

So what is OK to pour down your sink drain?

Hi, I'm Inspector Bret! Everything poured into our sink drains and flushed down our toilets ends up in our oceans, so if it's not good for us to drink or eat, it won't be good for frogs, insects, birds and fish either. If there is any doubt about environmentally responsible disposal, you should contact the City of Memphis Environmental Dept at 901-636-8118. If any product says "hazardous waste" on the label, it must be taken to a disposal facility! All other products in question should go into the regular garbage, (things like medicine, cleaning products and paint) don't flush it down the toilet or wash it down the drain. Why? Because modern landfills are designed with liners to prevent dangerous material from leeching out, whereas waste water treatment systems might not even detect—let alone eliminate—substances in water that can harm wildlife.





Hi! I'm FLO, the sink!
I love water!
Please don't ever feed me
Fats, Oils or Grease (FOG)
or anything toxic.
They can make me and
my downstream
friends sick!

Circle the ITEMS THAT ARE OK TO POUR DOWN OUR SINK DRAINS:

WATER VINEGAR KOOLAID COFFEE TEA ICE CHOCOLATE MILK SODAS JUICE MILK BROTH LEMONADE BAKING SODA GREASE OILS EGGSHELLS COFFEE GROUNDS TOXIC CLEANING PRODUCTS CAR FLUIDS

Answers on page 40



When in doubt, trash it!

FAREWELL LETTER FROM THE EDITOR!



Theresa Andreuccetti with her sibkids Jana and Hailey in 2001

"The goal of early childhood education should be to activate the child's own natural desire to learn." Maria Montessori

As a child, I vividly remember the smell of crayons and leaves heating up under a hot iron between 2 pieces of waxed paper. We loved going on "nature walks" and making sun catchers, mesmerized by how the light illuminated the bright colors, like stained glass. I was fortunate to be exposed to many types of art through catholic education and by my mother, who was creative and enjoyed making beautiful things for us and our home. I was always interested in art, but also wanted to pursue a career teaching children. In college, I met Nikki Schroeder, who was majoring in art. Our shared entrepreneurial spirit led to starting the first of 5 businesses together.

In the late nineties, my little sister had 2 children with whom I fell in love. Their immense wonder and vast imaginations sparked ideas for creative play, and the happiness we shared making art inspired the idea of developing a fun newspaper for children. Also, at that time, our public schools lacked funding for materials in art classes. We felt deeply for children who didn't have the same opportunities

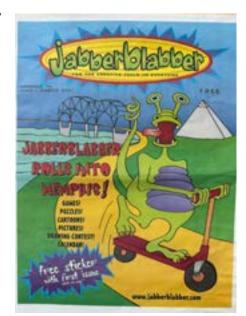
as we did and simply wanted to provide the opportunity for them to feel the same joy of expressing themselves through art. With all of that considered, we thoughtfully laid out a 16-page prototype of "Jabberblabber Family Magazine, For the Creative Child in Everyone". It was approved by Memphis and Shelby County Boards of Education for distribution to their classrooms, and with the support of a handful of local sponsors, we published our first issue in March of 2001.

We were so excited to hit the newsstands! Since that first issue, we have undergone many changes to keep up with the times. We changed our focus to GREEN education, hosted 20 large Jabberblabber birthday parties, created 7 children's TV Shows on WYPL, published thousands of comic strips and art by local children, employed over 20 artists and sales reps, made mascot appearances at numerous city-wide events, opened thousands of letters in the mail written by children and returned each one with a sticker and a handwritten note, received thousands of COLORIT contest entries and sent prizes to monthly winners, organized a Jr. Advisory Board, hosted dozens of interns from local universities, and humbly managed through a life-changing pandemic by going digital. In 24 years, we published over 10M free copies of Jabberblabber Family Magazine, serving 40M readers in our community and beyond.

My eternal gratitude is owed to Nikki, who invested countless hours of her talents, heart and soul into the art and layout of 288 issues of Jabberblabber Magazine! It was her love and tenacity that kept it in circulation for so many years. THANK YOU NIKKI! Also, a heartfelt THANK YOU extends to all of our editorial contributors, advisory board members, sponsors, partners, friends and family who not only helped make Jabberblabber Magazine possible, but helped provide a thoughtful, helpful resource for parents and teachers of young children. We couldn't have done it without them all!

Martha Stewart said "When you're through changing, you're through." We're far from "through". This may be our final issue of Jabberblabber Magazine, a labor of love that will forever live in the minds and hearts of millions of children impacted. But, it's not the end of our beloved Jabberblabber character. We're developing the Jabberblabber Book Reading Puppet, and our website will remain available for reading and printing activities from several years of Jabberblabber Magazine archives. There, you can also access those old TV shows, still relevant and fun for entertaining children today.

We hope you will join us as we continue to change, while remaining true to our mission, "Helping children live healthy and happy."



The first issue of Jabberblabber Magazine in 2001



Theresa and Nikki in 1993

LETTER FROM THE ART DIRECTOR!



Nikki Schroeder

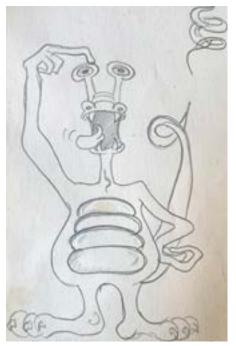
As I compile this final issue of Jabberblabber Magazine, I have tears streaming down my face but a smile in my heart. The tears, because it's so incredibly hard to say goodbye to something I have put so much love and energy into. The smile, because I know how many lives Jabberblabber

Magazine has touched. I remember vividly, sitting at my desk in 2000, drawing the first image of Jabberblabber. (shown to the right). It was late at night, and no one was around. I had no idea that would be the first of thousands of Jabberblabber drawings to come. It's been very rewarding to watch something that I helped create grow and grow and grow. This magazine was the wonderful brain child of Theresa Andreuccetti. Her creativity and love for children has powered this project for 24 years. It is her same longing to teach children to read that will live on in the Jabberblabber puppet.

One of the original creative minds of Jabberblabber passed away in 2023. Ben Voorhies (the "Benjamin" of "Jabberblabber and Benjamin") was one of our original team members, writer and director of the Jabberblabber TV show, and one of my best friends since 7th grade. He had a brilliant mind for comedy and we laughed together endlessly. I credit him with so many original Jabberblabber concepts and I miss him daily.

Thank you, Theresa, and all the wonderful people who have been part of our team and journey, for 24 wonderful years!

Nikki Schroeder Art Director - Jabberblabber Family Magazine



The first issue sketch of Jabberblabber in 2000



Nikki, Ben and Theresa 2001



Ben and Nikki 2002



Ben Voorhies 2003



Theresa and Nikki 2007

Jabberblabber has a new green suitcase to take to his next adventure!

It's hidden somewhere in this E-zine.

See if you can help him find it.

Helping Children Live Healthy & Happy!

Jabberblabber is published by Jabberblabber, Inc.
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www.jabberblabber.com • jabberblabberlovesu@gmail.com
Facebook: Jabberblabber Family Magazine | instagram: @jabberblabberfamilymagazine

Editor: Theresa Andreuccetti Art Director: Nikki Schroeder Sponsorship Sales: Theresa Andreuccetti and Samantha Dunn Jabberblabber Contributing Artists: Karen Masel, Bev Hart, Beverly Holmgren and Dr. Gerald J. Billmeier

THE HISTORY OF JABBERBLABBER

Theresa Andreuccetti and Nikki Schroeder began as best friends in 1986 with a dream of owning their own business. With help from Andreuccetti's father, that dream came true. They started Graffiti Graphics, an airbrush shop, in 1987 on Mt. Moriah. Theresa's artistic and creative talents paired with Nikki's airbrush skills were a perfect match for success. Soon Theresa's talents spread to designing logos, T-shirts and promotional pieces. As computers became more prevalent, Nikki mastered the necessary software to grow their business out of airbrushing and into a full blown graphic design studio. Soon after they moved their office to midtown. Many of their designs are all around us; The Blue Monkey, Memphis Italian Festival, Lenny's Subs, Memphis Food and Wine Festival, Safari Lawn Care, RP Tracks, Lansky126, Ami Austin Designs and hundreds more.

Theresa's passion was always childhood education, and in 2000 she had the idea to start an arts and educational magazine just for kids, so Jabberblabber Magazine was born. The very creative publication was and is a huge success. Driven solely by generous sponsors, the pair has given away over 10 million copies to date. The magazine went all digital in 2022 with 52,000+ subscribers.

Theresa has done immeasurable research on the problem of childhood illiteracy and the fact that some children struggle their entire lives due to circumstances beyond their control. This research showed her that babies from conception to age 3 need to be read to at least 30 minutes a day in



Nikki Schroeder and Theresa Andreuccetti in their first store - 1988

order to be ready for preschool. Considering many poor children are being born into illiterate homes, it's no wonder why 73% of third graders in TN still can't read on grade level. For the last 7 years they have been working on a solution. The Jabberblabber book reading puppet will be available soon and promises to be instrumental in solving illiteracy.

The Jabberblabber book reading puppet, accompanied with the Jabberblabber app, will read the book from cover to cover as many times as the parent or child chooses. This will cut down on screen time and allow the child to follow along, word for word with an actual book.

There are exciting things ahead. Follow along at jabberblabber.com!



Theresa, Nikki and the Jabberblabber book reading puppet - 2024



Theresa and Nikki with Jabberblabber and MeMe - 2019

THE HISTORY

OF JABBERBLABBER

Click on the squares below to watch

the Jabberblabber TV shows that aired on WYPL from 2002-2005!









Episode 1

Episode 2

Episode 3

Episode 4







Episode 5

Episode 6

Episode 7

Pics from Jabberblabber's 1st birthday party in 2002















"Be My Pen Pal" has been a regular feature in Jabberblabber Magazine. Children from all over the Mid-South have written letters to Jabberblabber, and he has written EVERYONE back! This fun exercise has helped children with letter writing, handwriting and communication skills and has given them an opportunity to send and receive mail through the United States Postal Service. These letters below are from the February Pen Pal form:

Dear Jabberblabber,

I am giving the gift of love this year.

I plan to do something nice for...mom.

I want to get really healthy, so I plan on eating more...broccoli.

I want to tell you about my family. These are the people closest to me...mom, granny, cousins.

The people at school I am closest to are...Shania and Brit Brit.

My question for you is...do you have dreams? Sincerely,

Lettesha Williams, age 9, Memphis, TN

Dear Jabberblabber,

I am giving the gift of love this year. I plan to do something nice for...my grandmother

I want to get really healthy, so I plan on eating more...vegetables and fruits.

I want to tell you about my family. These are the people closest to me... Dad is Wayne, Mom is Allie, grandmother Kate, nanny B, grandfather Wayne Sr, brother Wayne lll. My dog Ginger.

The people at school I am closest to are..Miles, Brandon, Davey. My question for you is...do you have brothers and sisters? Sincerely,

Jay Farnsworth, age 10, Southaven, MS

Dear Jabberblabber,

I am giving the gift of love this year. I plan to do something nice for... my friends. I'm making Valentines.

I want to get really healthy, so I plan on eating more...veggies and less meat.

I want to tell you about my family. These are the people closest to me... Mom, aunt Jenny, sister Felicia and cousin Adelaide.

The people at school I am closest to are...Leah is my bff, and other friends are Kelli, Ava and Shayna.

My question for you is...how long can you hold your breath? Sincerely,

Jasmine Reynolds, age 12, Collierville, TN



LETTERS FROM OUR READERS

We invited our subscribers to write us about their experience with Jabberblabber Magazine throughout our 24 years of circulation.

We were so happy with the responses and wanted to share a few:

It's hard to put into words just how much Jabberblabber has meant to me. Growing up, it was more than just a magazine - it was a part of my childhood and my family. I had the incredible privilege of not only reading the magazine but also being on the show. Definitely a core childhood memory!

But beyond the games, jokes, and cool eco-friendly lessons, Jabberblabber was something bigger. It brought people together, made learning exciting, and gave kids like me a reason to be curious about the world. My aunt, Theresa, has put so much love and passion into this, and witnessing her dedication firsthand has been truly inspiring. As an educator, I constantly find myself drawing creative inspiration from her.

Even though this is the last issue, Jabberblabber's impact isn't going anywhere. It's in the thousands of kids who got to laugh, learn, and create because of it - including me. Thank you for everything you've done. Jabberblabber will always have a special place in my heart!

With so much love,

Hailey Richter

Hello,

I am sorry to hear your delightful and educational magazine will be no more. I am an adult but always read it and recommend it to friends with children and grandchildren. Thank you for years of dedication and hard work creating such a wonderful publication!

Sandra Mathias

It has been a blessing having Jabberblabber magazine. My daughter has been reading since she was in the kindergarten and now she's in junior high school. Your publishing will be truly missed and I bid all of you good success in life.

The James, Tzhipporaha, and Tammy Dodd Family

Jabber Blabber is such a wonderful magazine. It will be missed by many!!! Thanks for all you've done!!!

Carolin Thomason

Jabberblabber has been a part of my life since 2001, when Jabberblabber himself was born! I was 12 or 13 at that time, and my parents and I (we lived in Tipton County) would meet my grandparents (who lived in Olive Branch) for lunch or dinner in downtown Memphis, like The Spaghetti Warehouse and The Cupboard.

I could always find a JB print by the door, and I loved doing the word search, "Find It!", and other activities in the issues. As I grew older and cell phones gained popularity, I did not get as many issues as I had when it first came out. In 2018, my grandmother passed away and my grandfather found himself with idle hands, so he started traveling around downtown Memphis again. From June 2019 to Oct 2021, he went to The Cupboard restaurant and got me an issue every single month.

JB was more than just an activity magazine for me, it was a connection between my grandparents and I, and later the bond that helped my grandfather learn to live again.

Thank you, Theresa and Nikki, for all that you have done for this city and its literacy. I know that you helped children and adults of all ages, even parents and grandparents.

Best wishes on your new adventure!

Kalin Mayberry

Thank you for all these years. Your eMagazine has been a God send for my 90 year old mother with Alzheimers. We will miss you! Laura Zahn

Nikki and Theresa, You have been at this for an entire generation! It will be a loss to so many kids that need wholesome education and reading materials and less iPads.

Larry Etter

Senior Vice President, / Malco Theatres, Inc

Nikki and Theresa,

While it's bittersweet to hear that Jabberblabber Magazine is coming to an end, I'm truly excited about your continued focus on the Jabberblabber Book Reading Puppet. The impact you've made—giving away over 10 million copies—is an incredible legacy, and I know this next chapter will be just as meaningful. I'm looking forward to the March issue and celebrating all the amazing work you've done. Wishing you both the best in this new journey, and please keep me posted on any ways to support!

With gratitude,

Antonia White, MPH / Community Services Specialist - Air Quality Improvement Branch Bureau of Environmental Health Services & Sustainability / Shelby County Health Department

I'm grateful for everything Jabberblabber has done for the children of our community. I know the Jabberblabber Book Reading Puppet will carry on the tradition of nurturing curiosity, learning, reading, and more for kids and their parents. We will miss Jabberblabber but only more good stuff to come! Best wishes on your new venture.

With gratitude,

Beryl Wight - Communications & Grants Manager / Memphis Child Advocacy Center

WOW!!!!!!!!!!

You all have been such a staple here in Memphis for so very long.

I wish you both all the luck and success possible. Can't wait to see what comes about with the Jabberblabber Book Reading Puppet.

Kimberly K. Crafton - Executive Director / Fire Museum of Memphis

Dear Theresa and Nikki,

Happy 24th Birthday Jabberblabber!!

Thank you for all the smiles, art, love, and wisdom you've shared with us all over the last 24 years since Jabberblabber was created and shared with the world in March of 2001. As a young mother of Hailey who was turning 7 in April that year, and Jana who had turned 4 that February, I will never forget the excitement on their faces when they met Jabberblabber in person and received their colorful magazine issue every month. We would grab our art boxes full of crayons, colored pencils, and markers and sit around our kitchen table for hours going through each fun filled activity page; reading/learning more ways on how to be green in our community, writing letters to Jabberblabber, solving puzzles, creating new art, submitting art for contests, and so much more. I loved that it was a magazine that we all could do together as a family with something for everyone to enjoy, including you, their sweet Aunt Theresa and Aunt Gina, Nonni, and Nonno during their visits. Also loved the sections for parents and grandparents with helpful tips on promoting healthy well being for the kids and being Green! Most of all, I loved the quality time spent with both Hailey and Jana with each new issue over the years, and watching them create and grow along with Jabberblabber. I truly feel that Jabberblabber has helped expand their creative, artistic side as well as their love for learning, and have no doubt that after 10 million copies distributed, Jabberblabber has positively impacted at least millions more kids/families over the years. Though it is bittersweet to know that this March will be the last Jabberblabber issue, I am super proud as Jabberblabber embarks on a new journey, brightening the faces and lives of so many more children as they navigate through their love of learning and reading.

Congrats on 24 years of Jabberblabber which is so amazing and beautiful, and wishing all the best on your new journey... and as always, would love to help in any way.

Sending tons of hugs, love, and gratitude,

Amy Richter

I truly hate to see the end has come and I enjoyed the work and help you provided for us.

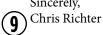
Bret Donaldson, P.M.C. - Environmental Project Supervisor / Environmental Maintenance - Public Works / City of Memphis

I just want to say congratulations on the end of an amazing era! Theresa and Nikki, what you did for all of our children truly deserves a standing ovation. The imagination that you not only used to educate but also to inspire will last for generations to come. Jabberblabber is so unique and was definitely needed where nothing like that had ever existed.

I still love the value of learning about the local community via the printed page and remember copies laying on tables or desks that would start meaningful conversations about everything from children's exploration of art to respecting our environment to just being a good person. That had a significant impact on me as a parent. My hope is that Jabberblabber continues to educate and inspire in whatever form works for this challenging and chaotic digital world as we all need a little Jabberblabber now and then to give us hope, hope that someone actually cares.

I thank you both sincerely and know much of it was selfless with the goal of making the world a better place for our kids. Well, mission accomplished!

Sincerely,





NOW IN ITS 29TH SEASON, Peanut Butter & Jam introduces children ages eight and under to a variety of genres including music, dance, and multicultural arts in an informal concert setting. Parents and children are invited to move and groove in these highly interactive performances held on scheduled Saturdays in the Watkins Studio Theater or on the mainstage at GPAC.



COMING UP

Peanut Butter & Jam Music Box Live Show!

Saturday March 15 10:30 am

Tickets are Pay What You Can!

MUSIC BOX SCHOOL presents a fun, educational, and interactive music program designed for elementary and middle school children featuring Music Box musicians singing and playing piano, guitar, bass, and drums. This show introduces fun musical concepts like rhythm, musical styles, and improvisation while the audience plays fun games, sings, dances, and interacts with the instruments. Kids learn, move, and are inspired to make music a part of their everyday lives.



TICKETS AVAILABLE AT
GPACWEB.COM
GERMANTOWN PERFORMING ARTS CENTER
901.751.7500 | 1801 Exeter Rd., Germantown TN, 38138

Hearto Moural



DID YOU KNOW?

There are more bacteria in the human mouth than there are people on the Earth.

Brushing alone misses 40% of your tooth surfaces—that's why you need to floss.

The tooth is the only part of the human body that can't heal itself.

sponsored by our favorite GREEN dentist



main street dental

99 S. Main Street 901.527.0716 www.msdmemphis.com



The Hottest attraction in town!

118 Adams Avenue Memphis, TN 38103 901-636-5650 www.firemuseum.com

Mon - Sat 9am - 4:30pm

See if you can draw a line to match the word to the item below!

fire hydrant axe fire extinguisher boots fire alarm fire fighter shovel fire fighting hat fire hose



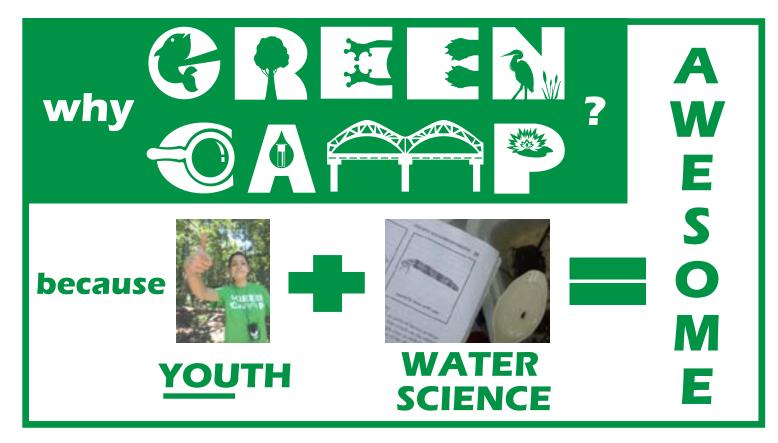
Hey Parents and Teachers!



is GRATEFUL for Jabberblabber!

Help your kids stay 'green-minded' as they grow!

Do you have a High Schooler needing community service hours and something to do? Green Camp is a FREE summer academic enrichment program provided by the City of Memphis Storm Water Department for High Schoolers in the City of Memphis limits.



Green Camp invites high school students to participate in hands-on learning in relation to the topics of environmental engineering, chemistry, environmental issues, urban development, and storm water pollution awareness/prevention. By participating, each student will receive a Certificate of Participation with up to 35 hours of community service credits for participating in the study!

The Storm Water Department is accepting applications for our 2025 Green Camp Program! Green Camp is 5 days, July 14 - 18, 2025. Each day is 7 hours. You can read our 2025 Green Camp Summer Program application with activity details by scanning the QR code here.



Applications are due on April 25, 2025!

FUIGE TO TEACHINE MISSESSOUT MONEY

Age 4-6

- · Teach what money is
- Identify coins & bills
- How money is earned
- Saving vs. spending

Age 7-11

- Small allowance for chores
- Savings goals
- Budget basics (spend, save, give buckets)
- Needs vs. wants



Age 12-14

 Investing (basic concepts e.g., money can grow)

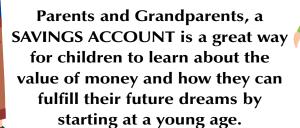
the Bank!

- Banking
- Responsible spending
- Budget tracking

Age 15-18

- Credit and debit cards
- Investing fundamentals
- Credit and loans
- Good & bad debt
- Career goal setting





Visit www.banktennessee.com for more information about saving money, bank accounts and more!



www.banktennessee.com

PARENTS PAGES

A Quick Guide to Make Change Easier for Kids

by Ariane de Bonvoisin MBA

I cannot emphasize this enough — kids download your frequency! Your kids are glued into you, your state, your energy, your beliefs, and your story about how life works and what a change means. So the most important thing by far is to get parents and caregivers comfortable with change. To feel grounded in something inside of you, when everything outside is changing. Something that goes beyond your roles in the world, to your essential, unchanging nature. Then, you can reflect that back to your children, like a clear windowpane.

Here are four principles to teach kids about change:

The Change Guarantee: This principle states that "from this change, something good will come." All the people I met and interviewed, including some that had gone through very painful changes, all had this as a fundamental belief. Even after the most unimaginable changes, they could point to something positive that had occurred. Teach your kids the change guarantee: Write it

down in key places around the house. It makes the mind look for the good quickly. And it creates a compelling future. My son often reminds me of it, just when I'm getting annoyed about something changing!

The Change Muscle: Teach kids that they have a change muscle, a part of them that is made for change and really good at it. Explain to them that the body has a memory and remembers all the changes they've ever been through and they get better and stronger with each new one. Have them come up with a list of changes they got through so that they can see them and acknowledge their success. Even though a change may be brand new, tell them they have a muscle that can handle this. My son does this every morning on our way to school, by saying "Change Muscle Activated" and he flexes his muscles. He has already been to 4 schools by the age of 7 and lived on 3 continents! Saying this on a daily basis, makes him truly believe he is good at change! Try it with your own kids.



The Change Demons: The emotions that

show up during times of change are quite predictable. Fear, Doubt, Impatience, for example, are common ones that get invited to the change party! Explain to your kids that everyone experiences these, including you. They are very normal and to even expect them. When they know that they are part of the change journey, they don't have as much power to take kids by surprise or feel something is wrong.

Click HERE for the full article!

Teach kids to name the emotions when they arrive and to locate them in their body, not to fear them, but to know they are part of being a human! If they can see that emotions are not who they are, they are just energy passing through like clouds in the sky, then they won't feel so overwhelmed by them.

The Change Support Team: The worst thing we all do as humans, kids included, is to think we are alone; we are the only ones going through something, finding something hard, or being this scared. The truth is no one gets through a change alone. We can all point to someone who was there to help. Share with your kid who is on their team. Ask them who they want to be on their Change Team and who do they know who has been through a similar change. The earlier kids see that asking for help is a superpower, the more they will connect with others during times of change and not shut down. If a child needs more support during difficult times, don't hesitate to look for a professional who can guide them and you as the caregiver.



MARCH TOPIC:

HEALTHY BEVERAGES FOR PRESCHOOL CHILDREN

By Gerard J. Billmeier, Jr., M.D., FAAP

A new consensus statement from pediatric experts gives guidance as to what healthy children ages 0-5 years should be drinking. A collaboration of medical and nutritional experts has compiled a statement known as Healthy Beverage Consumption in Early Childhood which derives from Healthy Eating Research, a national program funded by the Robert Wood Johnson Foundation and supported in part by the American Association of Pediatrics (AAP).

Recommendations from this statement include:

Encouraging young children to drink primarily plain milk and water.

Water is important for basic hydration and plain milk provides many key nutrients including calcium, Vitamin D, Vitamin A, protein and zinc. As an alternative to plain cow's milk, fortified soy milk is nutritionally equivalent to cow's milk. Water may be introduced to an infant's diet as early as 6 months of age and can be given in an open cup or sippy cup to assist in developing drinking skills and accepting water as a regular supplement.

Limit 100% fruit juices.

Avoid giving any fruit juices to children under 1 year of age. From 1-3 years of age, children should have no more than 4 ounces of fruit juice per day. Children ages 4-6 should have no more than 4-6 ounces per day. Having children eat whole fruit rather than consume fruit juices would be a preference when whole fruits are available.

Families should avoid the following:

Plant milks.

Other than fortified soy milk, few plants offer ingredients nutritionally equivalent to cow's milk and should not be consumed regularly in place of dairy or soy milk unless medically indicated.

Flavored milks.

In children under 5 years of age, it is best to avoid flavored milk to help minimize added sugars and prevent establishing a sweet taste preference.

Toddler milks or transitional formulas.

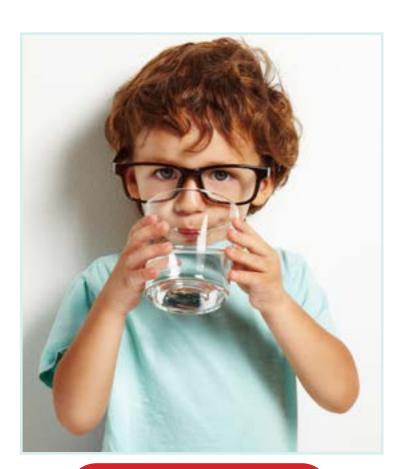
Such milks are unnecessary for most children and have no nutritional advantage over a healthy balanced diet.

Sweetened beverages.

Sugar sweetened beverages are harmful to children's health. Additionally, early exposure to sugary drinks may encourage a "sweet preference" in young children. In this same category, substances such as stevia and non-caloric or artificially sweetened drinks should be avoided.

Caffeinated drinks.

Caffeine can cause adverse effects in young children including poor sleep patterns, nervousness, irritable behavior, headaches and difficulty concentrating. There is no documented safe level of caffeine for children.



Click HERE for more info.





Make sure the dishwasher is full for each load and use the air dry cycle!

Can you find all 9 pairs of dishes?





Scan this code for more Conservation Girl games!



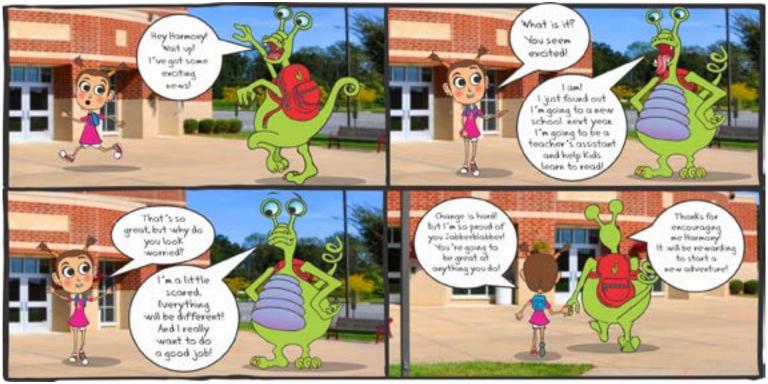
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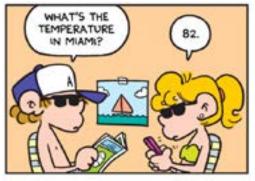


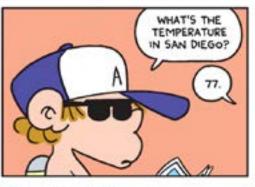
LANDERS CENTER MAR 20 – 23

DisneyOnIce.com

COMICPACE



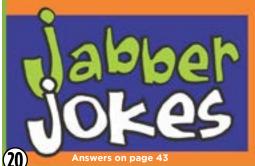












Why did the student wear glasses during math?
Why are mountains so good at telling jokes?
What do you call bears with no ears?
What is a robot's favorite snack?
What's a bird's favorite type of math?

Congratulations, Compass

5 SCHOOLS SCORED TVAAS LEVEL 5 & 3 SCHOOLS NAMED REWARD SCHOOL BY THE STATE OF TN



Circited Seats Available for 2025-2026!

the Dato SUCCESS begins at COMMUN



COMPASS-BERCLAIR (K-8) 3880 Forest Ave., 38122 - 901.323.2162

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COMPASS-FRAYSER (K-8) 3690 Thomas St., 38127 - 901.358.7431

COMPASS-HICKORY HILL (K-8) 3572 Emerald St., 38115 - 901.546.9926

COMPASS-ORANGE MOUND (K-8) 2718 Lamar Ave., 38114 - 901.743.6700

COMPASS-MIDTOWN (9-12) 61 N McLean Blvd., 38104 - 901.276.1221

*You must be five on or before 8.15.25 to register for Kindergarten.

#BeAirAwa

Improve Air Quality by remembering the "Co

Share the Ride Carpool, use public transportation, bike, or even walk! It saves money and reduces pollution levels.

Link the Trips. When driving, do all of your errands in a row instead of returning home in between. It saves money, gas, and reduces pollution.

Stop at the Click When refueling the gas tank in your car, do not top off after the click.

It harms your car and increases pollution levels!

Don't Idle Your Car You can reduce pollution levels by avoiding drive-through lines and shutting your engine off if waiting for more than 30 seconds.

Mow When the Sun is Low Gasoline lawn mowers are much dirtier than automobiles. Mow after 6pm to reduce ozone levels in the summer.



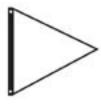
Find out more at ShelbyTNHealth.com Air Quality Improvement Branch



Learn what air quality flags mean!

Daily AQI Color	Levels of Concern	Values of Index	Description of Air Quality		
Green	Good	0 to 50	Air quality is satisfactory, and air pollution poses little or no risk.		
Yellow	Moderate	51 to 100	Air quality is acceptable. However, there may be a risk for some people, particularly those who are unusually sensitive to air pollution.		
Orange	Unhealthy for Sensitive Groups	101 to 160	Members of sensitive groups may experience health effects. The general public is less likely to be affected.		
Red	Unhealthy	161 to 200	Some members of the general public may experience health effects; members of sensitive groups may experience more serious health effects.		
Purple	Very Unhealthy	201 to 300	Health alert: The risk of health effects is increased for everyone.		
Maroon	Hazardous	301 and higher	Health warning of emergency conditions: everyone is more likely to be affected.		

Color the flags below to match what they mean.



Great day to be outside.



Good day to be outside. Some risk.



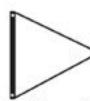
OK to be outside



Risky for some for a short time. groups to be outside.



Recommneded to stay inside.



Stay indoors, Air quality is hazardous.

March 1 | Saturday | World Compliment Day March 2 | Sunday | Old Stuff Day March 3 | Monday | I Want You to be Happy Day March 4 Tuesday | March Forth and Do Something Day March 5 | Wednesday | Learn What Your Name Means Day March 6 | Thursday | Dentist's Day March 7 | Friday | Alexander Graham Bell Day March 8 | Saturday | Proofreading Day March 9 | Sunday | Daylight Saving Time Starts March 10 | Monday | Middle Name Pride Day March 11 | Tuesday | Oatmeal Nut Waffle Day March 12 | Wednesday | Alfred Hitchcock Day March 13 | Thursday | Napping Day **March 14** | **Friday** | **Pi Day (3.14 = Pi, get it?)** March 15 | Saturday | Buzzards Day March 16 | Sunday | Absolutely Incredible Kid Day March 17 | Monday | St. Patrick's Day March 18 | Tuesday | Awkward Moments Day March 19 | Wednesday | Let's Laugh Day March 20 | Thursday | First Day of Spring March 21 | Friday | Common Courtesy Day March 22 | Saturday | International Goof Off Day March 23 | Sunday | Puppy Day March 24 | Monday | Chocolate Covered Raisins Day March 25 | Tuesday | Waffle Day March 26 | Wednesday | Make Up Your Own Holiday Day March 27 | Thursday | National "Joe" Day

March 28 | Friday | Something on a Stick Day

March 29 | Saturday | Smoke and Mirrors Day

March 30 | Sunday | Take a Walk in the Park Day

March 31 | Monday | National Crayon Day



See if you can find the 9 differences in the two photos.







THESE ARE TOUGH! TRY THEM IF YOU DARE!

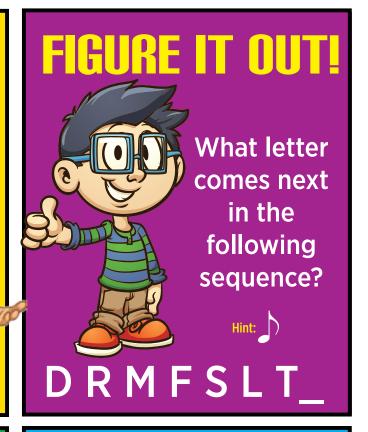
What single word can be used to complete all the words below:

DE_ _ ST

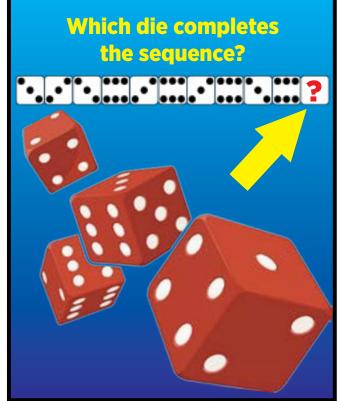
C_ _ER

ST__

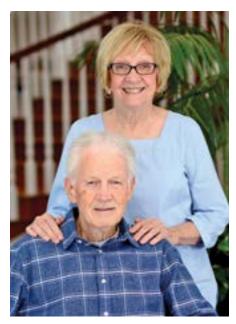
P NT







NDPARENTS PAGE Celebrating our senior adults in the prime of their lives!



Grandparents of the Month - Carl & Mary Lee Boggs

Carl and Mary Lee Boggs moved to Kirby Pines from their home in Collierville, Tennessee.

Married for 13 years, they are very proud of their blended family of five children, ten grandchildren and five great-grands.

Carl served in the United States Army and had a successful career in sales and Mary Lee graduated from Lambuth College and taught school in Shelby County for 20 years.

To stay active, the Boggs enjoy bicycling (stationary and the real thing). Mary Lee enjoys playing Bridge and they both play Spades.

Carl is a University of Kentucky fan and Mary Lee is a Memphis Tigers' fan, so they may be butting heads during March Madness.

Their traveling has included trips to Alaska, Hawaii, and Germany.

Congratulations Carl & Mary Lee, for being Jabberblabber's Grandparents of the Month!

CONGRATULATIONS JABBERBLABBER ON 24 AMAZING YEARS!

WELCOME SPRING

Find the words hidden in the grid of letters.









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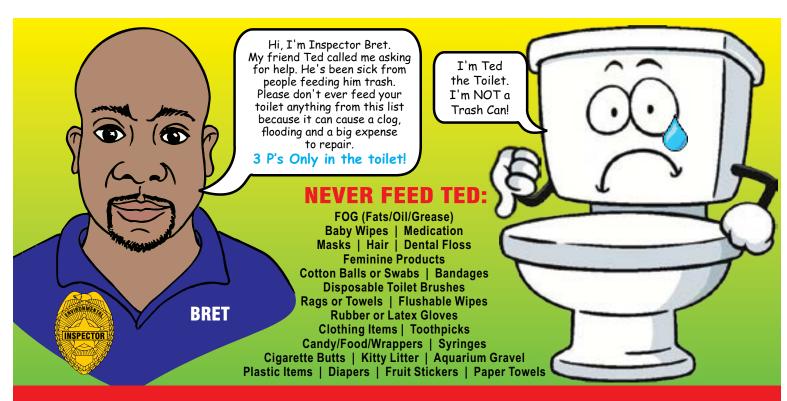
G C G N D G R S Ε G T Z E 0 E G D Q E E U D 0 N G

DAFFODIL FLOWER GARDENING GREEN GROWTH **JACKET**

MELTING PUDDLE RAINBOW RAINDROPS RUBBERBOOTS SEEDS

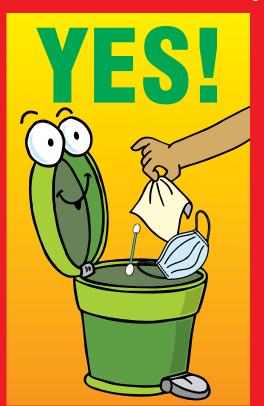
SPLASH **SPRINGTIME** SPROUT SUNSHINE TULIPS **UMBRELLA**





Don't flush your wipes! Put them in the trash!

Your wipe package may read "flushable", but they can clog your pipes causing flooding and costly plumbing repairs!



Remember the **3 P's ONLY**

in the toilet! Pee, Poop & Paper* *(toilet paper)



NO Diapers



NO Baby Wipes



NO Cotton Balls/Swabs



NO Masks





When in doubt, trash it!

GRAMMARTIME

CAN - COULD - CAN'T - COULDN'T

See if you can fill in the blanks with the correct answers.

I <u>Couldn't</u> go to the party last night because I was sick.	8. A:you see the moon last night? B: No, I		
2. A:Dad cook Italian food? B: Yes, he	9. When I talk to you about the company report?		
3. My sisterswim last year, but now she	10. Most dinosaurs walked on land, but somefly or even swim.		
4. Theygo shopping yesterday because the store was closed.	11. Excuse me, I hear you right now. The music is too loud.		
5. A: you read when you were four years old? B: Yes, I	12. Douglas hit the tree because he stop his car.		
6. Ellieride a bicycle. She rides it to school every day.	13. How many hot dogsyou eat at one time?		
7. I'm very tired, so Igo out to the park to play.	14. Iread without my reading glasses. Where are they?		

ADJECTIVES ADVERBS

Circle the correct answers.

1. My classmate is a person. (nice) nicely]
2. I can speak Spanish very [good / well]
3. Ashley took a painting class, so she can paint pictures. [beautiful / beautifully]
4. Mr. Smith looked at me when I arrived late. [angry / angrily]
5. Of course, I was when I got an A+ on the exam. [happy / happily]
6. The music is too Please turn it down! [loud / loudly]
7. My friends all tell me that I sing [bad / badly]
8. The thief took the money and walked out the door. [quiet / quietly]
9. The cat waited for the mouse to come out of the hole. [silent / silently]
10. My cousin always walks very [quick / quickly]
11. The work that my boss gave me was [easy / easily]
12. Thomas is very He always helps me. [kind / kindly]
13. The little boy kept the cookie for himself. [selfish / selfishly]
14. The man opened the door and looked inside. [nervous / nervously]
15. The fireman rescued the people from the burning house. [brave / bravely]
16. I offered to help my friend study for his exam. [happy / happily]
17. She is the most person I know. [polite / politely]
18. It was midnight, and I heard a noise outside. [strange / strangely]

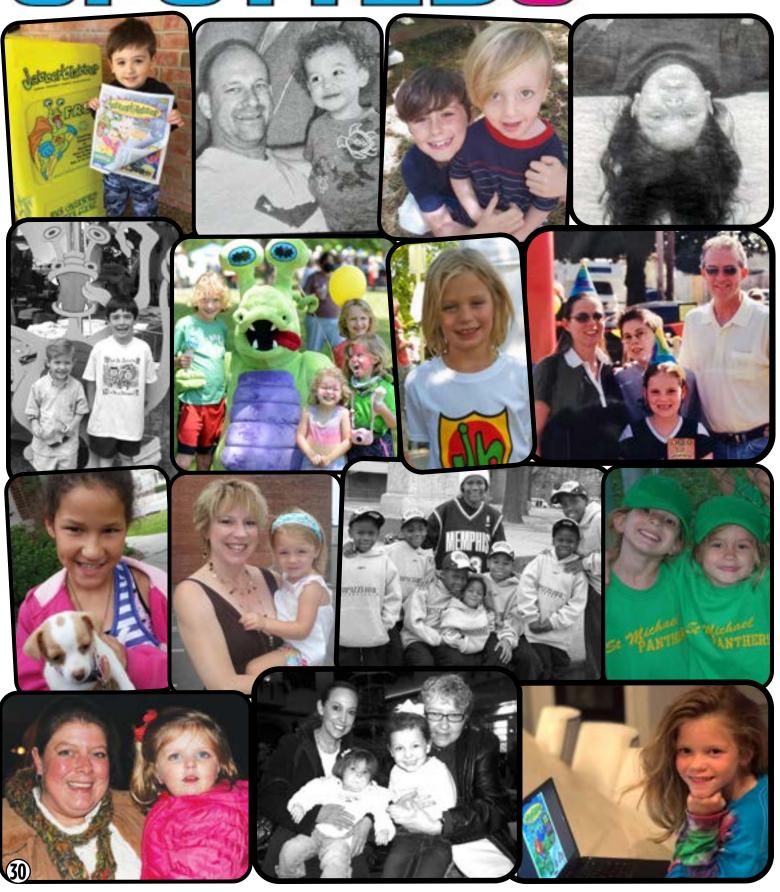
WAS - WERE WASN'T - WEREN'T

Write the sentences below in the past

1. I am late.					
l was late.					
2. Are they hungry?					
3. Thomas isn't at school.					
4. Why is she late?					
5. My brother is a doctor.					
6. They aren't here.					
7. Eva is a teacher.					
8. Is Mr. Smith a taxi driver?					
9. Where are your books?					
10. Are you a student?					
11. What is that?					
12. Sue isn't tired.					



vintage photos from 2001-2025







LANDERS CENTER MAY 2 – 4

Competitors shown are subject to change. © 2023 Feld Motor Sports, Inc.

MonsterJam.com

UCOLORITCONTEST

st

PLACE

FEBRUARY WINNER

1st Place Charlotte Hernandez age 8 | Memphis, TN



RUNNERS UP



Sophie Nail - age 10 Tupelo, MS



Ella Wade - age 12 Germantown, TN



Destiny Robertson - age 12 Tupelo, TN



Victoria Hernandez - age 10 Memphis, TN



Quinterius Middlebrooks- age 9 Tupelo, MS



Greer - age 7 Memphis, TN



L. Robinson- age 9 Tupelo, MS



Sophie Sidhu - age 7 Hernando, MS



Kartur Cumming - age 10 Tupelo, MS



Lindy King- age 10 Tupelo, TN



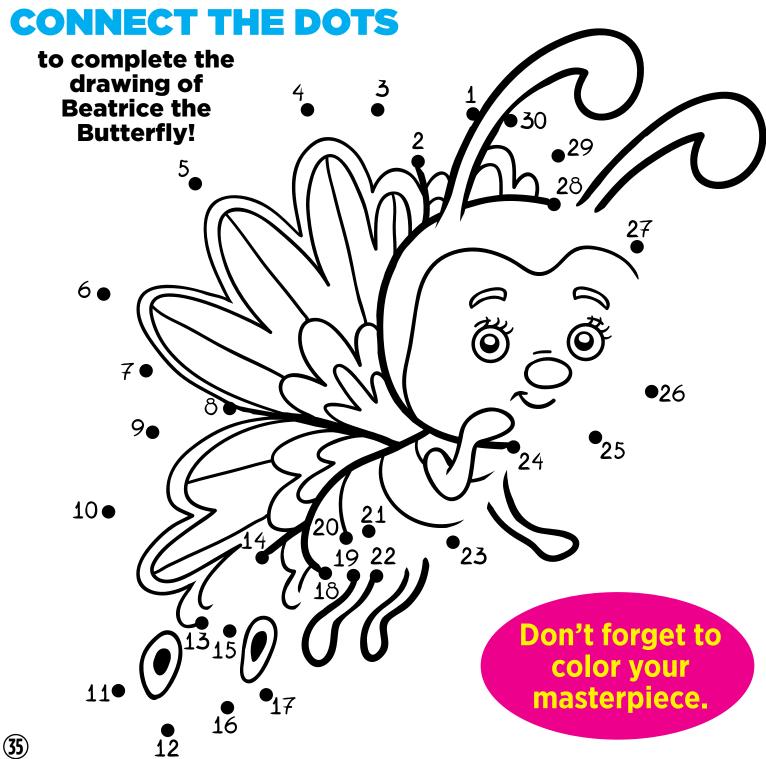
Cam Chandler - age 8 Tupelo, MS

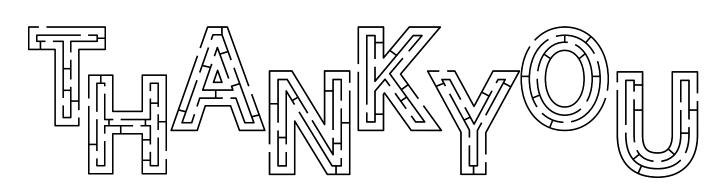


Milly M. - age 9 Tupelo, MS



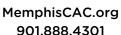




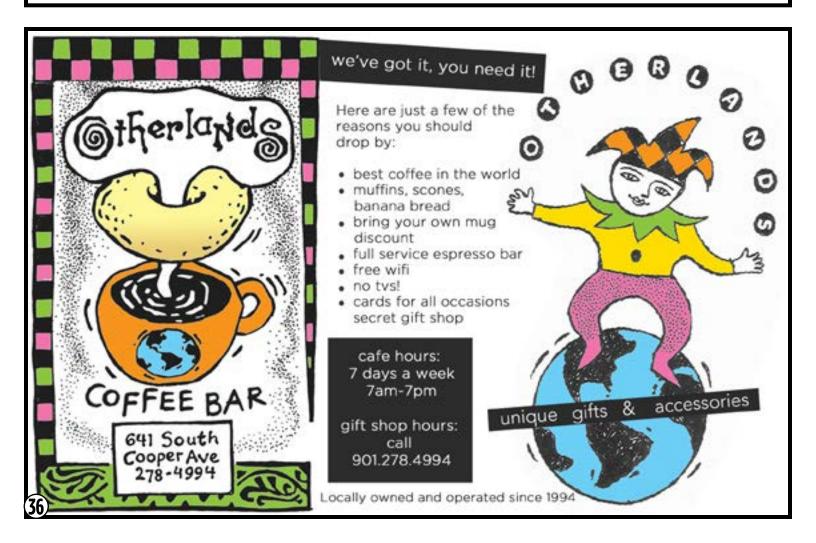


for Making Mid-South Families Smile!









THANK YOU

WE AT PLAYHOUSE ON THE SQUARE WANT TO THANK JABBERBLABBER FOR THEIR YEARS OF SERVICE TO THE MEMPHIS COMMUNITY!

Youth Theatre School March 29th - May 17th

Acting K-2nd, Musical Theatre K-2nd
Acting 3rd-5th, Musical Theatre 3rd-5th, Technical Theatre 3rd-5th
Acting 6th-12th, Musical Theatre 6th-12th, Technical Theatre 6th-12th

Adult Theatre School March 31st - May 19th

Beginning Acting, Advanced Acting Musical Theatre, Improvisation

Summer Youth Theatre Conservatory

TOTS@POTS

JUNE 9TH-13TH \$175



JUNE 16TH-27TH \$325

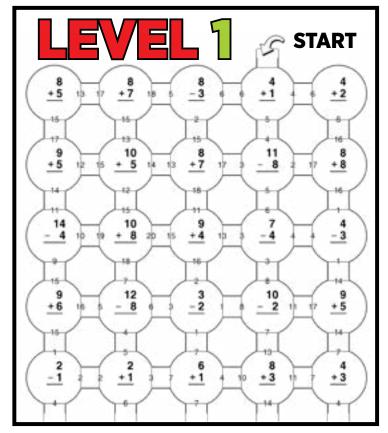
SENIOR CONSERVATORY

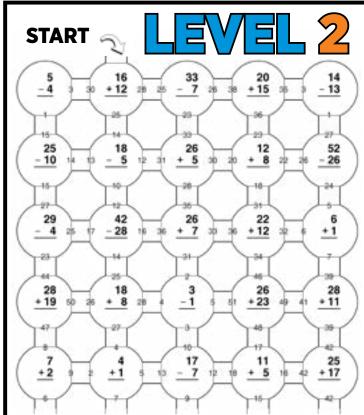
JULY 7TH-18TH \$650

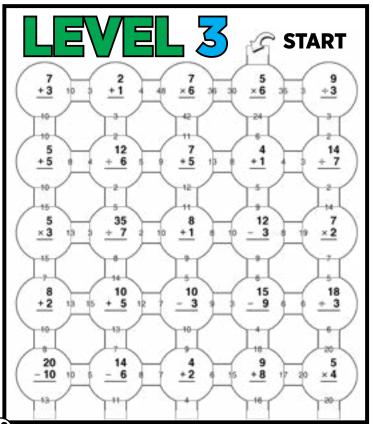


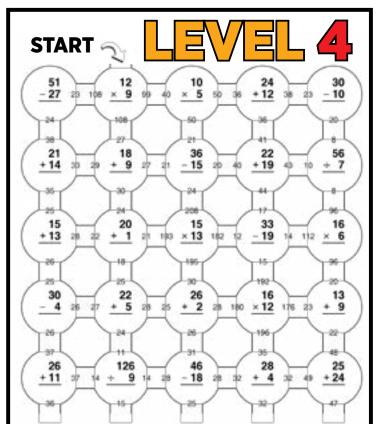
MATHMAZES

Find your way from top to bottom by following the path of correct answers. You can only exit a cell if the number matches the answer to the problem.









FUN FACTS ABOUT FOUR LEAF CLOVERS

- There are approximately 10,000 three-leaf clovers for every "lucky" four-leaf clover.
- There are no clover plants that naturally produce four leaves, which is why four-leaf clovers are so rare.
- The leaves of four-leaf clovers are said to stand for faith, hope, love, and luck.
- It's often said that Ireland is home to more four-leaf clovers than any other place, giving meaning to the phrase "the luck of the Irish."
- If you're lucky enough to find a four-leaf clover, look for more! If a clover plant produces a four-leaf clover, it's more likely to produce another four-leaf lucky charm than plants that only produce three-leaf clovers.
- The fourth leaf can be smaller or a different shade of green than the other three leaves.
- Shamrocks and four-leaf clovers are not the same thing; the word 'shamrock' refers only to a clover with three leaves.

THERE IS ONLY 1 FOUR LEAF CLOVER IN THE PICTURE BELOW.

SEE IF YOU CAN FIND IT!

Answer on page 43





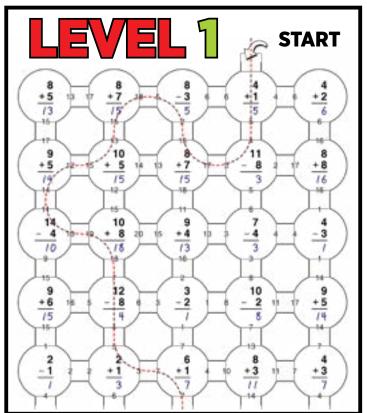
ANSWERS

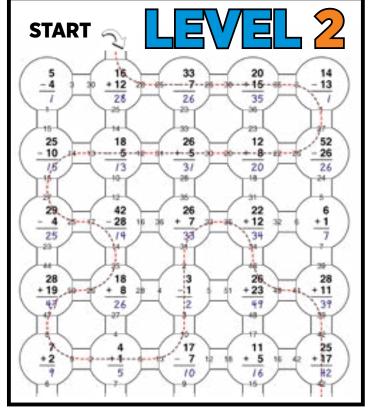


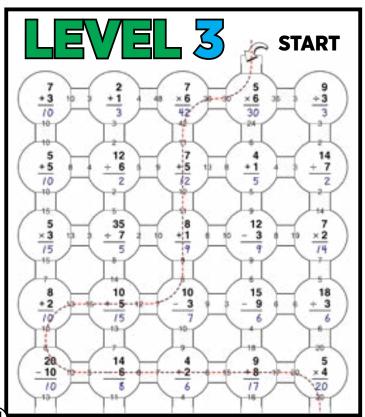


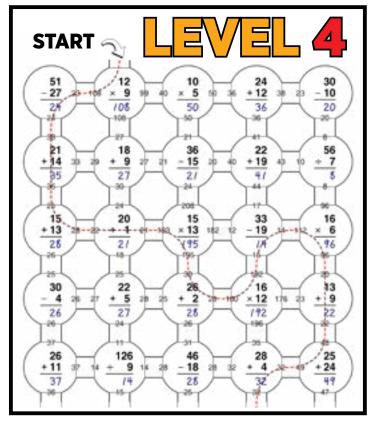
MATHMAZES

ANSWERS









GRAMMARTIME ANSWERS

CAN - COULD - CAN'T - COULDN'T

See if you can fill in the blanks with the correct answers.

- I <u>Couldn't</u> go to the party last night because I was sick.
- 2. A: Can Dad cook Italian food? B: Yes, he can .
- 3. My sister <u>could</u> swim last year, but now she <u>can't</u>.
- 4. They couldn't go shopping vesterday because the store was closed.
- 5. A: <u>Could</u> you read when you were four years old? B: Yes, I <u>could</u>.
- 6. Ellie ____ride a bicycle. She rides it to school every day.
- 7. I'm very tired, so I <u>can't</u> go out to the park to play.

- 8. A: Could you see the moon last night? B: No, I couldn't.
- 9. When ___can__ I talk to you about the company report?
- 10. Most dinosaurs walked on land, but some <u>couldn't</u> fly or even swim.
- 11. Excuse me, I <u>can't</u> hear you right now. The music is too loud.
- 12. Douglas hit the tree because he <u>couldn't</u> stop his car.
- 13. How many hot dogs can you eat at one time?
- 14. I can't read without my reading glasses. Where are they?

ADJECTIVES ADVERBS

Circle the correct answers.

1. My classmate is a	person.	nice	nicely	
2. I can speak Spanish ve	ry [good	well)

- 3. Ashley took a painting class, so she can paint _____ pictures. (beautiful) beautifully]
- 4. Mr. Smith looked _____ at me when I arrived late. [angry angrily]
- 5. Of course, I was _____ when I got an A+ on the exam. (happy) happily]
- 6. The music is too _____. Please turn it down! [loud > loudly]
- 7. My friends all tell me that I sing _____. [bad(badlv)
- 8. The thief _____ took the money and walked out the door. [quiet quietly]
- 9. The cat waited _____ for the mouse to come out of the hole. [silent(silently)
- 10. My cousin always walks very _____. [quick /quickly]
- 11. The work that my boss gave me was ______ [easy heasily]
- 12. Thomas is very _____. He always helps me kind kindly]
- 13. The little boy _____ kept the cookie for himself. [selfish(selfishly)
- 14. The man _____ opened the door and looked inside. [nervous (nervously)]
- 15. The fireman _____ rescued the people from the burning house. [brave/ bravely
- 16. I _____ offered to help my friend study for his exam. [happy(happily)
- 17. She is the most _____ person I know. (polite) politely]
- 18. It was midnight, and I heard a _____ noise outside. (strange) strangely]

WAS - WERE

Write the sentences below in the past

1. I am late.

I was late.

2. Are they hungry?

Were they hungry.

3. Thomas isn't at school.

Thomas wasn't at school.

4. Why is she late?

Why is she late?

5. My brother is a doctor.

My brother was a doctor.

6. They aren't here.

They weren't here.

7. Eva is a teacher.

Eva was a teacher.

8. Is Mr. Smith a taxi driver?

Is Mr. Smith a taxi driver?

9. Where are your books?

Where were your books?

10. Are you a student?

Were you a student?

11. What is that?

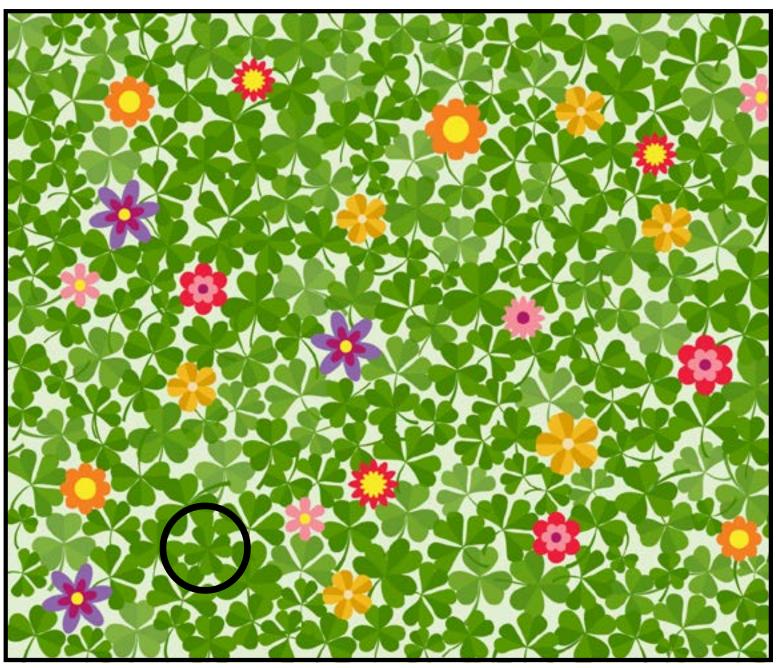
What was that?

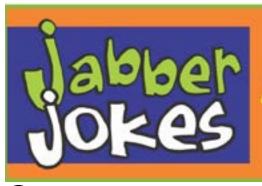
12. Sue isn't tired.

Sue wasn't tired.

ANSWER:

THERE IS ONLY 1 FOUR LEAF CLOVER IN THE PICTURE BELOW.





ANSWERS

- 1. It improved di-vision.
- 2. Because they're hill areas.
- 3. B.
- 4. Computer chips.
- 5. Owl-gebra.

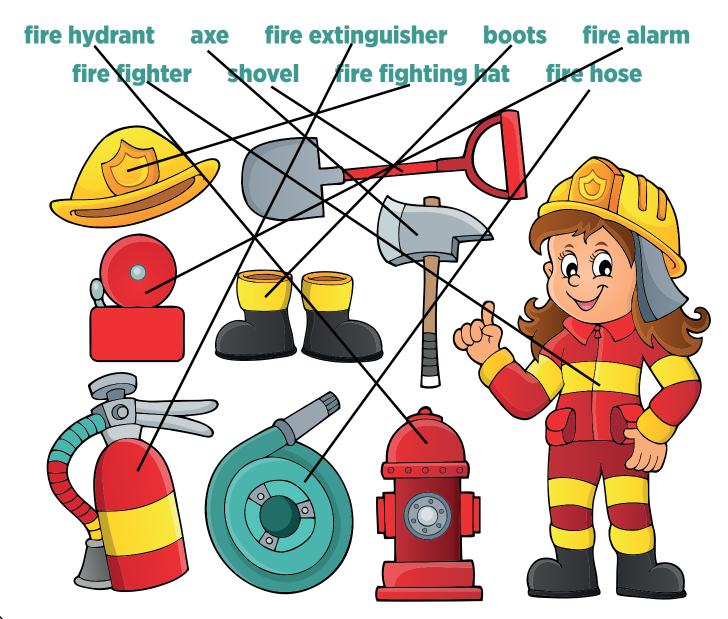




The Hottest attraction in town!

ANSWERS

See if you can draw a line to match the word to the item below!



JEBERE NIUS ANSWERS

What single word can be used to complete all the words below:

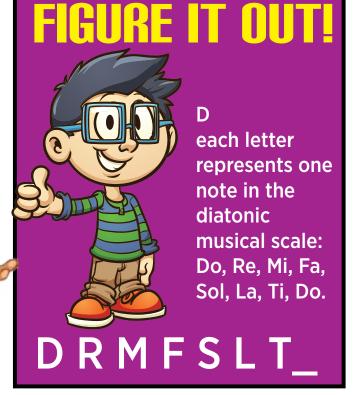
ARE

DEAREST

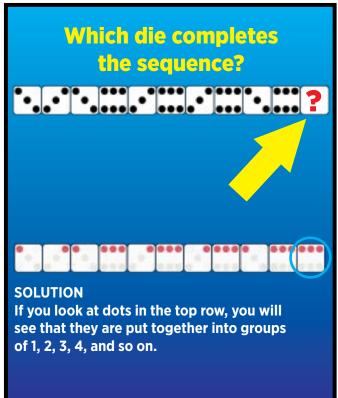
CAREER

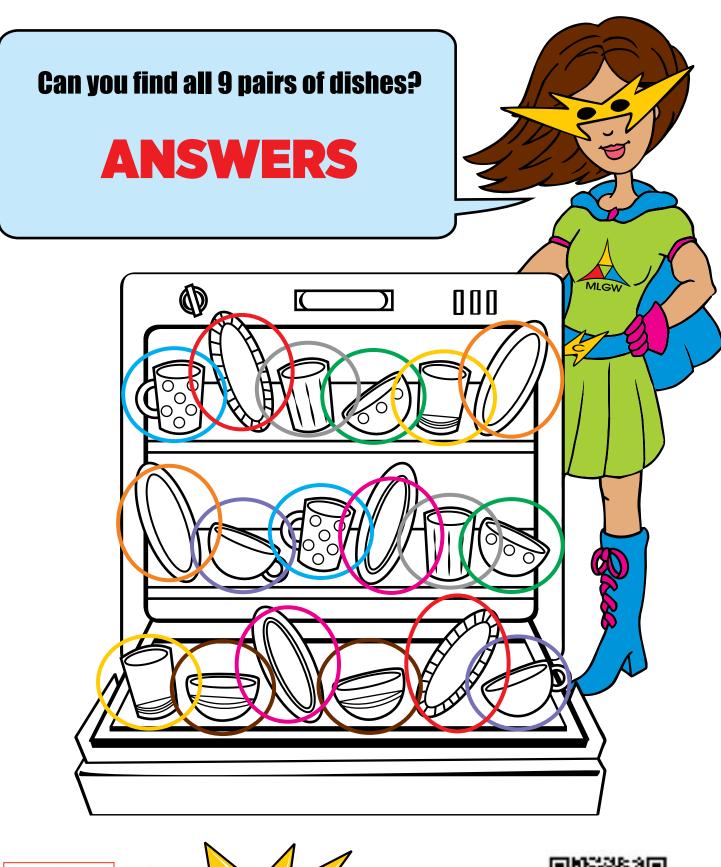
STARE

PARENT











Scan this code for more Conservation Girl games!



So what is OK to pour down your sink drain? ANSWERS

Hi, I'm Inspector Bret! Everything poured into our sink drains and flushed down our toilets ends up in our oceans, so if it's not good for us to drink or eat, it won't be good for frogs, insects, birds and fish either. If there is any doubt about environmentally responsible disposal, you should contact the City of Memphis Environmental Dept at 901-636-8118. If any product says "hazardous waste" on the label, it must be taken to a disposal facility! All other products in question should go into the regular garbage, (things like medicine, cleaning products and paint) don't flush it down the toilet or wash it down the drain. Why? Because modern landfills are designed with liners to prevent dangerous material from leeching out, whereas waste water treatment systems might not even detect—let alone eliminate—substances in water that can harm wildlife.





Hi! I'm FLO, the sink!
I love water!
Please don't ever feed me
Fats, Oils or Grease (FOG)
or anything toxic.
They can make me and
my downstream
friends sick!

Circle the ITEMS THAT ARE OK TO POUR DOWN OUR SINK DRAINS:

WATER VINEGAR KOOLAID COFFEE TEA LICE CHOCOLATE MILK
SODAS JUICE MILK BROTH LEMONADE BAKING SODA
GREASE OILS EGGSHELLS COFFEE GROUNDS

TOXIC CLEANING PRODUCTS CAR FLUIDS



When in doubt, pour it in a can, then the trash!