree - elephant.. all have TRUNKS.



These will make you think!

- 1. Car Trunk Bowling Game Ribs
- 2. Bacon Malls Comics
- 3. Fish Cold Wedding Bouquet
- 4. America Kangaroo Crunch \_\_\_\_
- 5. Hockey Wolfgang -
- A Midsummer Night's Dream
- 6. Baseball Hope Ring
- 7. Picnic Black Forest Bad Actor
- 8. Socket Monkey Crescent
- 9. Potato Needle Hurricane 🔄
- 10. Iceberg Waiter Stock Broker

Fill in the missing numbers to complete the Hidato puzzle. Use consecutive numbers from 1 to 35. The numbers must connect horizontally, vertically or

diagonally. The grey box stays empty.

	35			
			13	14
	19			
23	1	11	9	
29			3	7
	25			

## LOVE IS THE ANSWER!

How many times does the word LOVE appear in the grid below? (up, down and backwards)

L VEVOLEEVOLEVOL 0 0 VΕ ΟΟΕ V OLLVVOL V LΟ V Ε V 0 OOLOV ΕO V Е L V Ε L LE L Ε V V 0 0 0 V VOL Ε ELE OLE VOLE Е L v V 0 L V V 0 L 0 V 0 0 VE OLEL OL 0 ονν 0 LE 0 V L OVEL 0 VΕ L V 0 LLEL Ε VLO V Ε V V L OVE VE 0 E ELLE EEVOLE V 0  $\mathbf{L}$ 0 LLVLLVLLLV т. VVOL L ΟΕ V V 0 Ε 0 0 Ε V O L 00 0 LVE VΕ VVVE VΟ LVL ΟΕ LEEEEELOVEO v 0 E VLEVOLOVEVOLOV

# **NDPARENTS PAGE** Celebrating our senior adults in the prime of their lives!



### Grandparents of the Month – Barbara & Marc Fell

The Fells moved to Kirby Pines from their home in Bartlett. Married for 24 years after starting with a date on Valentines Day, Marc and Barbara have a blended family of four children, seven grandchildren and 19 great-grands.

After graduating from high school, Marc enlisted in the United States Navy and served for 30 years, one of his assignments was to guard President Eisenhower. Upon his retirement, he founded his company, "Fell International", which necessitated much traveling. Barbara was a homemaker and worked at Dillards as an Estee Lauder consultant.

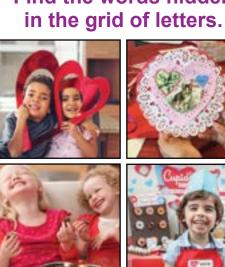
Marc was a Boy Scout Master of West Tennessee and Barbara was a girl scout leader. They enjoy being outdoors and traveling. Their travels include China, Japan, France, Italy and more. Their favorite trip was the boat tour of the Hawaiian Islands.

The Fells collect everything. Barbara had an antique booth at one time. For sure, with all their traveling adventures they found many treasures over the years.

Congratulations Barbara & Marc, for being Jabberblabber's Grandparents of the Month!

SEARCH PUZZLE GRANDPARENTS ORI VAV

BEINY VALENT



Find the words hidden in the grid of letters.





LifeStyle and LifeCare

G В Ο S U Т Q R G 0 Q D S D D D Ν Υ U F Κ R V Ε V Κ Μ Ε Х Ε Μ В С Ε Ν Ε F Ν J Е Μ Ν Κ S S Ε G D Т L X В С D R 0 С Α D S 0 R Ο S Ν Ο Ε D D G R D D Т X Υ Ρ С G В D S Т U Κ Κ R D S U Ε Ε В D D J В Ε Ν G н D 

BALLOON CANDY **CHOCOLATE** CUPID **ENVELOPE** 

FEBRUARY FRIEND HEART HOLIDAY LOVE

PINK RED ROSE TEDDY BEAR VALENTINE

Ζ

D

Κ

Т

kirbypines.com

**[21**]

## 3D heard

#### What You Needs

Paper (construction, oragami or wrapping paper) Scissors Ruler



book le book

#### Directions

Begin by cutting strips of paper measuring 1.5" by 8". Take one strip and starting at one end, fold into a triangle, over and over, until you get to the end. There will be a small amount left over which you fold and tuck back into the opening at the end. Now, round two corners off with scissors. Holding each side of the between your thumb and finger, press down the center with the edge of the ruler and watch it "puff" out. Now you have a cool 3D heart to string or use any way you like!!! You will LOVE this fun and easy activity!!!





## **FINISH THE DRAWING**

Complete the drawing of Pauly the Penguin to make the right side match the left side! See if you can match the colors!

## **DID YOU KNOW?**

Penguins give their partners gifts, such as rocks, as a symbol of their love and commitment. Some penguins even sing unique songs to their soul mates.



# **GRAMMARTIME** COMMONLY CONFUSED WORDS

accept (v.)	to receive; to get	<b>except</b> (conjunction)	not a part of; not including
affect (v.)	to make a change in something	effect (n.)	a change in something
borrow (v.)	to take something for a short time and then return it	lend (v.)	to give something for a short time before getting it back
desert (n.)	a dry, sandy area	dessert (n.)	sweet food eaten after a meal
<b>its</b> (pos.pronoun)	belonging to something	<b>it's</b> (contraction)	contraction of <b>it</b> + <b>is</b>
<b>your</b> (pos.adj.)	belonging to you	<b>you're</b> (contraction)	contraction of <b>you</b> + <b>are</b>

#### Use the correct words to complete the sentences.

1. I don't have enough money. I need to (borrow / lend) \_\_\_\_\_\_ ten dollars.

- 2. Would you like some (desert / dessert) \_\_\_\_\_\_ after dinner?
- **3.** A: What time is it? B: (Its / It's) \_\_\_\_\_\_ almost eight o'clock.
- 4. I saw (your / you're) \_\_\_\_\_ brother at the shopping mall yesterday.
- 5. The Sahara (desert / dessert) \_\_\_\_\_\_ is a very hot and dry place.
- 6. (Your / You're) \_\_\_\_\_ late. What happened?
- 7. If you need more money, I can (borrow / lend) \_\_\_\_\_\_ you ten dollars.
- 8. I ate all the food (accept / except) \_\_\_\_\_\_ the broccoli.
- 9. The new rules had a big (affect / effect) \_\_\_\_\_\_ on the company workers.
- **10.** My cat ate (its / it's) \_\_\_\_\_\_ food and then fell asleep.
- 11. You should say "Thank you" when you (accept / except) \_\_\_\_\_\_ a gift.
- 12. Will the rainy weather (affect / effect) \_\_\_\_\_\_ your travel plans?

(23)















Answers to Jokes on pg 17: 1. "I love you a whole watt!" 2. He took her to a baseball field. 3. Lots of hogs and kisses. 4. I love bee-ing with you, honey! 5. Knock knock. Who's there? Olive. Olive who? Olive you!





## MonsterJam.com

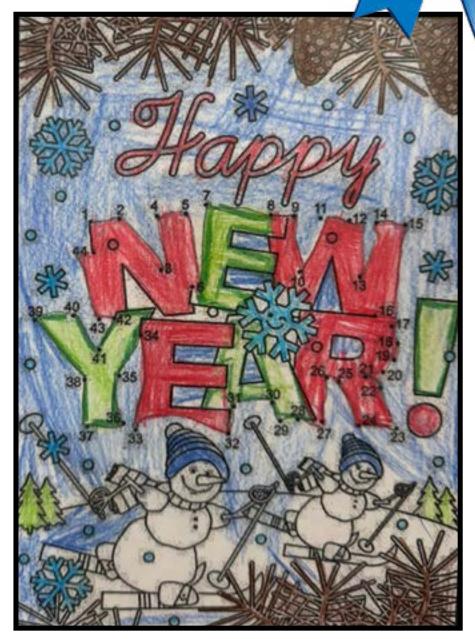
# UCOLORITCONTEST

st

PLACE

## JANUARY WINNER

1st Place Terribeth Huckabee age 9 | Selmer, TN



## **RUNNERS UP**



Ashlyn Callendar- age 9 Bartlett, TN



Weston Thacker - age 9 Ramer, TN



Grace Zhou- age 8 Saltillo, MS



Bristol Garrison - age 9 Selmer, TN



Angel Abernathy - age 9 Ramer, TN



Zander Bingham - age 8 Ramer, TN



Bennett Hollway- age 8 Saltillo, MS

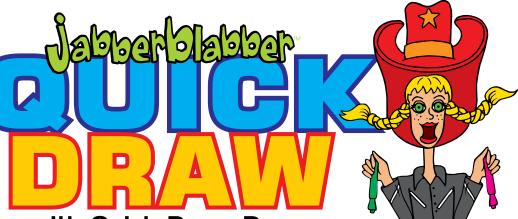


Camden Chappell- age 9 Guys, TN



Jaxon Glass - age 10 Tupelo, MS

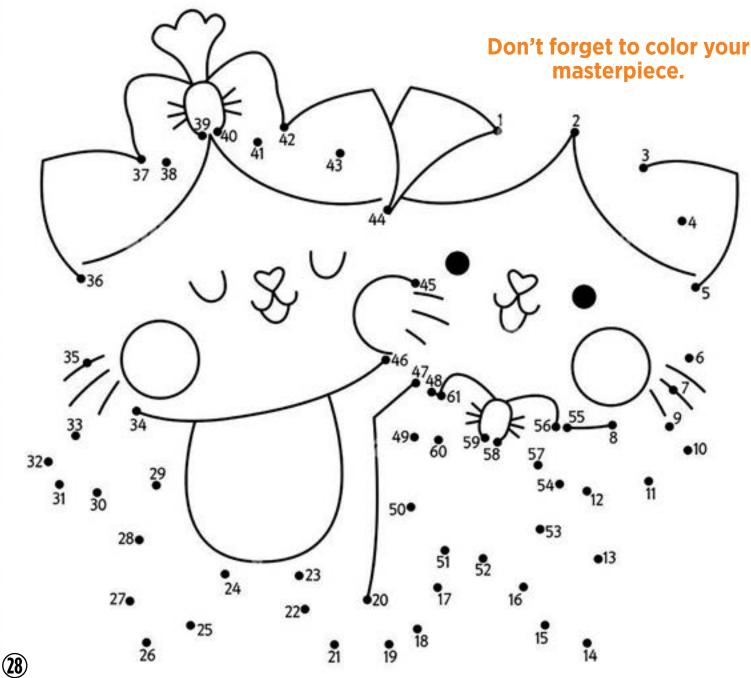
Everyone`s an artist! You can do it!

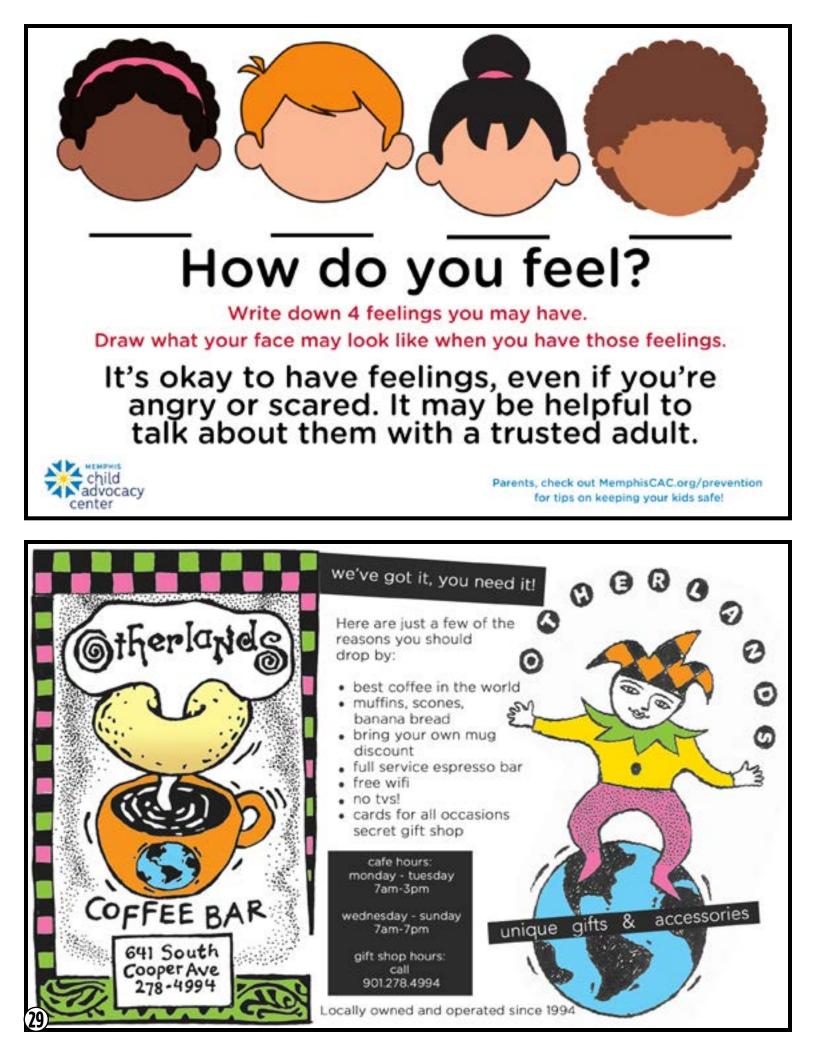


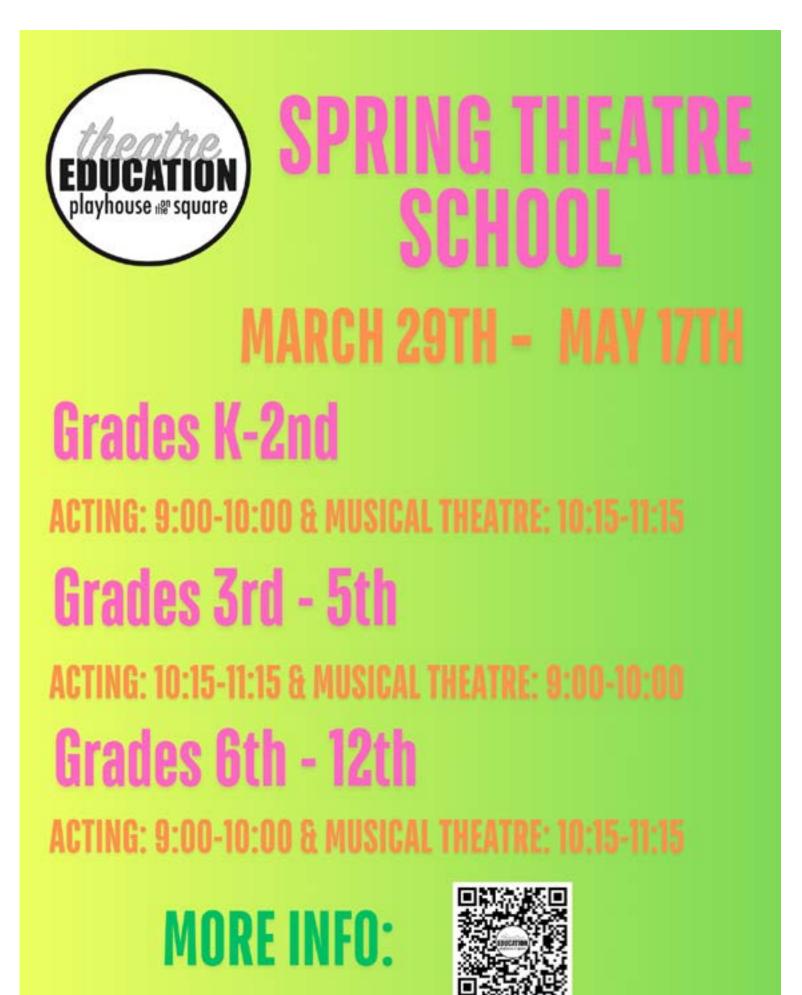
with Quick Draw Drew

## **CONNECT THE DOTS**

### to complete the drawing of the Valentine kittens!

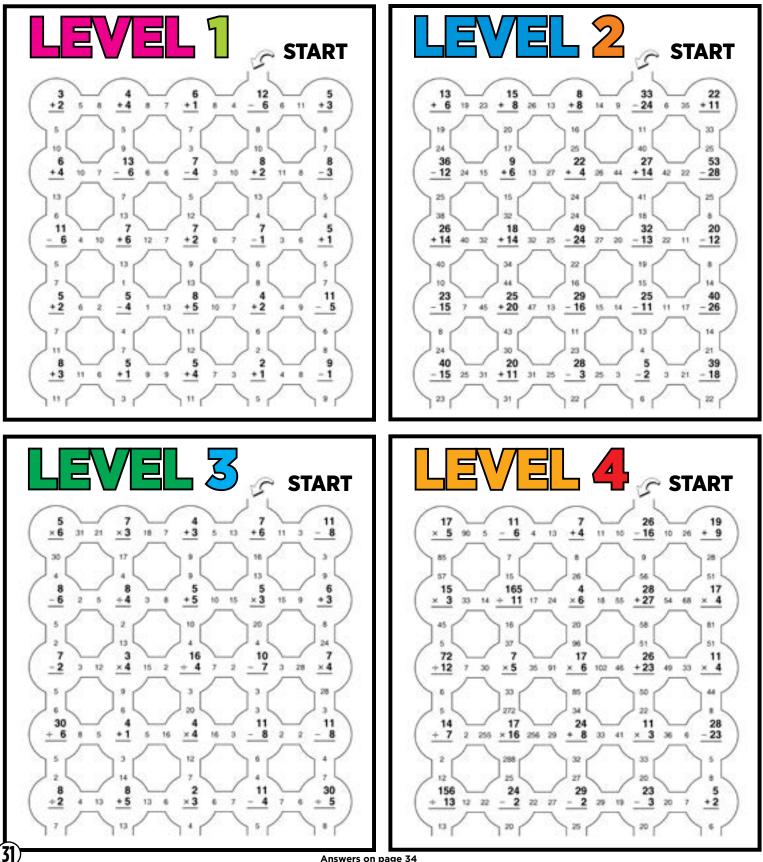






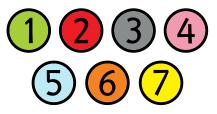


Find your way from top to bottom by following the path of correct answers. You can only exit a cell if the number matches the answer to the problem.

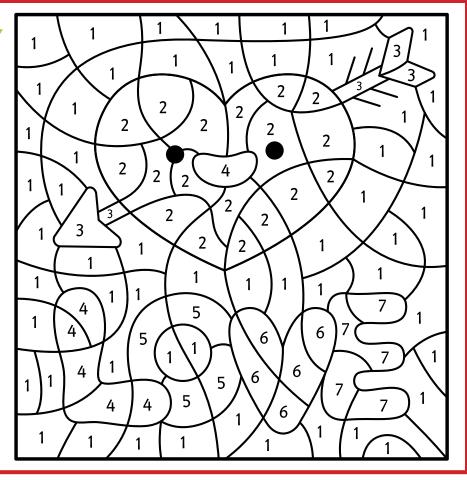


# **COLOR BY NUMBERS**

Use the color coded numbers below to color and finish the drawing to the right!



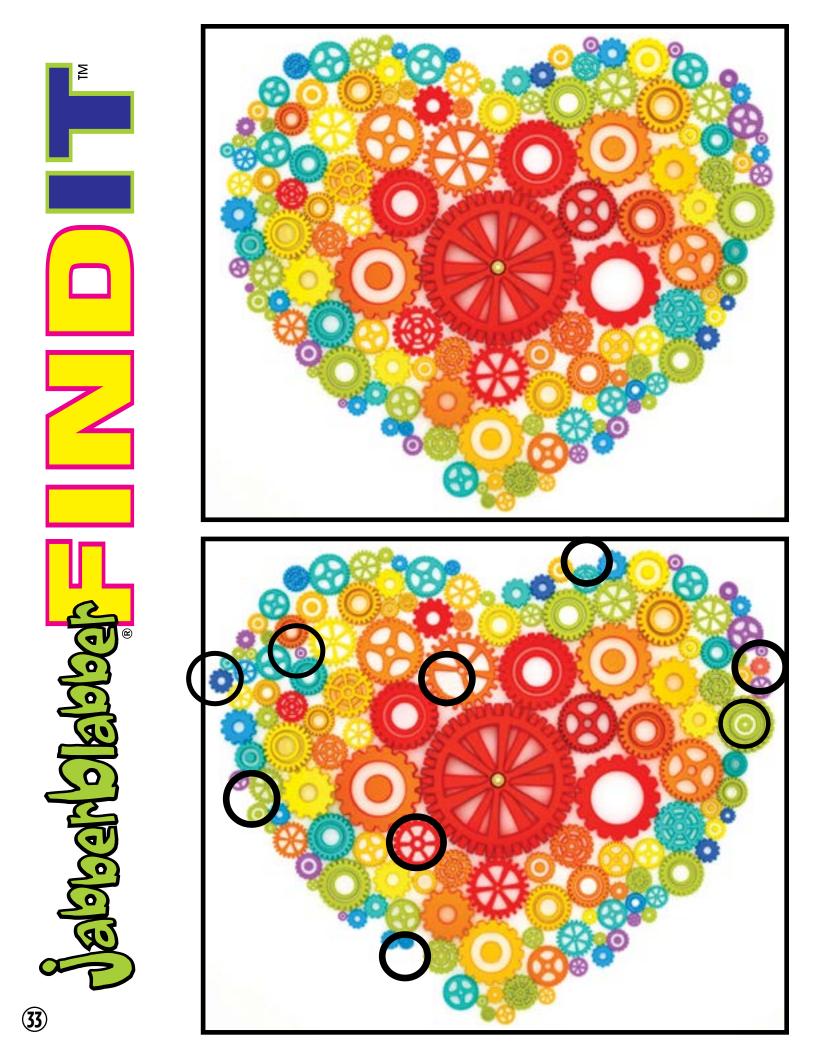
"Love yourself. It is important to stay positive because beauty comes from the inside out." – Jenn Proske

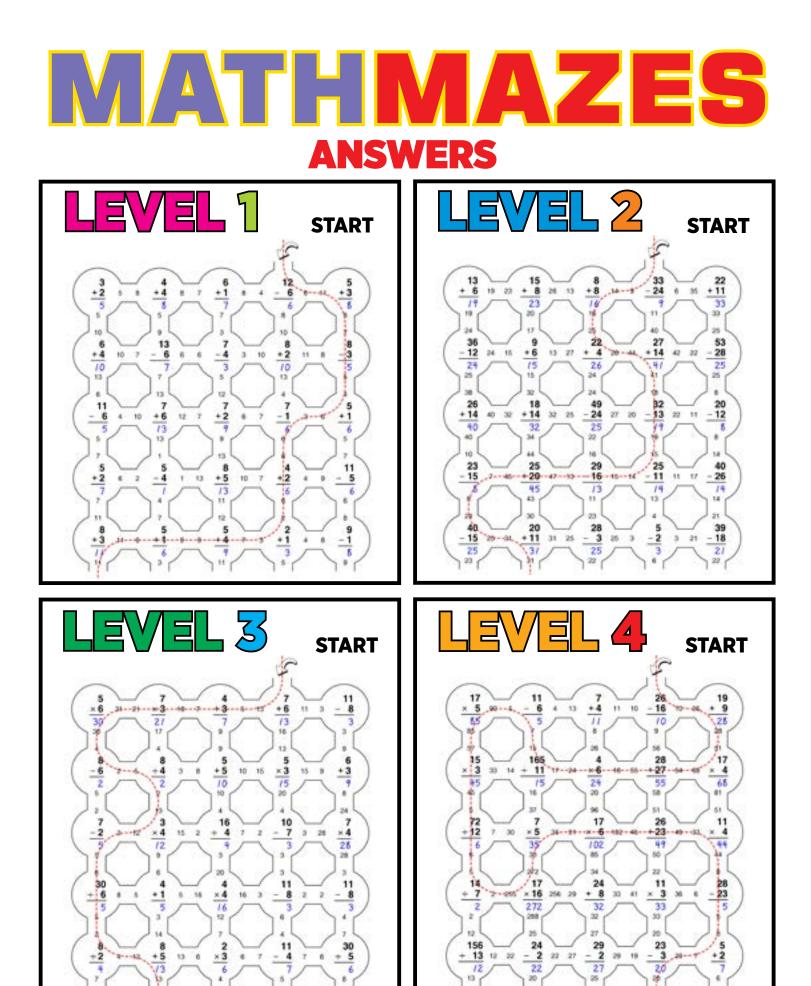


# **DID YOU KNOW?**

FEMALE TURTLES LAY THEIR EGGS IN SANDY OR MUDDY AREAS NEAR THE POND, AND THE EGGS HATCH AFTER A CERTAIN INCUBATION PERIOD. THE BABY TURTLES THEN MAKE THEIR WAY TO THE WATER.

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(34)

25 r

2¢

# **GRAMMARTIME** ANSWERS

accept (v.)	to receive; to get	except (conjunction)	not a part of; not including
affect (v.)	to make a change in something	effect (n.)	a change in something
borrow (v.)	to take something for a short time and then return it	lend (v.)	to give something for a short time before getting it back
desert (n.)	a dry, sandy area	dessert (n.)	sweet food eaten after a meal
<b>its</b> (pos.pronoun)	belonging to something	<b>it's</b> (contraction)	contraction of <b>it + is</b>
<b>your</b> (pos.adj.)	belonging to you	<b>you're</b> (contraction)	contraction of <b>you</b> + <b>are</b>

#### Use the correct words to complete the sentences.

- **1.** I don't have enough money. I need to (borrow / lend) \_\_\_\_\_BORROW ten dollars.
- 2. Would you like some (desert / dessert) \_\_\_\_\_ DESSERT \_\_\_\_\_ after dinner?
- **3.** A: What time is it? B: (Its / It's) \_\_\_\_\_ almost eight o'clock.
- 4. I saw (your / you're) \_\_\_\_\_\_ brother at the shopping mall yesterday.
- 5. The Sahara (desert / dessert) \_\_\_\_\_ DESERT \_\_\_\_\_ is a very hot and dry place.
- 6. (Your / You're) \_\_\_\_\_ YOU'RE \_\_\_\_ late. What happened?
- 7. If you need more money, I can (borrow / lend) <u>LEND</u> you ten dollars.
- 8. I ate all the food (accept / except) \_\_\_\_\_\_ the broccoli.
- 9. The new rules had a big (affect / effect) \_\_\_\_\_\_ on the company workers.
- **10.** My cat ate (its / it's) \_\_\_\_\_ food and then fell asleep.
- **11.** You should say "Thank you" when you (accept / except) \_\_\_\_\_ ACCEPT \_\_\_\_ a gift.
- 12. Will the rainy weather (affect / effect) \_\_\_\_\_\_ AFFECT \_\_\_\_\_\_ your travel plans?

# Dentel ouz

## **ANSWERS**

#### 1. When should you floss?

a. Before you brush your teeth

- b. After you brush your teeth
- c. Before or after—as long as
- you floss at least once a day
- d. After you play soccer
- 2. Which beverages are acidic & can cause tooth decay?
- a. Fruit punch
- b. Water with lemon
- c. Diet soda
- d. Coffee
- e. All of the above

#### 3. When should children first see the dentist?

- a. Within 6 months of their first tooth coming in
- b. Once they have at least two teeth
- c. Once all of their teeth have come in
- d. Once they're old enough to talk to the dentist

#### 4. What does fluoride do?

- a. It helps keep plaque from sticking to teeth.
- b. It helps rebuild dental enamel & reverse early tooth decay.
- c. It kills bacteria in your mouth using tiny swords.
- d. It helps keep teeth white by removing surface stains.
- 5. In addition to poor dental hygiene, which of these are risk factors for gum disease?
- a. Genetic susceptibility
- b. Diabetes
- c. Smoking
- d. Playing too many video games
- e. a, b and c
- 6. True or False: A hard bristle toothbrush is better at cleaning teeth than a soft bristle toothbrush.

```
a. True
b. False
```



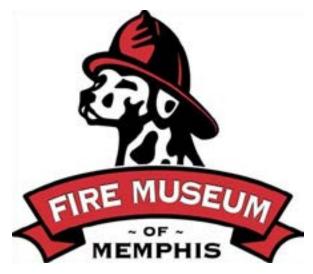
## DID YOU KNOW:

People often assume bones are the hardest substance in the body. The correct answer is actually tooth enamel. Teeth have a distinctive look because they are covered by enamel. Enamel is comprised mostly of hydroxyapatite. It also contains magnesium, sodium, fluoride, and carbonate. Tooth enamel's job is to provide a protective shell around each tooth.

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# **ANSWERS**





## **ANSWERS**

## puzzling numbers

Insert arithmetic symbols (+, -, x or ÷) in between the 6's in order for the equations to make sense! Each arithmetical operation should be performed from left to right. The first one has been completed for you!

5	=	6	Х	6	-	6	÷	6
8	=	6	+	6	÷	6	+	6
13	=	6	÷	6	+	6	+	6
42	=	6	÷	6	+	6	х	6
48	=	6	х	6	+	6	+	6
66	=	6	+	6	х	6	-	6
108	=	6	+	6	+	6	Х	6
180	=	6	Х	6	-	6	Х	6

## commonyms

What's a commonym you ask? Commonyms are group of words that have a common trait in the three words/items listed. For example: the words; car - tree - elephant.. all have TRUNKS.



These will make you think!

1. Spares6. Diamonds2. Strips7. Hams3. Things you catch8. Wrenches4. Captains9. Eyes5. Pucks10. Tips

Fill in the missing numbers to complete the Hidato puzzle. Use consecutive numbers from 1 to 35.

The numbers must connect horizontally, vertically or diagonally. The grey box stays empty.

33	34	35	17	16	15
32	21	20	18	13	14
22	31	19	12	10	
23	30	1	11	9	8
29	24	26	2	3	7
28	27	25	4	5	6

## LOVE IS THE ANSWER! 73

LVEVOLEEVOLEVOL VOLLVV 0 0 VΕ 00 Ε OL VLOVE VVOOOLOVEO OLVLELE Ε ΟL 0 V Е v v EVOLEELEOLEVOLE VVOLOVOLOVE V O L V OVOLOOVVOLELOLE ΟVΕ LΟ VE LVOLLLE L EVLOVEVVOLOVEVE ΟΕΕ EELLEV ΟL VΟ LE LVVOLLLVLLVLLV LOEVVOEOOEVOL 00 OLVEVEVVVEVOL VЬ V O O E L E E E E E L O V E O EVLEVOLOVEVOLOV